

Advanced Trauma Life Support (ATLS)

Department of thoracic and cardiovascular surgery

Trauma center, Dankook University Hospital

Associate professor, Sung Wook Chang. MD. PhD.

No conflict of interest



GOLDEN HOUR





중증외상센터 : 골든 아워 웹툰

스토리 > 화요웹툰 │ ★★★★★ 10.0

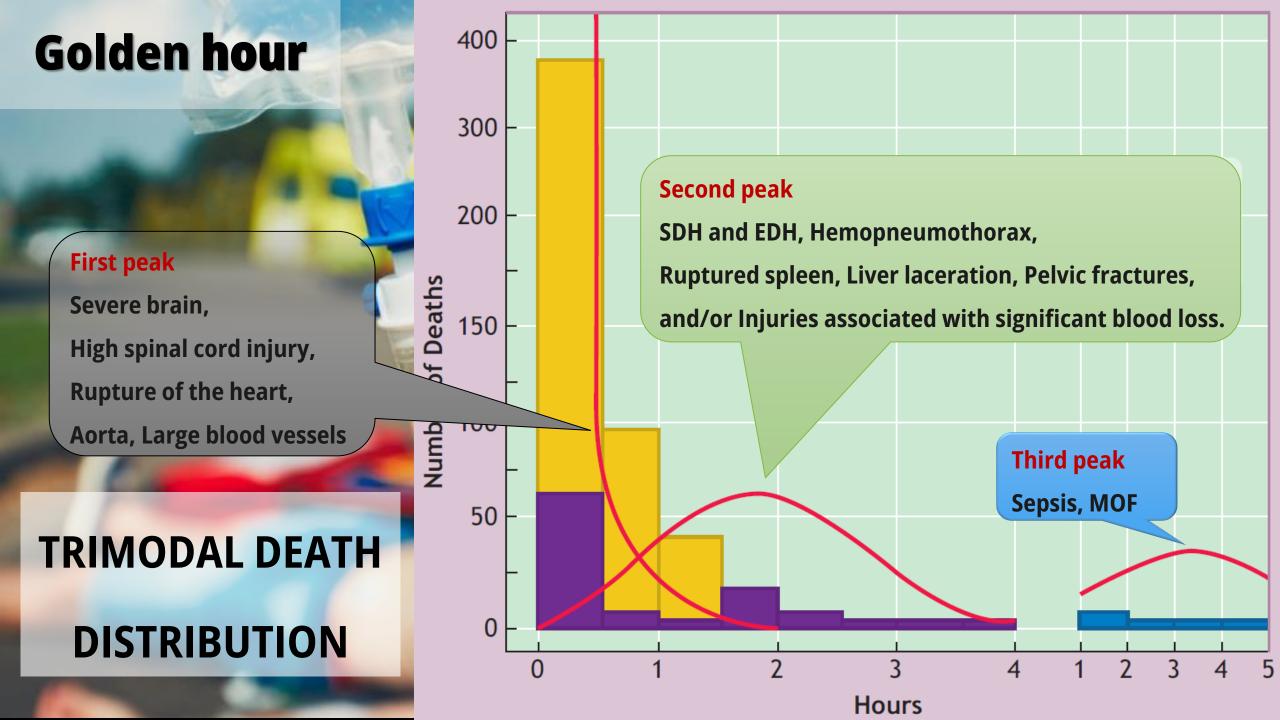
글 한산이가 그림 홍비치라

내용 살 수 있는 환자들이 죽어 가고 있다.

연재정보 네이버 만화 | 연재중

전체보기 첫회보기

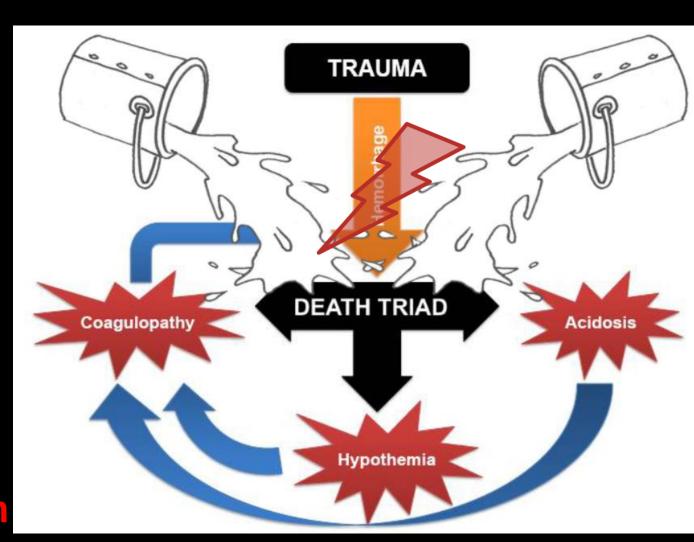




Deadly Trauma Triad

- Hypothermia
- Coagulopathy
- Acidosis

- **❖ Prevent a trauma death**
- Precise patient assessment
- **& Damage Control Resuscitation**



ASSESSMENT AND TREATMENT FOR TRAUMA PATIENT

- Advance planning for the arrival of trauma patients
- Patients are assessed, and their treatment priorities are established, based on their injuries, vital signs, and the injury mechanisms.
- Primary survey with simultaneous resuscitation of vital functions
- More detailed secondary survey
- The initiation of definitive care
- Damage control surgery on thoracic injury





BLSACLS

Basic Life Support

Advanced Cardiovascular Life Support



TENTH EDITION ATLS® Advanced Trauma Life Support® **Student Course Manual** New to this edition MATLS

ATLS

- First, In 1978
- 1980, American College of Surgeons
 - → ATLS has been accepted, 78 countries
- Standard protocol for injured patient

- In England:
- → Advanced for multidisciplinary approach

外傷初期診療 ガイドライン

-般社能进入 日本外傷学會,一般社团进入 日本教塾医学会

NPO法人 同生期医療支援機構 (ALSO-Japan), 日本救免股射線研究会 日本Acute Care Surgery学会。一般社团进入 日本熱傷学会

- 일본 구급의학회 및 외상학회
- First course, in 2002, Now, over 20,000 doctors
- Residents: associated with trauma care





IN SOUTH KOREA

- BLS, ACLS → 병원 인증평가
- KTAT (Korean Trauma Assessment and Treatment)
 - → 대한응급의학회 + 대한외상학회 + 대한외상소생협회
- First, 2011, Total 52 times (2023.05)
- Obligation for only trauma surgeon, not residents
- Emergency medicine and military medicine
- Primary and secondary survey → Management for trauma patient

Time	Title	Option	
08:30-09:00	Registration	Secretariat	
09:00-09:10	KTAT 소개	President of KART	
09:10-09:50	[Lecture] 일차평가 및 이차평가	Director	
	쇽의 처치와 수액 요법		
09:50-10:00	Coffee break		
10:00-12:00	Skill session workshop		
10:00-10:30	ROOM 1: Airway (surgical airway)		
10:30-11:00	ROOM2 2: Chest tube insert,	Instructor	
	Needle decompression		
11:00-11:30	ROOM 3: FAST		
11:30-12:00	ROOM 4: Pericardiocentesis and IO		
12:00-13:00	Lunch		
13:00-15:00	영상 판독 Workshop		
13:00-13:30	외상 환자 두부 영상 판독	Instructor	
13:30-14:00	외상 환자 흉부 영상 판독		
14:00-14:30	외상 환자 복부 영상 판독		
14:30-15:00	외상 환자 골반 영상 판독		
15:00-15:10	Coffee break		
15:10-17:30	일차평가 및 이차평가 Simulation		
15:10-15:30	일차평가 및 이차평가 시연		
15:30-16:30	일차평가 Case 1, 2	Instructor	
16:30-17:30	이차평가 Case 1, 2		
17:30-17:40	질의응답	Director	

Time	Title	Option
09:00-11:00	모의실험 (기본 + 심화) Simulation	
09:00-09:20	Case 1	Instructor
09:20-09:40	Case 2	
09:40-10:00	Case 3	
10:00-10:20	Case 4	
10:20-10:40	Case 5	
10:40-11:00	Case 6	
11:00-12:00	Lunch	
12:00-13:30	Simulation Exam	
12:00-12:20	ER1	Instructor
12:20-12:40	ER2	
12:40-13:00	ER3	
13:00-13:20	ER4	
13:20-13:40	ER5	
13:40-14:00	ER6	
14:00-14:10	Coffee break	
14:10-14:40	Post Test	Director
14:40-15:00	Closing	Director



WHEN TREATING INJURED PATIENTS

- Preparation
- Triage
- Primary survey (ABCDEs) with immediate resuscitation of patients with lifethreatening injuries
- Adjuncts to the primary survey and resuscitation
- Consideration of the need for patient transfer

WHEN TREATING INJURED PATIENTS

- Secondary survey (head-to-toe evaluation and patient history)
- Adjuncts to the secondary survey
- Continued post-resuscitation monitoring and reevaluation
- Definitive care

PREPARATION



■ FIGURE 1-1 Prehospital Phase. During the prehospital phase, personnel emphasize airway maintenance, control of external bleeding and shock, immobilization of the patient, and immediate transport to the closest appropriate facility, preferably a verified trauma center.



■ FIGURE 1-3 Trauma team members are trained to use standard precautions, including face mask, eye protection, water-impervious gown, and gloves, when coming into contact with body fluids.

**Good Doctor season one 6 disc set



DOCTOR SHAUN MURPHY, A YOUNG SURGEON WITH AUTISM AND SAVANT SYNDROME, RELOCATES FROM A QUIET COUNTRY LIFE TO JOIN A PRESTIGIOUS HOSPITAL SURGICAL UNIT. ALONE IN THE WORLD AND UNABLE TO PERSONALLY CONNECT WITH THOSE AROUND HIM, SHAUN USES HIS EXTRAORDINARY MEDICAL GIFTS TO SAVE LIVES AND CHALLENGE THE



18 episodes

- 1. BURNT FOOD
- 2. MOUNT RUSHMORE
- 3. OLIVER
- 4. PIPES
- 5. POINT 3 PERCENT
- 6. NOT FAKE
- 7. 22 STEPS
- 8. APPLE
- 9. INTANGIBLES
- 10. SACRIFICE
- 11. ISLANDS part 1
- 12. ISLANDS part 2
- 13. SEVEN REASONS
- 14. SHE
- 15. HEARTFELT
- 16. PAIN
- 17. SMILE
- 18. MORE













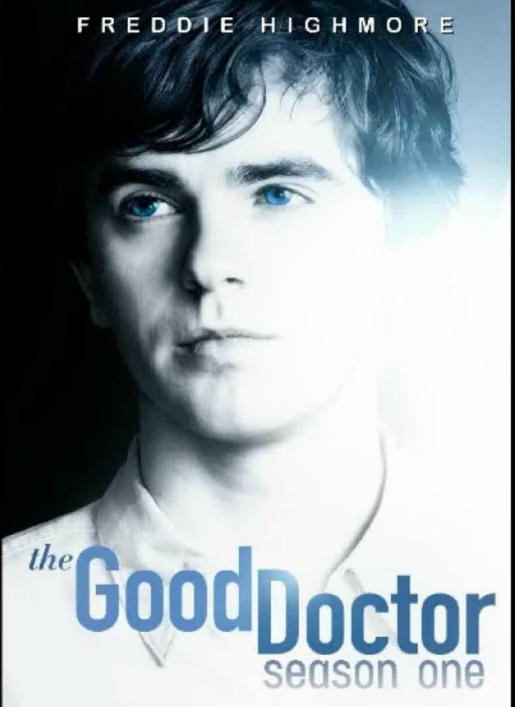


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TRIAGE

Field Triage Decision Scheme

Measure Vital Signs and Level of Consciousness

- Glasgow Coma Scale score
- Systolic blood pressure
- Respiratory rate

- ≤13
- <90 mm Hg
- <10 or >29 breaths/min (<20 in infants <1 year)

or need for ventilatory support

Step 1

NO I

Assess anatomy of injury

NO

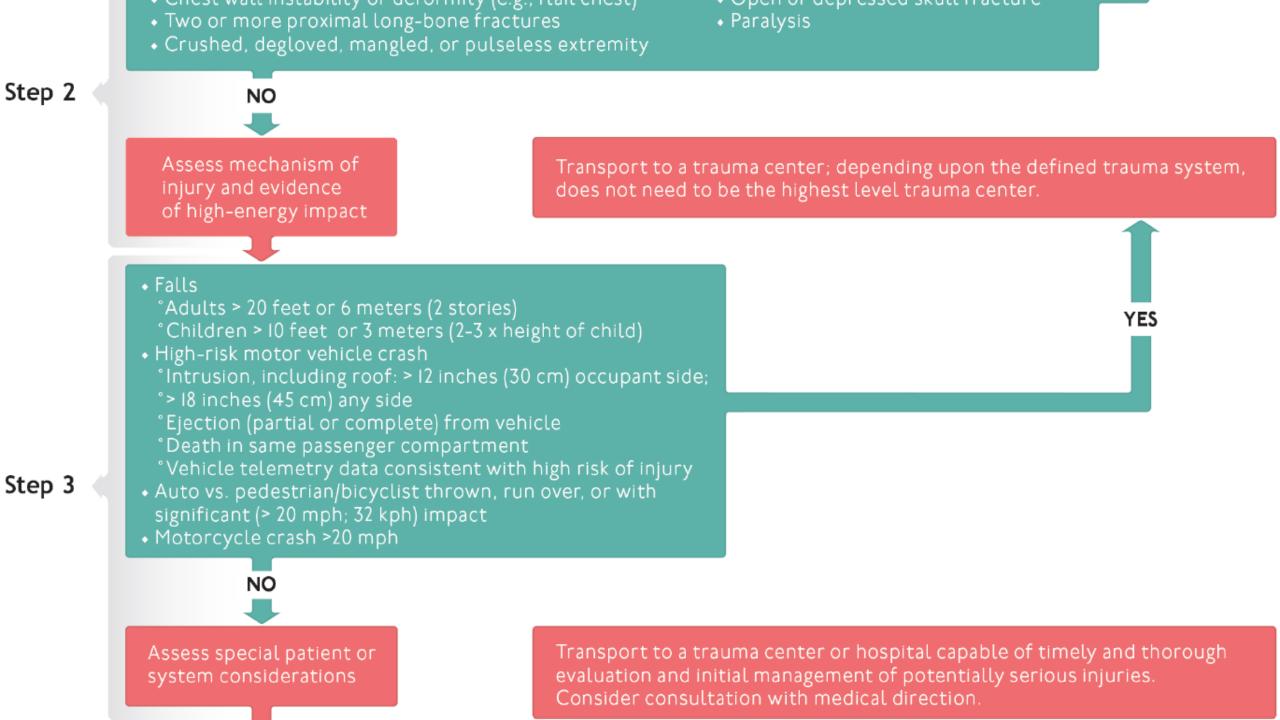
Transport to a trauma center. Steps I and 2 attempt to identify the most seriously injured patients. These patients should be transported preferentially to the highest level of care within the defined trauma system.

- All penetrating injuries to head, neck, torso and extremities proximal to the elbow and knee
- Chest wall instability or deformity (e.g., flail chest)
- Two or more proximal long-bone fractures
- Crushed, degloved, mangled, or pulseless extremity

- Amputation proximal to wrist or ankle
- Pelvic fractures
- Open or depressed skull fracture
- Paralysis



YES



Assess special patient or system considerations

Transport to a trauma center or hospital capable of timely and thorough evaluation and initial management of potentially serious injuries.

Consider consultation with medical direction.

- Older adults
 - *Risk of injury/death increases after age 55
 - *Systolic BP < IIO may represent shock after age 65
 - *Low-impact mechanism (e.g., ground-level fall)
 - °can result in severe injury
- Children
 - *Triage preferentially to pediatric-capable
 - °trauma center
- Anticoagulant use and bleeding disorders
 - Patients with head injury are at high risk for
 - *rapid deterioration
- Burns

Step 3

- "Without trauma mechanism, triage to burn facility
- *With trauma mechanism, triage to trauma center
- Pregnancy >20 weeks
- EMS provider judgment

Transport according to protocol

YE\$

INITIAL ASSESSMENT AND MANAGEMENT



Potentially life threatening injuries

The primary and secondary surveys are repeated frequently to identify any change in the patient's status that indicates the need for additional intervention.

PRINCIPLE

The patient's vital functions must be assessed quickly and efficiently. Management consists of a rapid primary survey with simultaneous resuscitation of vital functions, a more detailed secondary survey, and the initiation of definitive care

QUESTION 1, ON TRAUMA BAY

- 50/M, Driver TA
- On Scene: SOL (+), Upon arrival: SOL (-)
- CPR time: (7) minutes
- Next step ??? What should you do for patient on trauma bay?

- Signs of Life
- Respiratory or Motor effort
- Electrical activity
- Pupillary activity

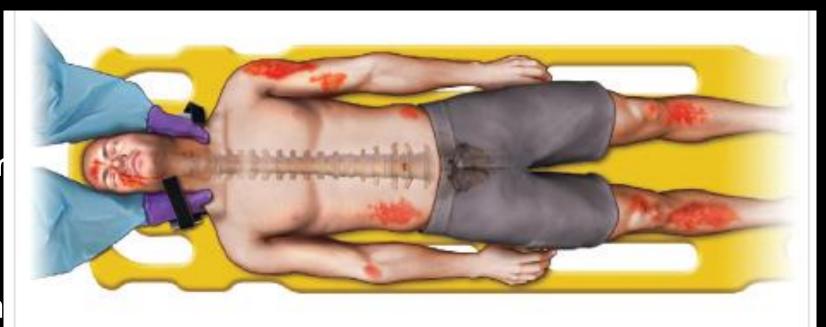
JUST 10 SECONDS (ABCD)

Clinicians can quickly assess A, B, C, and D in a trauma patient by identifying themselves, asking the patient for his or her name, and asking what happened.

- A irway maintenance with restriction of cervical spine motion
- B reathing and ventilation
- C irculation with hemorrhage control
- D isability(assessment of neurologic status)
- E xposure/Environmental control

AIRWAY AND CERVICAL IMMOBILIZATION

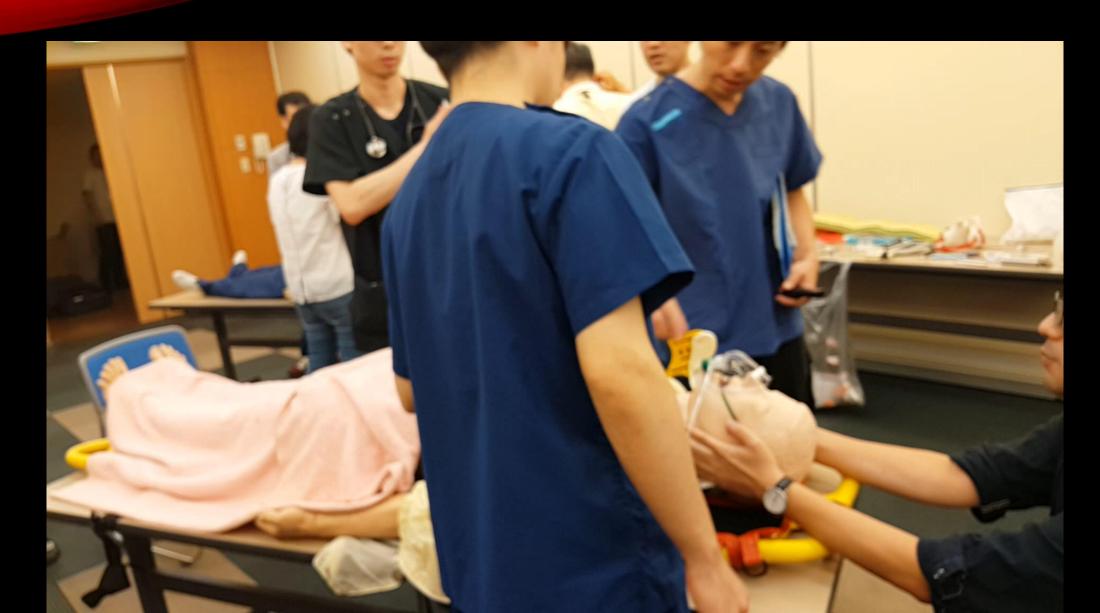
- Airway maintenance
 - suctioning to clear accur
 - GCS ≤ 8 : placement of a
 - → establish a definitive a
- While assessing and man
 - prevent excessive mov
 - if intubation cannot be a



■ FIGURE 1-4 Cervical spine motion restriction technique.

When the cervical collar is removed, a member of the trauma team manually stabilizes the patient's head and neck.

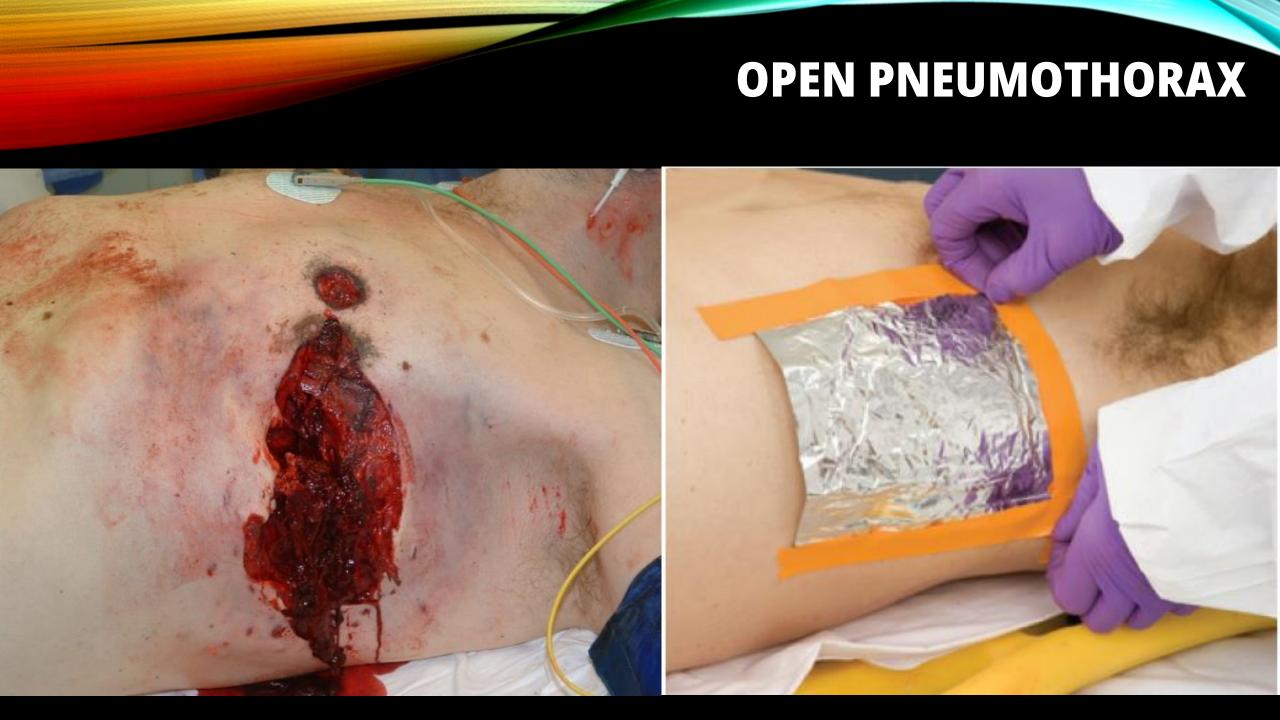
TEMPORARILY RELEASING THE CERVICAL COLLAR



BREATHING AND VENTILATION

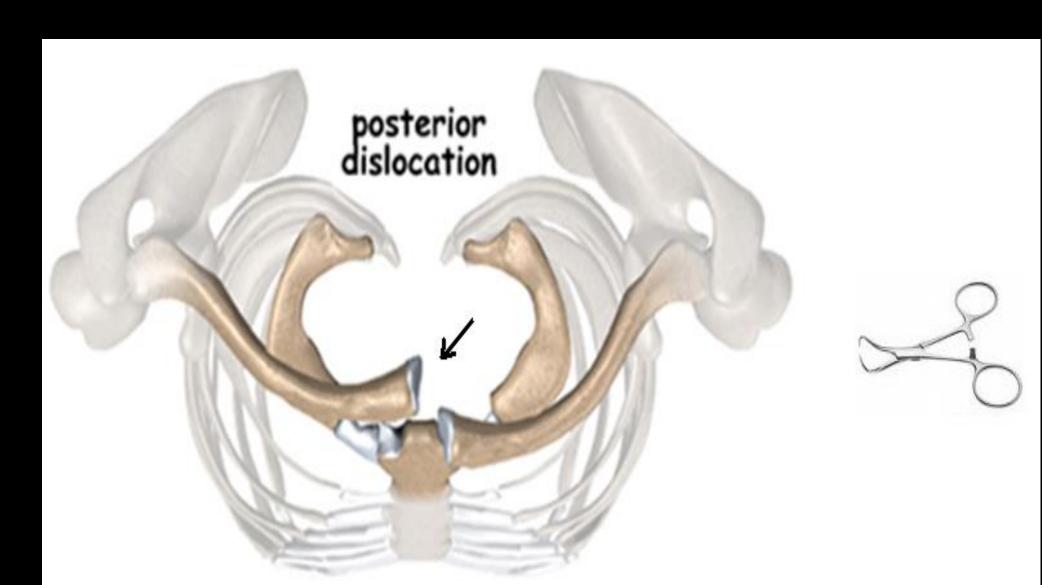
- Auscultation/ Visual inspection/ Palpation/ Percussion
- Expose the patient's neck and chest → Assess jugular venous distention,
 position of the trachea, and chest wall excursion
- Detect injuries: Tension pneumothorax/ Massive hemothorax/ Open pneumothorax/ Trachea injury/ Flail chest c severe lung contusion/ Tamponade
- A simple pneumothorax → A tension pneumothorax
 - potentially aggravated by intubation, positive pressure ventilation



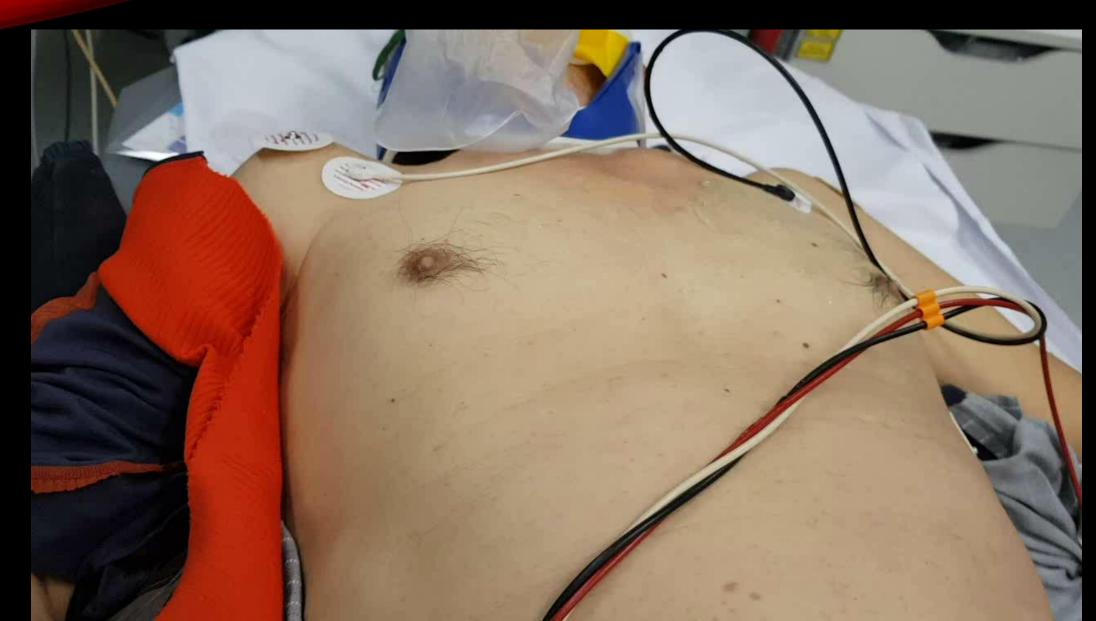


STRIDOR, MARKED CHANGE OF VOICE

• Driver TA



LT. FLAIL CHEST C PARADOXICAL MOVEMENT



CIRCULATION WITH HEMORRHAGIC CONTROL

Capillary refill time

- Once tension pneumothorax has been excluded as a cause of shock,
- → consider that hypotension is due to blood loss until proven otherwise

• Blood volume and cardiac output: level of consciousness skin nulse etc

 Bleeding: Direct manual pressure, tour application of a pelvic stabilizing devic tranexamic acid(within 3 hours of injutational = < 2 seconds)

All IV solutions should be warmed, a bo

unresponsive to initial crystalloid th

CARDIAC TAMPONADE



DISABILITY (NEUROLOGIC EVALUATION)

- Patient's level of consciousness and pupillary size and reaction
- GCS
- Drug or alcohol intoxication can accompany traumatic brain injury
- Prevention of secondary brain injury by maintaining adequate oxygenation and perfusion
- Patients with evidence of brain injury
 - → neurosurgeon contact, not available -> transfer

EXPOSURE AND ENVIRONMENTAL CONTROL

- Completely undress the patient, usually by cutting off
- After completing the assessment, cover the patient with warm blankets
- Hypothermia is a potentially lethal complication in injured patients
- A high-flow fluid warmer to heat crystalloid fluids to 39°C is recommended.
- A microwave can be used to warm crystalloid fluids, but it should never be used to warm blood products.

DURING THE PRIMARY SURVEY

- ECG monitoring
- Pulse oximetry
- Ventilatory rate, capnography, and arterial blood gases
- Urinary and gastric catheters
- Trauma series (X-ray; Chest AP, Pelvis AP, C-spine lateral)
- FAST (focused assessment with sonography for trauma). Extended FAST
- Surgical consultation/ patient transfer (not to delay transfer)

DURING THE PRIMARY SURVEY

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FAST (FOCUSED ASSESSMENT WITH SONOGRAPHY FOR TRAUMA)

- A rapid bedside ultrasound examination
- Screening test for blood around
 - Heart (Pericardial effusion)
 - Abdominal organs (Hemoperitoneum)
 - : Morison's pouch, splenorenal recess, pelvic cavity
- Extended FAST (E-FAST)
 - Examination of both lungs (pneumothorax, hemothorax)

E-FAST 1.2. Lung area 4. Perihepatic area 7. Pericardial area 8. Pelvis area 6. Perisplenic area

QUESTION 1, ON TRAUMA BAY

Signs of Life

atory or Motor effort

al activity

y activity

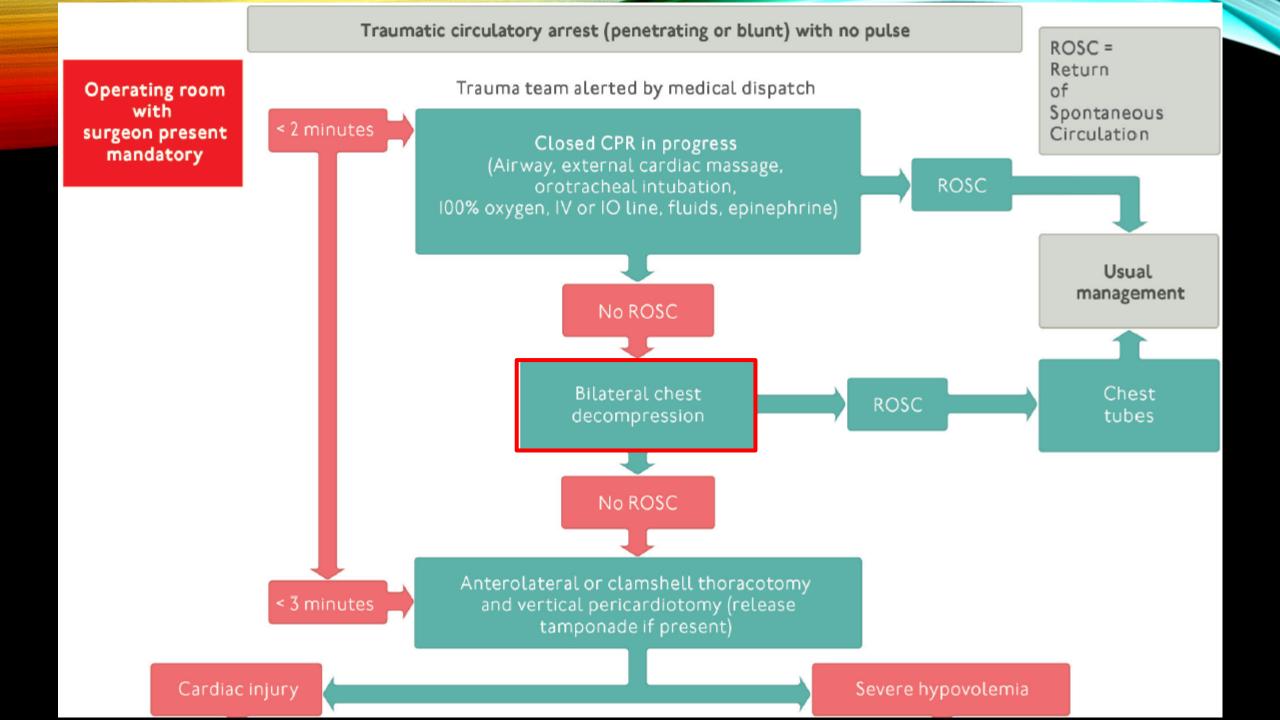
- 50/M, Driver TA
- On Scene: SOL (+), Upon arrival: SOL (-)
- CPR time: (7) minutes
- Next step ??? W

During the primary survey life-threatening conditions are identified and treated in a prioritized sequence

QUESTION 1, ON TRAUMA BAY

- 50/M, Driver TA
- On Scene: SOL (+), Upon arrival: SOL (-)
- CPR time: (7) minutes
- FAST: Hemopericardium (+)
 - Hemoperitoneum ()
- V/S: Not checkable
- Next step ??? What should you do for patient on trauma bay

- Signs of Life
- Respiratory or Motor effort
- Electrical activity
- Pupillary activity



BILATERAL CHEST DECOMPRESSION

• In TRAUMA patient, What is the critical point during CPR?

WHAT

IS THE MOST IMPORTANT PROCEDURE DURING CHEST COMPRESSION

BILATERAL CHEST DECOMPRESSION

Resuscitation (2007) 75, 276-285

- In TRAUMA patient, What is
- CHEST DECOMPRESSION

IS THE MOST IMPORTANT PR

Field thoracostomy

Outcome in 757 severely injured patients with traumatic cardiorespiratory arrest*

Stefan Huber-Wagner^{a,*}, Rolf Lefering^b, Mike Qvick^a, Michael V. Kay^a Thomas Paffrath^b, Wolf Mutschler^a, Karl-Georg Kanz^a,

Working Group on Polytrauma of the German Trauma Society (DGU)¹
Conclusions: Prehospital chest tube insertion was found to be a strong predictor for survival. On-scene chest decompression of TCRA patients is recommended in case of the decision to start with ECC. Based on our data, resuscitation after severe trauma seems to be more justified than the current guidelines state.

BILATERAL CHEST DECOMPRESSION

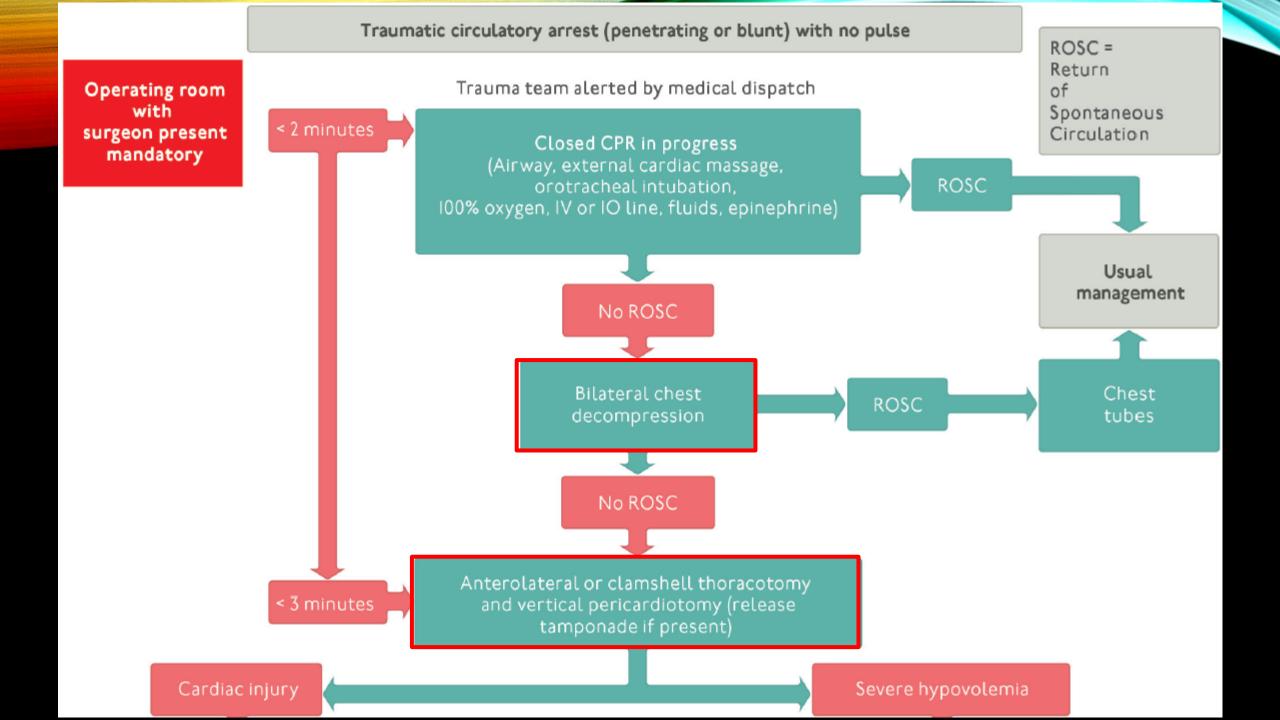
- In TRAUMA patient, What is the critical point during CPR?
- CHEST DECOMPRESSION

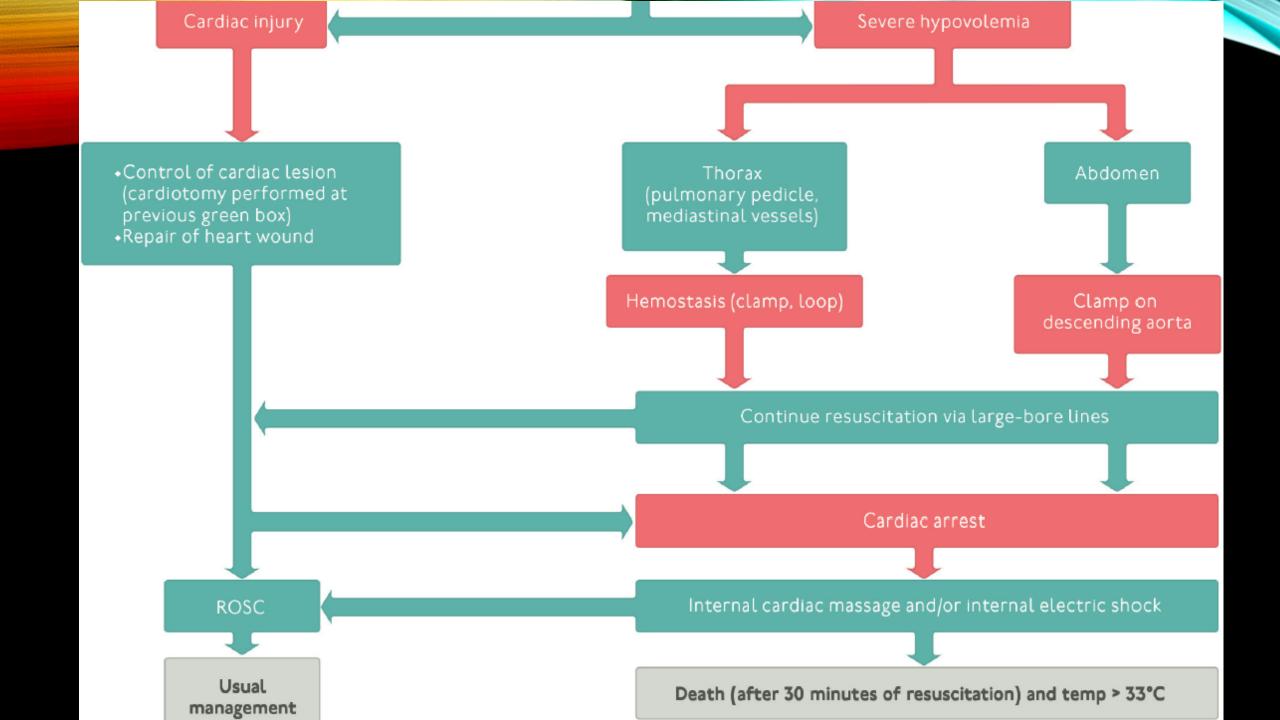
IS THE MOST IMPORTANT PRO

Field thoracostomy

Finger
Thoracostomy

by Cliff Reid







SECONDARY SURVEY

- Head-to-toe evaluation
- Complete history
- Physical examination
- Each region of the body
- The potential for missing an injury or failing

TABLE 1-1 MECHANISMS OF INJURY AND SUSPECTED INJURY PATTERNS

MECHANISM OF INJURY	SUSPECTED INJURY PATTERNS	MECHANISM OF INJURY	SUSPECTED INJURY PATTERNS						
BLUNT INJURY									
Frontal impact, automobile collision	 Cervical spine fracture Anterior flail chest Myocardial contusion Pneumothorax Traumatic aortic disruption Fractured spleen or liver Posterior fracture/dislocation of hip and/or knee Head injury Facial fractures 	Rear impact, automobile collision	Cervical spine injuryHead injurySoft tissue injury to neck						
 Bent steering wheel Knee imprint, dashboard Bull's-eye fracture, windscreen 		Ejection from vehicle	Ejection from the vehicle precludes meaningful prediction of injury patterns, but places patient at greater risk for virtually all injury mechanisms.						
 Side impact, Head injury Cervical spine fracture Lateral flail chest Pneumothorax Traumatic aortic disruption Diaphragmatic rupture Fractured spleen/liver and/or kidney, depending on side of impact Fractured pelvis or acetabulum 	Motor vehicle impact with pedestrian	 Head injury Traumatic aortic disruption Abdominal visceral injuries Fractured lower extremities/pelvis 							
	 Traumatic aortic disruption Diaphragmatic rupture Fractured spleen/liver and/or kidney, depending on side of impact 	Fall from height	 Head injury Axial spine injury Abdominal visceral injuries Fractured pelvis or acetabulum Bilateral lower extremity fractures (including calcaneal fractures) 						

HISTORY

 History of the mechanism of injury (MOI)

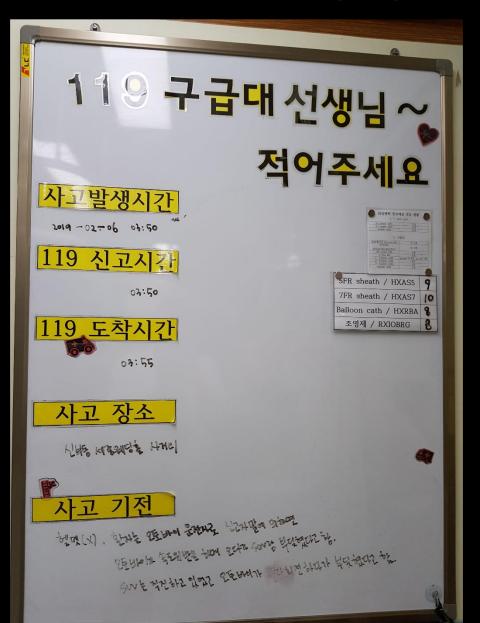
TABLE 1-1 MECHANISMS OF INJURY AND SUSPECTED INJURY PATTERNS

MECHANISM OF INJURY	SUSPECTED INJURY PATTERNS	MECHANISM OF INJURY	SUSPECTED INJURY PATTERNS	
PENETI	RATING INJURY	THERMAL INJURY		
Stab wounds • Anterior chest	 Cardiac tamponade if within "box" Hemothorax Pneumothorax Hemopneumothorax Left diaphragm injury/spleen 	Thermal burns	 Circumferential eschar on extremity or chest Occult trauma (mechanism of burn/means of escape) 	
 Left thoraco- abdominal 		Electrical burns	Cardiac arrhythmiasMyonecrosis/compartment syndrome	
Abdomen	 injury/hemopneumothorax Abdominal visceral injury possible if peritoneal penetration 	Inhalational burns	 Carbon monoxide poisoning Upper airway swelling Pulmonary edema 	
Gunshot wounds (GSW) • Truncal	 High likelihood of injury Trajectory from GSW/retained projectiles help predict injury 			
• Extremity	Neurovascular injuryFracturesCompartment syndrome			

HISTORY

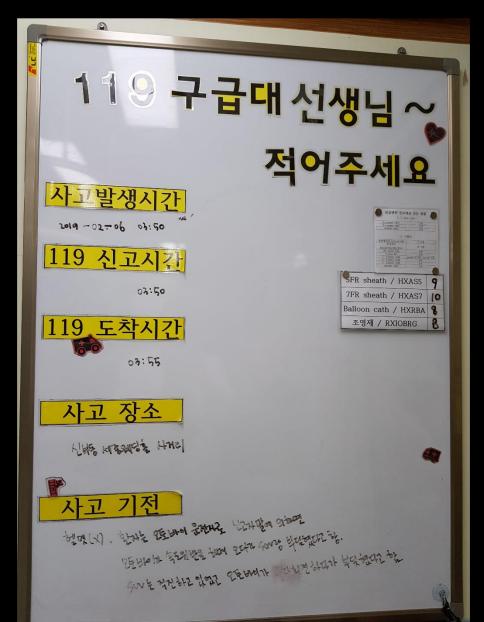
 History of the mechanism of injury (MOI) Include a history of MOI

HISTORY



AMPLE HISTORY

- Include a history of MOI
- A llergies
- M edications currently used
- P ast illnesses/Pregnancy
- L ast meal
- E vents/Environment related to the injury



HEAD

- Visual acuity, ocular entrapment
- Pupillary size
- Hemorrhage of the conjunctiva and/or fundi
- Penetrating injury
- Contact lenses (remove before edema occurs), dislocation of the lens
- Maxillofacial structures

CERVICAL SPINE AND NECK

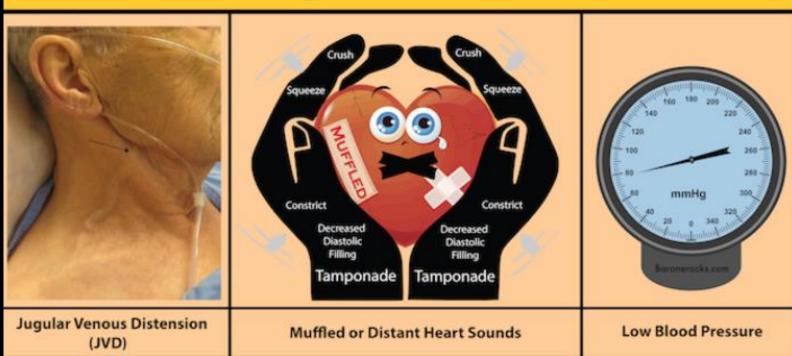
- Patients with maxillofacial or head trauma: possible a cervical spine injury
 - → Cervical spine motion must be restricted.
- The absence of neurologic deficit # No cervical spine injury
- Active arterial bleeding, an expanding hematoma, arterial bruit, or airway compromise → usually operative evaluation.
- Protective helmet → protection of a potentially unstable cervical spine
- Unexplained paralysis of an upper extremity → a cervical nerve root injury

CHEST

- Inspection, palpation, auscultation and percussion of the chest
- Cardiac tamponade vs. Tension pneumothorax vs. Massive hemothorax

Cardiac Tamponade - Becks Triad

- Hypovolemia
- → No neck vein distention



CHEST

- Inspection, palpation, auscultation and percussion of the chest
- Cardiac tamponade vs. Tension pneumothorax vs. Massive hemothorax

TABLE 4-1 DIFFERENTIATING TENSION PNEUMOTHORAX AND MASSIVE HEMOTHORAX

	PHYSICAL SIGNS					
CONDITION	BREATH SOUNDS	PERCUSSION	TRACHEAL POSITION	NECK VEINS	CHEST MOVEMENT	
Tension pneumothorax	Decreased or absent	Hyperresonant	Deviated away	Distended	Expanded immobile	
Massive hemothorax	Decreased	Dull	Midline	Collapsed	Mobile	

ABDOMEN, PELVIS, PERINEUM, RECTUM, AND VAGINA

- Early involvement of a surgeon is essential
- Pelvic fractures: ecchymosis over the iliac wings, pubis, labia, or scrotum.
- Pain on palpation of the pelvic ring is an important finding.
- Perineum and pelvis → Urethral injury
- A rectal examination
 - → integrity of the rectal wall, and quality
- Vaginal examination in patients with a ris

PITFALL

Pelvic fractures can produce large blood loss.

PREVENTION

- Placement of a pelvic binder or sheet can limit blood loss from pelvic fractures.
- Do not repeatedly or vigorously manipulate the pelvis in patients with fractures, as clots can become dislodged and increase blood loss.

MUSKULOSKELETAL AND NEUROLOGICAL SYSTEM

PITFALL PREVENTION Maintain a high level of Compartment suspicion and recognize syndrome can develop. injuries with a high risk of development of compartment syndrome (e.g., long bone fractures, crush injuries, prolonged ischemia, and circumferential thermal injuries).

ADJUNCTS TO THE SECONDARY SURVEY

- Additional x-ray examinations of the spine and extremities
- CT scans of the head, chest, abdomen, and spine
- Contrast urography and angiography
- Transesophageal ultrasound
- Bronchoscopy
- Esophagoscopy
- Other diagnostic procedures

REEVALUATION

Trauma patients must be reevaluated constantly to ensure that new findings are not overlooked and to discover any deterioration in previously noted findings

As initial life-threatening injuries are managed,

but other life-threatening problems may....

SIX DOCTORS... SIX SPECIALTIES ...

SIX MÉDECINS... SIX SPÉCIALITÉS...

BESOME A MASTER OF SURGERY, DIADROSES, FIRST RESPONSE, BRITHDRESICS, ENDOSCOPT AND EVEN FORCHBICS OF THE BUSINEST AND BEST MEDICAL GAME VETT YOUR WE BENOTE " LETS YOU DUT, HAMMES, DRILL, PROBE, AHALYZE, AND MORE TO SAVE YOUR PATIENTS' LIVES.

DEVENEZ UN AB DU SEALPEL, DES BIAGNOSTICS, DES PREMIERS EQUID, DE L'ERTHOPÉDIE, DE L'ENGOSCOPIE. ET HÊME DES AUTOPSIES DANS LE JEU MÉDICAL LE MELLEUR, ET LE MUIS SHARBODS, JAMAIS CRÉÉ! VOIVE TÉLÉCOMMANDE WE REMOTE "VOUS PERMET G'ENTALLES, DE MARTELES, DE PERGER, DE SONDES. D'ANALYSES, ET MEN PLUS ENCORE, POUR BALFOR LA VIE DE VOS PATIENTS.



A true herp who seeks an end to pain and injustice. Un véritable héros qui cherche à mettre fin aux souffrances et à l'injustice.



A brilliant surgeon sacking raderoption. Un brittant chirurgien en mal de rédemption.



The first to react - or overreact - to any situation. La première personne à intervenir, su à paniquer, gam coutes les situations.

Not even the dead held secrets from her,

Même les marts ne peuvent lui cacher quoi que ce soit.



PORCHSICS AUTOPRIES



Keen intellect and insight, but a bitter heart.

Un individe intelligent et perspicace, mais doté d'un cour

Dr. Gabrief Comningham DIABMESIS DIAGNOSTICS



Barn with power and grace, but still seeking independence.

Une personne à la fois forte et gracieuse, mais teujours à la recharche d'indépendance. te, Tomae Tachibana



ENDOScory





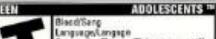
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TRAUMA





ATLUS"









OUR MISSION IS ----



OUR MISSION IS ----





THANK YOU FOR YOUR ATTENTION



Sung Wook Chang @ DKUH

E-mail: changsw3@naver.com

