

# Damage Control Resuscitation

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# DAMAGE CONTROL?



The term damage control comes from the US Navy and was described in the 1940s for control of battle damage to ships.

**Rapid repairs to keep the ship afloat,**

**Return to port,**

**and finally definitive repairs.**



# HISTROY

- Idea originated from major hepatic trauma.

[Pringle JH.](#) V. Notes on the Arrest of Hepatic Hemorrhage Due to Trauma. [Ann Surg.](#) 1908 Oct;48(4):541-9.

## NOTES ON THE ARREST OF HEPATIC HEMORRHAGE DUE TO TRAUMA.

BY J. HOGARTH PRINGLE, F.R.C.S.,

OF GLASGOW,

Lecturer on Surgery in Queen Margaret College, Surgeon to the Glasgow Royal Infirmary.

RUPTURE of the liver is fortunately an accident not often met with, but one which, when it is seen, may be associated with a condition of the patient as serious as any one can meet with in surgical practice. While small lacerations of the liver substance may be, and, no doubt are, recovered from without surgical interference; if the laceration be extensive and vessels of any magnitude are torn, hemorrhage will, owing to the structural arrangement of the liver, go on continuously, and by the time such a patient comes under the care of a surgeon the general state is almost invariably bound to be extremely grave, from the hemorrhage alone or from hemorrhage and shock combined, and this is perhaps specially the case in that class of injury due to contusing violence in which there is often gross injury inflicted on parts other than the liver and when shock is liable to be more severe than in localized injuries caused by sharp instruments.

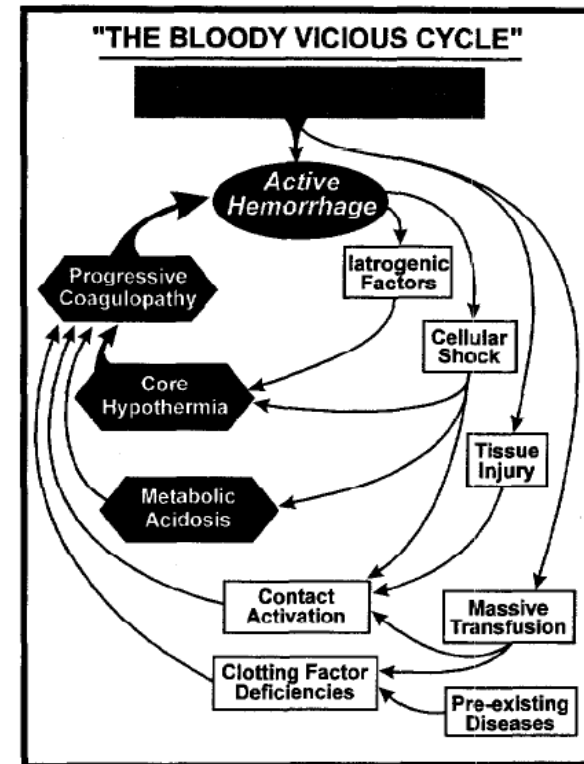


# Lethal Triad

**“bloody vicious cycle”** - unattended core hypothermia and persistent metabolic acidosis as key events promoting a lethal coagulopathic state.

Elerding SC, Aragon GE, Moore EE. Fatal hepatic hemorrhage after trauma. *Am J Surg.* 1979;138:883-888.

Kashuk JL, Moore EE, Millikan JS, Moore JB. Major abdominal vascular trauma-a unified approach. *J Trauma.* 1982;22:672-679.



**Figure 1.** The pathogenesis of the bloody vicious cycle following major torso injury is multifactorial, but usually manifests as a triad of refractory coagulopathy, progressive hypothermia, and persistent metabolic acidosis.



## *Management of the Major Coagulopathy with Onset during Laparotomy*

H. HARLAN STONE, M.D., PRISCILLA R. STROM, M.D., RICHARD J. MULLINS, M.D.

An experience with 31 patients who developed major bleeding diatheses during laparotomy was reviewed. Management of the initial 14 patients was by standard hematologic replacement, completion of all facets of operation, and then closure of the peritoneal cavity, usually with suction drainage; only one patient survived.

The subsequent 17 patients had laparotomy terminated as rapidly as possible to avoid additional bleeding. Major vessel

*From the Department of Surgery, Emory University School of Medicine, Atlanta, Georgia*

Throughout the centuries of recorded medicine, direct pressure has been the most reliable means of gaining

The bleeding diathesis was controlled in only two

**This technique of initial abortion of laparotomy, establishment of intra-abdominal pack tamponade, and then completion of the surgical procedure once coagulation has returned to an acceptable level has proven to be lifesaving in previously non-salvageable situations.**

wound in a patient whose blood will not clot and cannot be made to clot. By far the most extreme example is a bleeding diathesis complicating laparotomy. This event is an all-too-common occurrence in the patient who has sustained a major intraabdominal injury or who has a disease process or operation which has been attended by a massive hemorrhage. The coagulopathy can seldom be reversed satisfactorily. Thus, the usual outcome is continued bleeding and thereby death through exsanguination.

Presented at the Ninety-Fourth Annual Meeting of the Southern Surgical Association, December 6-8, 1982, Palm Beach, Florida.

Reprint requests: H. Harlan Stone, M.D., Department of Surgery, University of Maryland Hospital, 22 South Greene Street, Baltimore, Maryland 21201.

Submitted for publication: January 3, 1983.

Between July 1, 1976, and June 30, 1982, a major coagulopathy developed during laparotomy in 31 patients on the Trauma Surgical Service at Grady Memorial Hospital. During the first three years of review, 14 patients were managed by standard procedures directed toward reversal of the bleeding diathesis plus completion of all details in the operative procedure. In the ensuing three years, once a coagulopathy was noted in the following 17 patients, operation was immediately aborted, abdominal tamponade was effected through packing and closure under tension, and later, reexploration was performed, once the patient's blood adequately clotted, to complete the initial operative procedure.

Patient ages ranged from 17 to 67 years, with an average of 28 years. There were 22 blacks and nine whites, 25 men and six women.



# In 1993, Rotondo et al.

0022-5282/93/3503-0375\$03.00/0  
 THE JOURNAL OF TRAUMA  
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## 'DAMAGE CONTROL': A IN EXSANGUINATING PATIENTS

Michael F. Rotondo, MD, C. William Sch  
 Gordon R. Phillips, III, MD, Todd M. Fruc  
 and Peter A. Angood, MD

Definitive laparotomy (DL) for penetrating a  
 vascular and visceral injury is a difficult sui  
 derangements such as dilutional coagulopa  
 preclude completion of the procedure. "Dai  
 control of hemorrhage and contamination fr  
 rapid closure, allows for resuscitation to no  
 and subsequent definitive re-exploration. T  
 the damage control technique with definitiv  
 patients with penetrating abdominal injurie  
 transfusion of greater than 10 units packed  
 Medical records were retrospectively review  
 probability of survival, actual survival, trans  
 and postoperative phases, resuscitation an  
 temperature, pH, and HCO<sub>3</sub>. No significant  
 and 24 DC patients and actual survival rate  
 However, in a subset of 22 patients with m  
 visceral injuries (maximum injury subset), c  
 survival was markedly improved in patients  
 77%\*) vs. DLM (1 of 9, 11%) (Fisher's exac  
 to the operating room, DC survivors averag  
 transfused and 10.3 units fresh frozen plasma over a mean ICU stay of 5.7 hours.  
 Resolution of coagulopathy (mean prothrombin time/partial thromboplastin time 19.5/  
 70.4 to 13.3/34.9), normalization of acid-base balance (mean pH/HCO<sub>3</sub>, 7.37/20.6 to  
 7.42/24.2), and core rewarming (mean 33.2°C to 37.7°C) were achieved. All patients  
 had gastrointestinal procedures at reoperation (mean operative time, 4.3 hours). We  
 conclude that damage control is a promising approach for increased survival in  
 exsanguinating patients with major vascular and multiple visceral penetrating  
 abdominal injuries.

**Table 6**  
**Injury scoring and survivorship for patients with one or more major**  
**vascular injury and two or more visceral injuries—the maximum**  
**injury subset (n = 22)**

	DLM (n = 9)	DCM (n = 13)
RTS	5.29 ± 2.8	6.22 ± 2.6
ISS	23.8 ± 10.8	22.9 ± 6.2
Ps	0.670 ± 0.396	0.810 ± 0.295
PATI	40.9 ± 12.4	43.6 ± 11.0
Actual Survival	1 (11%)	10 (77%)

abdominal injury

Reported as mean ± standard deviation.

\* Fisher's exact test, *p* < 0.02.



# Damage Control Resuscitation

Damage Control Resuscitation
<i>Minimize crystalloids during early resuscitation</i>
<i>Permissive hypotension (palpable pulse or SBP~90 mmHg)</i>
<i>Transfusion of blood products in ratios similar to whole blood (1:1:1)</i>

Figure 1. The 3 tenants of damage control resuscitation.



**Damage Control Surgery(immediate control of hemorrhage)**



# Large volume crystalloid resuscitation

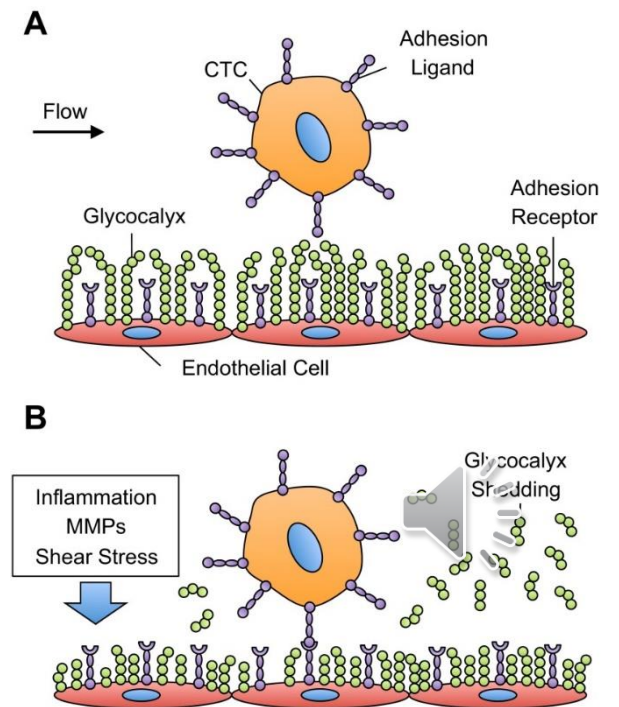
- Macrophage release of tumor necrosis factor  $\alpha$   $\uparrow \uparrow$  & proinflammatory cytokines  $\uparrow \uparrow$

$\Rightarrow$  **Capillary leak**  $\uparrow \uparrow$

$\Rightarrow$  **endothelial glycocalyx thinning**  $\uparrow \uparrow \Rightarrow$  third space fluid losses and intravascular volume depletion.

- Pulmonary edema, cardiac dysfunction, bowel edema

- Dilusional coagulopathy





# HEMODILUTION

- Overzealous crystalloid resuscitation can exaggerate an existing coagulopathy.
- Interestingly, acute hemodilution to 50% in vitro does not impair clot formation, but this magnitude of hemodilution **enhances the sensitivity to tPA** due to the dilution of endogenous antifibrinolytics.



# PERMISSIVE HYPOTENSION

- become hemostatic on their own as become more hypotensive
- **clot disrupted by the increased pressure**

**Table 1** Relationship of Punch Size with Initial Hemorrhage Volume

Punch size (mm)	All pigs including non resuscitated		No NE		NE	
	Hem. Vol. (ml/kg)	n	Rebleed MAP (mmHg)	n	Rebleed MAP (mm Hg)	n
1.5	10.5 ± 1.1*	14	62 ± 5	9	126 ± 13	3
2.0	16.6 ± 0.8	38	66 ± 3	20	134 ± 8	12
2.8	19.3 ± 1.4	10	61 ± 5	9	(none)	

NE, norepinephrine.

made by Cannon from WWI and Beecher from WWII. Therefore, we recommend that patients without definitive hemorrhage control should not be resuscitated beyond a MAP of 60 mm Hg or a systolic pressure of 80–90 mm Hg.



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## IMMEDIATE VERSUS DELAYED FLUID RESUSCITATION FOR HYPOTENSIVE PATIENTS WITH PENETRATING TORSO INJURIES

WILLIAM H. BICKELL, M.D., MATTHEW J. WALL, JR., M.D., PAUL E. PEPE, M.D.,  
R. RUSSELL MARTIN, M.D., VICTORIA F. GINGER, M.S.N., MARY K. ALLEN, B.A.,  
AND KENNETH L. MATTOX, M.D.

**Methods.** We conducted a prospective trial comparing immediate and delayed fluid resuscitation in 598 adults with penetrating torso injuries who presented with a pre-hospital systolic blood pressure  $\leq 90$  mm Hg. The study setting was a city with a single centralized system of pre-hospital emergency care and a single receiving facility for patients with major trauma. Patients assigned to the im-

Table 2. Systemic Arterial Blood Pressure and Laboratory Findings on Arrival at the Trauma Center in Patients with Penetrating Torso Injuries, According to Treatment Group.\*

VARIABLE	IMMEDIATE RESUSCITATION (N = 309)	DELAYED RESUSCITATION (N = 289)	P VALUE
Systolic blood pressure (mm Hg)	79 $\pm$ 46	72 $\pm$ 43	0.02
Hemoglobin (g/dl)	11.2 $\pm$ 2.6	12.9 $\pm$ 2.2	<0.001
Platelet count ( $\times 10^3/\text{mm}^3$ )	274 $\pm$ 84	297 $\pm$ 88	0.004
Prothrombin time (sec)	14.1 $\pm$ 1.6	11.4 $\pm$ 1.8	<0.001
Partial-thromboplastin time (sec)	31.8 $\pm$ 19.3	27.5 $\pm$ 12	0.007
Systemic arterial pH	7.29 $\pm$ 0.17	7.28 $\pm$ 0.15	0.46
Serum bicarbonate concentration (mmol/liter)	20 $\pm$ 10	20 $\pm$ 11	0.82

\*Plus-minus values are means  $\pm$ SD. To convert values for hemoglobin to millimoles per liter, multiply by 0.62.

Table 4. Total Volumes of Fluids Administered to Patients with Penetrating Torso Injuries, According to Treatment Group.\*

VARIABLE	IMMEDIATE RESUSCITATION (N = 309)	DELAYED RESUSCITATION (N = 289)	P VALUE
Before arrival at the hospital			
Ringer's acetate (ml)	870 $\pm$ 667	92 $\pm$ 309	<0.001
Trauma center			
Ringer's acetate (ml)	1608 $\pm$ 1201	283 $\pm$ 722	<0.001
Packed red cells (ml)	133 $\pm$ 393	11 $\pm$ 88	<0.001
Operating room†			
Ringer's acetate (ml)	6772 $\pm$ 4688	6529 $\pm$ 4863	0.31
Packed red cells (ml)	1942 $\pm$ 2322	1713 $\pm$ 2313	0.07
Fresh-frozen plasma or platelet packs (ml)	357 $\pm$ 1002	307 $\pm$ 704	0.45
Autologous-transfusion volume (ml)	95 $\pm$ 486	111 $\pm$ 690	0.76
Hetastarch (ml)	499 $\pm$ 717	542 $\pm$ 696	0.41
Rate of intraoperative fluid administration (ml/min)	117 $\pm$ 126	91 $\pm$ 88	0.008

\*Plus-minus values are means  $\pm$ SD.

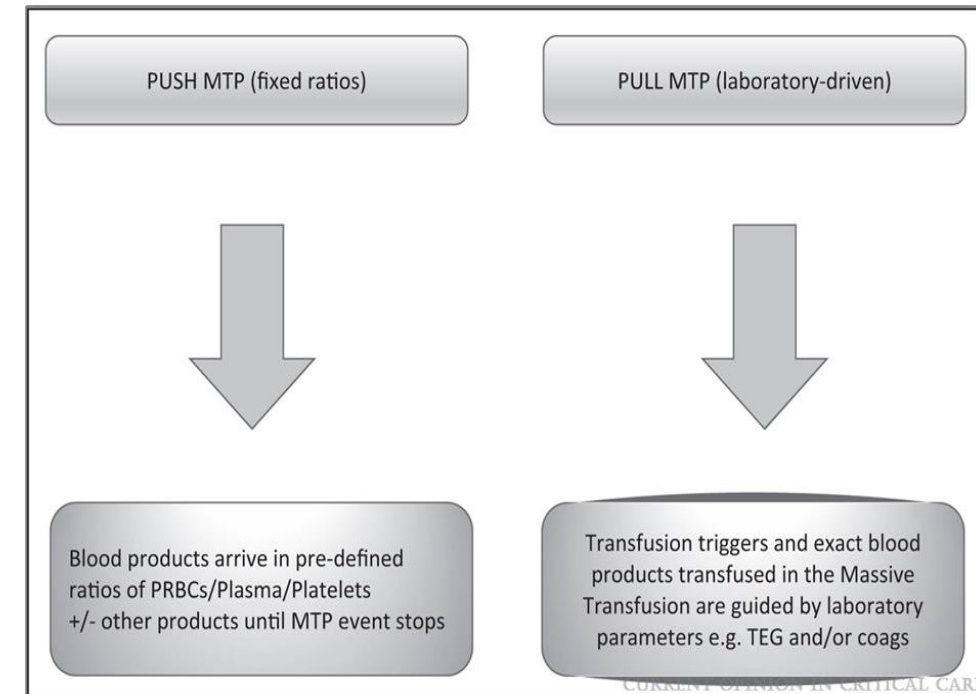
†For these analyses there were 268 patients in the immediate-resuscitation group and 260 patients in the delayed-resuscitation group.

Table 5. Outcome of Patients with Penetrating Torso Injuries, According to Treatment Group.

VARIABLE	IMMEDIATE RESUSCITATION	DELAYED RESUSCITATION	P VALUE
Survival to discharge — no. of patients/total patients (%)	193/309 (62)*	203/289 (70)*	0.04
Estimated intraoperative blood loss — ml‡	3127 $\pm$ 4937	2555 $\pm$ 3546	0.13
Length of hospital stay — days§	14 $\pm$ 24	11 $\pm$ 19	0.006
Length of ICU stay — days§	8 $\pm$ 16	7 $\pm$ 11	0.30

# Massive Transfusion Protocols

- The development and implementation of massive transfusion protocols (MTPs) have been associated with a reduction in mortality and overall blood product use in trauma centers.
- **The optimal goal is early communication to the blood bank of the urgent need of a large volume of blood products.**
- The content of MT protocols should be based on the principles of damage control resuscitation.
- As such, they should provide for **ratio-based blood products** that are **empirically delivered (hemostatic resuscitation)** and have a process for the immediate availability of RBC, plasma, and platelets.
- Protocols should also include standardization of the assessment of coagulopathy and include assessment and treatment of acidosis, hypothermia, and hypocalcemia.



## ONLINE FIRST

# The Prospective, Observational, Multicenter, Major Trauma Transfusion (PROMMTT) Study

**Objective:** To relate in-hospital mortality to early transfusion of plasma and/or platelets and to time-varying plasma:red blood cell (RBC) and platelet:RBC ratios.

**Design:** Prospective cohort study documenting the timing of transfusions during active resuscitation and patient outcomes. Data were analyzed using time-dependent proportional hazards models.

**Setting:** Ten US level I trauma centers.

**Patients:** Adult trauma patients surviving for 30 minutes after admission who received a transfusion of at least 1 unit of RBCs within 6 hours of admission (n=1245, the original study group) and at least 3 total units (of RBCs, plasma, or platelets) within 24 hours (n=905, the analysis group).

**Main Outcome Measure:** In-hospital mortality.

**Results:** Plasma:RBC and platelet:RBC ratios were not constant during the first 24 hours ( $P < .001$  for both).

In a multivariable time-dependent Cox model, increased ratios of plasma:RBCs (adjusted hazard ratio=0.31; 95% CI, 0.16-0.58) and platelets:RBCs (adjusted hazard ratio=0.55; 95% CI, 0.31-0.98) were independently associated with decreased 6-hour mortality, when hemorrhagic death predominated. In the first 6 hours, patients with ratios less than 1:2 were 3 to 4 times more likely to die than patients with ratios of 1:1 or higher. After 24 hours, plasma and platelet ratios were unassociated with mortality, when competing risks from non-hemorrhagic causes prevailed.

**Conclusions:** Higher plasma and platelet ratios early in resuscitation were associated with decreased mortality in patients who received transfusions of at least 3 units of blood products during the first 24 hours after admission. Among survivors at 24 hours, the subsequent risk of death by day 30 was not associated with plasma or platelet ratios.

*JAMA Surg.* 2013;148(2):127-136. Published online October 15, 2012. doi:10.1001/2013.jamasurg.387



## Original Investigation

# Transfusion of Plasma, Platelets, and Red Blood Cells in a 1:1:1 vs a 1:1:2 Ratio and Mortality in Patients With Severe Trauma

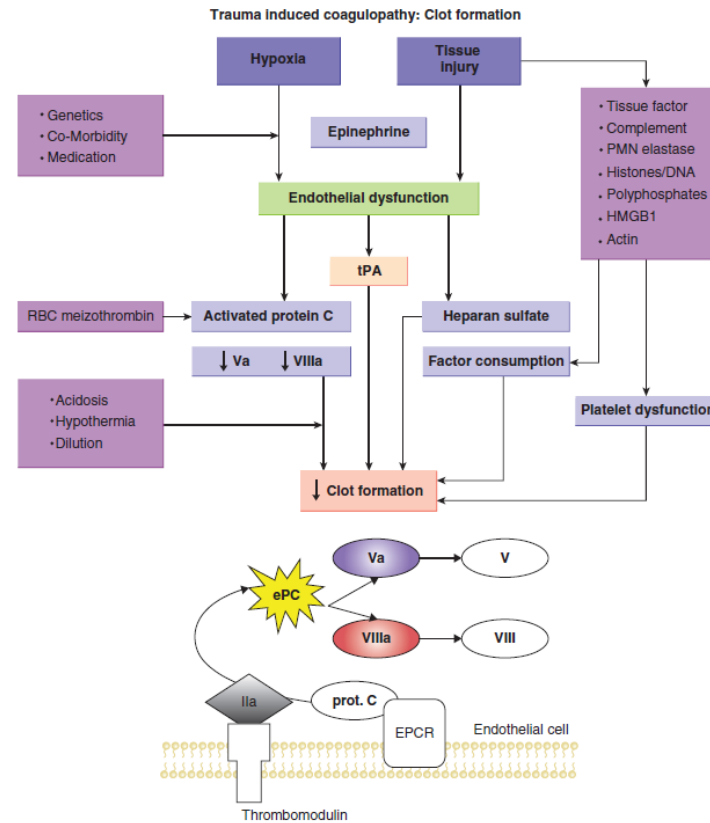
## The PROPPR Randomized Clinical Trial

John B. Holcomb, MD; Barbara C. Tilley, PhD; Sarah Baraniuk, PhD; Erin E. Fox, PhD; Charles E. Wade, PhD; Jeanette M. Podbielski, RN; Deborah J. del Junco, PhD; Karen J. Brasel, MD, MPH; Eileen M. Bulger, MD; Rachael A. Callcut, MD, MSPH; Mitchell Jay Cohen, MD; Bryan A. Cotton, MD, MPH; Timothy C. Fabian, MD; Kenji Inaba, MD; Jeffrey D. Kerby, MD, PhD; Peter Muskat, MD; Terence O'Keeffe, MBChB, MSPH; Sandro Rizoli, MD, PhD; Bryce R. H. Robinson, MD; Thomas M. Scalea, MD; Martin A. Schreiber, MS; Deborah M. Stein, MD; Jordan A. Weinberg, MD; Jeannie L. Callum, MD; John R. Hess, MD, MPH; Nena Matijevic, PhD; Christopher N. Miller, MD; Jean-Francois Pittet, MD; David B. Hoyt, MD; Gail D. Pearson, MD, ScD; Brian Leroux, PhD; Gerald van Belle, PhD; for the PROPPR Study Group

	1:1:1	1:1:2	
Mortality at 24 hours	12.7%	17%	P=0.12
Mortality at 30 days	22.4%	26.1%	P=.26
Exsanguination	9.2%	14.6%	P=0.03*
Hemostasis achieved	86%	78%	p=0.006*



# Trauma Induced Coagulopathy(TIC)



**FIGURE 13-3** Ineffective clot formation is the dominant manifestation of TIC. Hypoxia and tissue injury provoke endothelial dysfunctions which activates protein C and releases anticoagulants from the glycocalyx. Platelet dysfunction, factor consumption, and acidosis further impair thrombin generations and clot formation.



# HYPOTHERMIA

- The effects of hypothermia include altered platelet function, impaired coagulation factor function, enzyme inhibition and fibrinolysis.
- **1 °C drop** in temperature is associated with a **10% drop in function**
- Hypothermia **below 34 °C** inhibits the initiation phase of clotting.
- Most of the coagulation enzymes are **slowed** by hypothermia.
- **While moderate hypothermia delays the onset of thrombin generation, the total amount of thrombin generation is unaffected.**





# ACIDOSIS

- A reduction of pH from 7.4 to 7.0 has been shown in vitro to reduce
  - **FVIIa activity by 90%,**
  - **prothrombin complex (Xa/Va) activity by 70%**
  - **FVIIa-TF complex activity by 55%.**
- **pH 7.1** -> a pronounced inhibition of the propagation phase of thrombin generation
  - > **clot strength ↓ & fibrinogen degradation two-fold ↑**
- **pH <7** -> **impaired platelet aggregation and adhesion**
  - > **the correction of pH with bicarbonate or trishydroxymethylaminomethane (THAM) does not restore platelet function.**



# Damage Control Surgery

**DCS**

**Severely injured patients**

**Control hemorrhage and contamination**

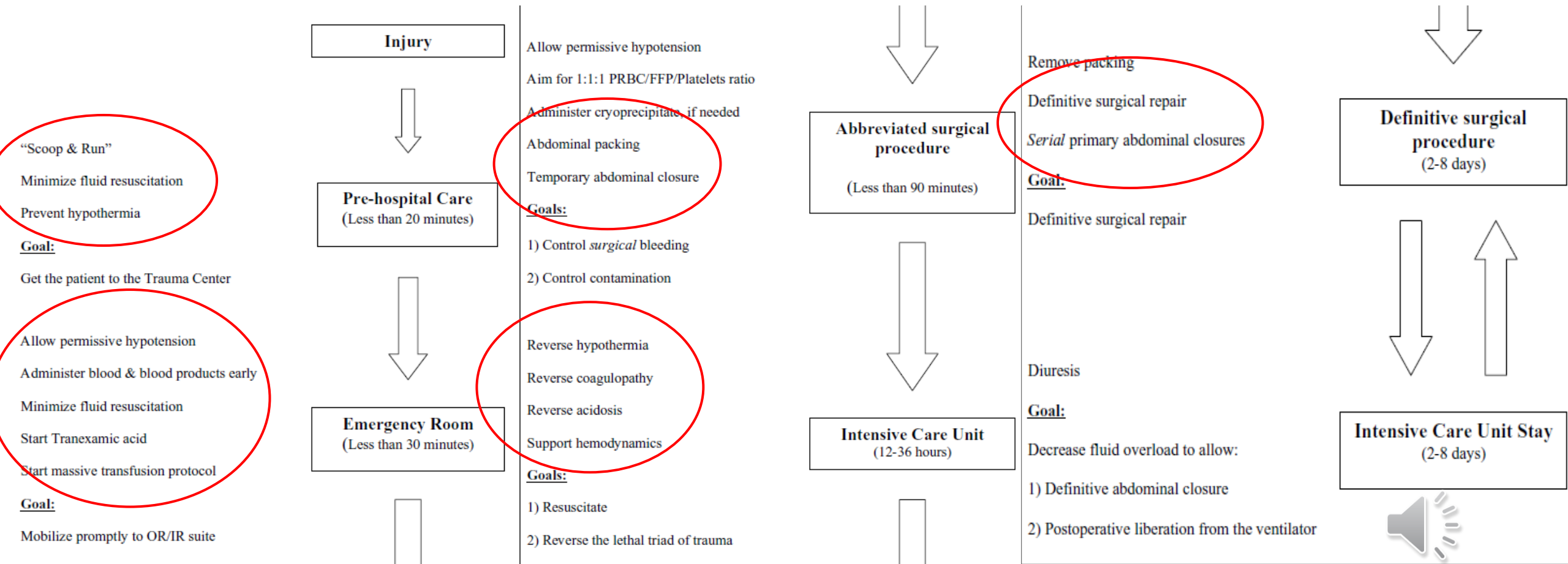
**DCR**

**continued resuscitation and aggressive correction of their  
coagulopathy, hypothermia, and acidosis in the ICU**

**returning to the operating room  
;definitive repair of their injuries**



# Damage Control Resuscitation



# Damage Control Surgery = Only Staged Laparotomy?

Originally implemented for injured patients with “metabolic failure” or “physiologic exhaustion”(hypothermia, metabolic acidosis, coagulopathy), damage control surgery quickly became a technique used by multiple surgical specialties including the following : **general surgery, thoracic surgery, vascular surgery, orthopedic surgery, gynecologic surgery**, etc.



# **Indication for Damage Control Surgery**



# Indication for Damage Control

## Staged Laparotomy for the Hypothermia, Acidosis, and Coagulopathy Syndrome

Ernest E. Moore, MD, Denver, Colorado

The recent history, indications, physiologic objectives, and technical aspects of staged laparotomy are discussed in this overview. While postinjury refractory coagulopathy is the most common scenario for this life-saving concept, there are many other potential applications during both emergency and elective procedures in the neck, chest, pelvis, and extremities as well as the abdomen. © 1996 by Excerpta Medica, Inc. *Am J Surg.* 1996;172:405-410.

“disasterous hemorrhage, abscesses, and hepatic necrosis” coupled with increasing success at direct operative control of hepatic bleeding led Madding and Kennedy<sup>4</sup> to censor packing during World War II. This military doctrine prevailed throughout the Korean and Vietnam conflicts, and extended to civilian practice as reflected in the statement of a recognized authority in liver trauma that “there is virtually no place in modern surgery for gauze packing of the liver as sepsis and recurrent bleeding are almost inevitable sequelae” (*Annals of the Royal College of Surgical Engineers,*

- 1) **inability to achieve hemostasis** due to a recalcitrant coagulopathy, ie, the bloody vicious cycle
- 2) **inaccessible major venous injury**, eg, retrohepatic vena caval disruption
- 3) **anticipated need for a time-consuming procedure**, eg, pancreaticoduodenectomy, in the patient with a suboptimal response to resuscitation
- 4) **Demand for nonoperative control of extra-abdominal life-threatening injury**, eg, ruptured pelvic fracture hematoma requiring selective arterial embolization;
- 5) **Inability to approximate the abdominal incision due to extensive splanchnic reperfusion induced visceral edema**, eg, following protracted shock requiring massive fluid administration;
- 6) **desire to reassess abdominal contents**, eg, compromised intestinal blood supply due to extensive mesenteric wound.



### **Degree of physiologic insult in the pre- or intraoperative setting**

Persistent systolic BP <90 mm Hg or a successfully resuscitated cardiac arrest during transport to hospital

Persistent systolic BP <90 mm Hg in the preoperative setting or during operation

Preoperative core body temperature <34°C, arterial pH <7.2, or INR/PT >1.5 times normal (with or without a concomitant PTT >1.5 times normal)

Core body temperature <34°C and arterial pH <7.2 at the beginning of operation

Persistent core body temperature <34°C or persistent arterial pH <7.2 during operation

INR/PT and PTT >1.5 times normal during operation

Clinically observed coagulopathy during operation

Core body temperature <34°, arterial pH <7.2, and laboratory-confirmed (INR/PT and/or PTT >1.5 times normal) or clinically observed coagulopathy in the preoperative setting, at the beginning of operation, or during the conduct of operation

### **Estimated blood loss and amount or type of resuscitation provided**

Estimated blood loss >4 L in the operating room

>10 units of PRBCs were administered to the patient in the preoperative or preoperative and intraoperative settings



# No Definite Selection Criteria

- Too Liberal -> Unnecessary staged operation -> complication ↑
- Too Strict -> Adverse physiological outcome -> Too late to salvage





## Impact of Closure at the First Take Back Burden and Potential Overutilization Control Laparotomy

Quinton M. Hatch, MD, Lisa M. Osterhout, BS, Jeanette Podbielski, BSN, Charles E. Wade, PhD, John B. Holcomb, MD, and Bryan A.

**Background:** Damage control laparotomy (DCL) is a lifesaving technique initially employed to minimize the lethal triad of coagulopathy, hypothermia,

directed at achieving both appropriate indications for Key Words: Trauma, La

uma. 2011;71: 1503

Management of changed market Surgery, following ando et al.<sup>1,2</sup> Befial closure were rdless of the pa, however, ten sed popularity a trauma continues ection of physic age control lapa revent (or at lea, coagulopathy, ent. During the i is performed a rol of contamin ormal physiolog orary abdomin nd-look operati partment syndro s at the next o increasing knowledg in the resuscitation employed quite freq Several authors DCL is employed fo tients.<sup>1,16,17</sup> Furtherm ing the sequelae of I in mortality when cc been postulated tha improved intensive experience with the many new techniqu are being overutilizi Although the c may be an acceptal

**TABLE 3.** Logistic Regression Model Predicting the Development of Abdominal Infections (Intra-Abdominal Abscess, Retroperitoneal Abscess, and Pelvic Abscess)

	Odds Ratio	95% Confidence Interval	p
Age, yr	1.00	0.98–1.03	0.461
Male gender	1.06	0.46–2.40	0.891
ISS	0.97	0.95–1.00	0.061
Large bowel injury	1.88	0.96–3.67	0.063
Intraoperative transfusions, units	0.99	0.97–1.02	0.975
Closed at initial take back	0.28	0.12–0.66	0.004*

\* Statistical significance at  $p < 0.05$ .

admission. **Conclusion:** Early fascial closure is an independent predictor of reduced complications in DCL patients. One in five patients closed at initial take back did not meet any of the traditional indications for DCL upon initial ICU admission. This may represent an overutilization of this valuable technique, exposing patients to increased complications. Further efforts should be

Submitted for publication January 15, 2011. Accepted for publication October 12, 2011. Copyright © 2011 by Lippincott Williams & Wilkins From the Department of Surgery and The Center for Translational Injury Research, The University of Texas Health Science Center, Houston, Texas. Presented in oral form at the 41st Annual Meeting of the Western Trauma Association, February 27-March 5, 2011, Big Sky, Montana. Address for reprints: Bryan A. Cotton, MD, MPH, UTHSCH-CeTIR, 6410 Fannin St, 1100.20 UPB, Houston, TX 77030; email: bryan.a.cotton@uth.tmc.edu.

DOI: 10.1097/TA.0b013e31823cd78d

**TABLE 4.** Logistic Regression Model Predicting the Development of Noninfectious Abdominal Complications (Ileus, Bowel Obstruction, Ischemic Bowel, and Anastomotic Breakdown)

	Odds Ratio	95% Confidence Interval	p
Age, yr	0.99	0.97–1.02	0.867
Male gender	1.68	0.67–4.22	0.266
ISS	0.96	0.93–0.98	0.006*
Large bowel injury	1.27	0.63–2.53	0.493
Intraoperative transfusions, units	1.00	0.97–1.03	0.760
Closed at initial take back	0.23	0.09–0.56	0.001*

\* Statistical significance at  $p < 0.05$ .

**TABLE 5.** Logistic Regression Model Predicting the Development of Abdominal Wound Complications (Surgical Site Infection, Incisional Hernia, and Dehiscence)

	Odds Ratio	95% Confidence Interval	p
Age, yr	0.98	0.96–1.01	0.281
Male gender	0.62	0.28–1.33	0.219
ISS	0.98	0.96–1.01	0.362
Large bowel injury	1.87	0.96–3.66	0.065
Intraoperative transfusions, units	0.99	0.97–1.02	0.848
Closed at initial take back	0.31	0.13–0.72	0.007*

\* Statistical significance at  $p < 0.05$ .

**TABLE 6.** Logistic Regression Model Predicting the Development of Pulmonary Complications (Ventilator-Dependent Respiratory Failure, Ventilator-Associated Pneumonia, and Empyema)

	Odds Ratio	95% Confidence Interval	p
Age, yr	1.01	0.99–1.02	0.282
Male gender	1.05	0.54–2.04	0.870
Chest AIS	1.20	1.03–1.40	0.014*
Urgent thoracotomy/sternotomy	1.38	0.57–3.31	0.473
Intraoperative transfusions, units	0.97	0.91–1.04	0.484
Closed at initial take back	0.35	0.20–0.62	<0.001*

\* Statistical significance at  $p < 0.05$ .



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# Opinions of Practicing Surgeons on the Appropriateness of Published Indications for Use of Damage Control Surgery in Trauma Patients: An International Cross-Sectional Survey



Derek J Roberts, MD, PhD, David A Zygun, MD, MSc, Peter D Faris, PhD, Chad G Ball, MD, MSc, FACS, Andrew W Kirkpatrick, MD, MHSc, FACS, Henry T Stelfox, MD, PhD, Indications for Trauma Damage Control Surgery International Study Group

- 
- BACKGROUND:** Variation in use of damage control (DC) surgery across trauma centers may be partially driven by surgeon uncertainty as to when it is appropriately indicated. We sought to determine opinions of practicing surgeons on the appropriateness of published indications for trauma DC surgery.
- STUDY DESIGN:** We asked 384 trauma centers in the United States, Canada, and Australasia to nominate 1 to 3 surgeons at their center to participate in a survey about DC surgery. We then asked nominated surgeons their opinions on the appropriateness (benefit-to-harm ratio) of 43 literature-derived indications for use of DC surgery in adult civilian trauma patients.
- RESULTS:** In total, 232 (64.8%) trauma centers nominated 366 surgeons, of whom 201 (56.0%) responded. Respondents rated 15 (78.9%) preoperative and 23 (95.8%) intraoperative indications to be appropriate. Indications respondents agreed had the greatest expected benefit included a temperature  $<34^{\circ}\text{C}$ , arterial pH  $<7.2$ , and laboratory-confirmed (international normalized ratio/prothrombin time and/or partial thromboplastin time  $>1.5$  times normal) or clinically observed coagulopathy in the pre- or intraoperative setting; administration of  $>10$  units of packed red blood cells; requirement for a resuscitative thoracotomy in the emergency department; and identification of a juxtahepatic venous injury or devascularized or destroyed pancreas, duodenum, or pancreaticoduodenal complex during operation. Ratings were consistent across subgroups of surgeons with different training, experience, and practice settings.
- CONCLUSIONS:** We identified 38 indications that practicing surgeons agreed appropriately justified the use of DC surgery. Until further studies become available, these indications constitute a consensus opinion that can be used to guide practice in the current era of changing trauma resuscitation practices. (J Am Coll Surg 2016;223:515–529. © 2016 by the American College of Surgeons. Published by Elsevier Inc. All rights reserved.)



Surgeon Characteristics

Practice Setting/Trauma Center Characteristics

Trauma/Surgical Critical Care Fellowship	Years Practicing Trauma Surgery	Non-Elective Operations in Last Year	Location	Designated Level of Care	Teaching Center	High Volume Center	Penetrating Trauma Patients Assessed in Last Year			
					Yes	No	Yes	No	≥8%	<8%

Preoperative Indications	Information relayed about prehospital trauma patient findings
	High energy blunt trauma
	Multiple high velocity GSWs involving a significant portion of the torso
	Systolic BP <90 mmHg once during transport
	Systolic BP persistently <90 mmHg during transport
	Cardiac arrest during transport
	Trauma patient primary or secondary survey findings
	Mass casualty incident
	Concomitant severe TBI
	Significant, pre-existing medical conditions
	Systolic BP <90 mmHg upon arrival to the ED
	Preoperative systolic BP persistently <90 mmHg
	Preoperative temperature <34°C
	Preoperative arterial pH <7.2
Preoperative lethal triad	
Preoperative INR or PT > 1.5x	
Preoperative PTT > 1.5x	
Preoperative INR/PT and PTT > 1.5x	
Preoperative massive transfusion (>10 U PRBCs were given)	
A resuscitative thoracotomy was performed in the ED or trauma bay	

**High energy blunt torso trauma**  
**Systolic BP <90 once during transport to hospital**  
**Significant, pre-existing medical comorbidity**  
**Systolic BP <90 upon arrival to the ED or trauma bay**  
**-> uncertain**

**Cardiac arrest during transport to hospital**  
**Preoperative temperature <34**  
**Preoperative arterial pH <7.2**  
**Preoperative lethal triad**  
**> 10 U pRBCs were given preoperatively**  
**A resuscitative thoracotomy was performed in the ED or trauma bay**  
**-> Significant benefit**

Key to Color Coding of Appropriateness Ratings

Significant benefit (median Likert scale rating=5, without disagreement)	Dark Blue
Benefit (median Likert scale rating=4, without disagreement)	Medium Blue
Uncertain (median Likert scale rating=3, without disagreement)	Light Blue



Surgeon Characteristics

Practice Setting/Trauma Center Characteristics

Trauma/Surgical Critical Care Fellowship		Years Practicing Trauma Surgery		Non-Elective Operations in Last Year		Location			Designated Level of Care		Teaching Center		High Volume Center		Penetrating Trauma Patients Assessed in Last Year	
Yes	No	>10	≤10	≥30	<30	USA	Canada	ANZ	1	Other	Yes	No	Yes	No	≥8%	<8%

Intraoperative Indications	Injury pattern identified during operation																	
	Expanding and difficult to access pelvic hematoma																	
	Juxtahepatic venous injury																	
	Abdominal vascular injury and 1 solid or hollow abdominal organ injury																	
	Abdominal vascular injury and 2 solid or hollow abdominal organ injuries																	
	Proximal (i.e., Fullen zone 1 or proximal) devascularization or destruction of the pancreas and/or duodenum																	
	Devascularization or destruction of the pancreas and/or duodenum																	
	Multiple injuries spanning across >1 anatomical region or body cavity																	
	Time required for definitive surgery																	
	An anticipated prolonged time will be required																	
>90 min has already elapsed during attempts at definitive repairs																		
Estimated blood loss and volume of transfusion across the pre- and intraoperative period																		
>10 U PRBCs were given across the pre- and intraoperative period																		
Degree of physiologic insult in the operating room																		
Systolic BP <90 mmHg at the beginning of operation																		
Systolic BP persistently <90 mmHg during the conduct of operation																		
Temperature <36°C at the beginning of operation																		
Temperature <36°C during the conduct of operation																		
Arterial pH <7.2 at the beginning of operation																		
Arterial pH <7.2 during the conduct of operation																		
Intraoperative clinically-observed coagulopathy																		
Lethal triad at the beginning of operation																		
Lethal triad during the conduct of operation																		

**Systolic BP < 90 at the beginning of operation**  
**-> Uncertain**

**Juxtahepatic venous injury**  
**Abdominal vascular injury and 2 solid or hollow abdominal organ injury**  
**injury**  
**Devascularization or destruction of the pancreas and/or duodenum**  
**Arterial pH persistently <7.2 during operation**  
**Intraoperative clinically-observed coagulopathy**  
**Lethal triad at the beginning of operation**  
**Lethal triad during the conduct of operation**  
**-> Significant benefit**

Key to Color Coding of Appropriateness Ratings

Significant benefit (median Likert scale rating=5, without disagreement)	
Benefit (median Likert scale rating=4, without disagreement)	
Uncertain (median Likert scale rating=3, without disagreement)	



# Thoracic Damage Control Surgery



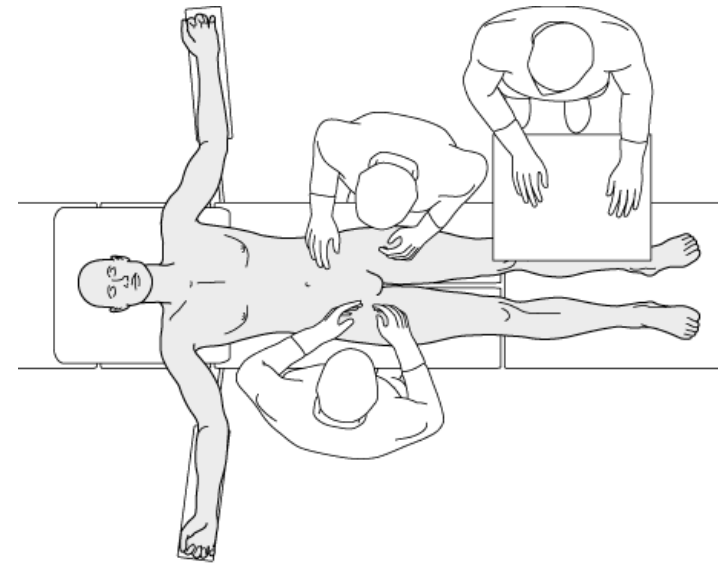
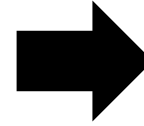
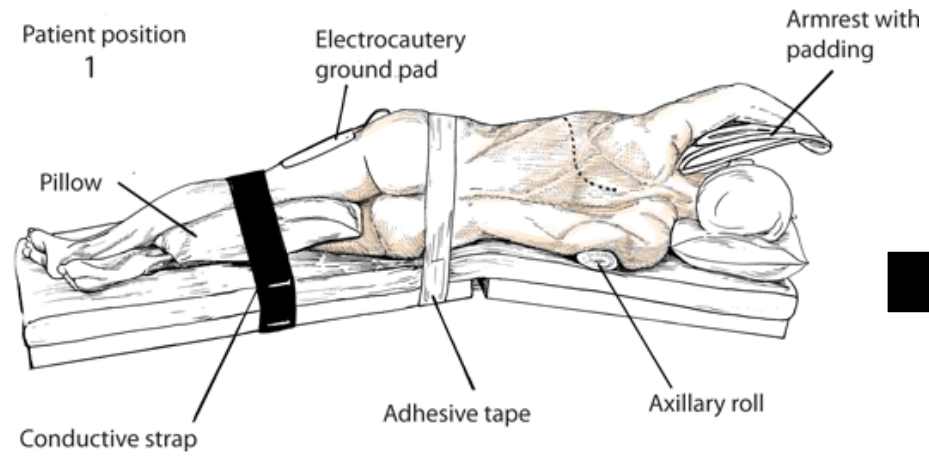
# Thoracic Damage Control Surgery

- **Abdominal damage control surgery**
  - hemorrhage & immediate infection exposed by the GI tract
- **Thoracic damage control surgery**
  - exsanguination
  - space occupying and lung-compression events

=> **Arrest of hemorrhage and maintaining oxygenation by relieving intrathoracic positive pressures.**

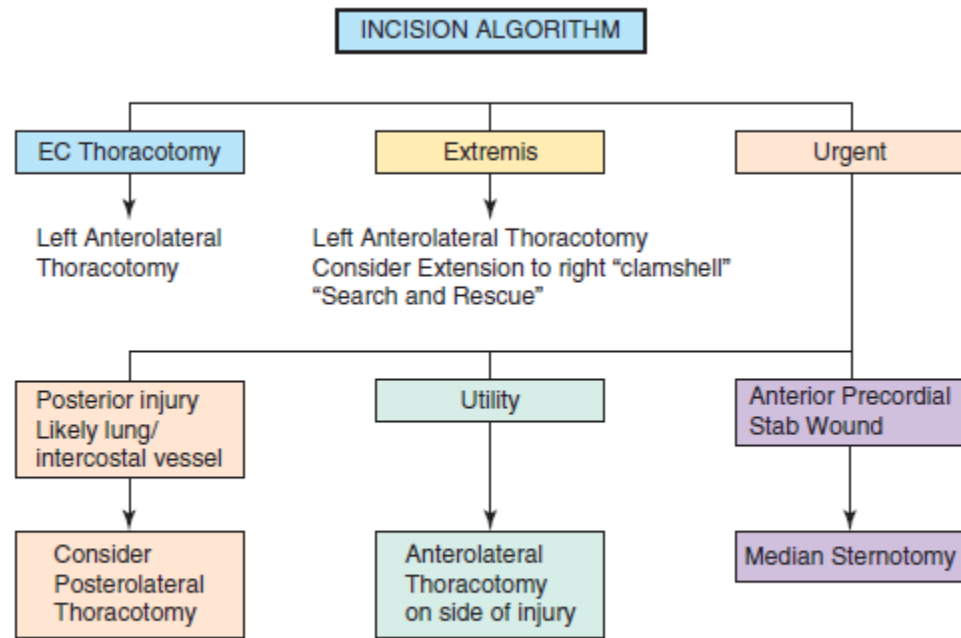


# POSITION?



Source: Zollinger RM, Ellison EC: *Zollinger's Atlas of Surgical Operations, 9th Edition*:  
<http://www.accesssurgery.com>  
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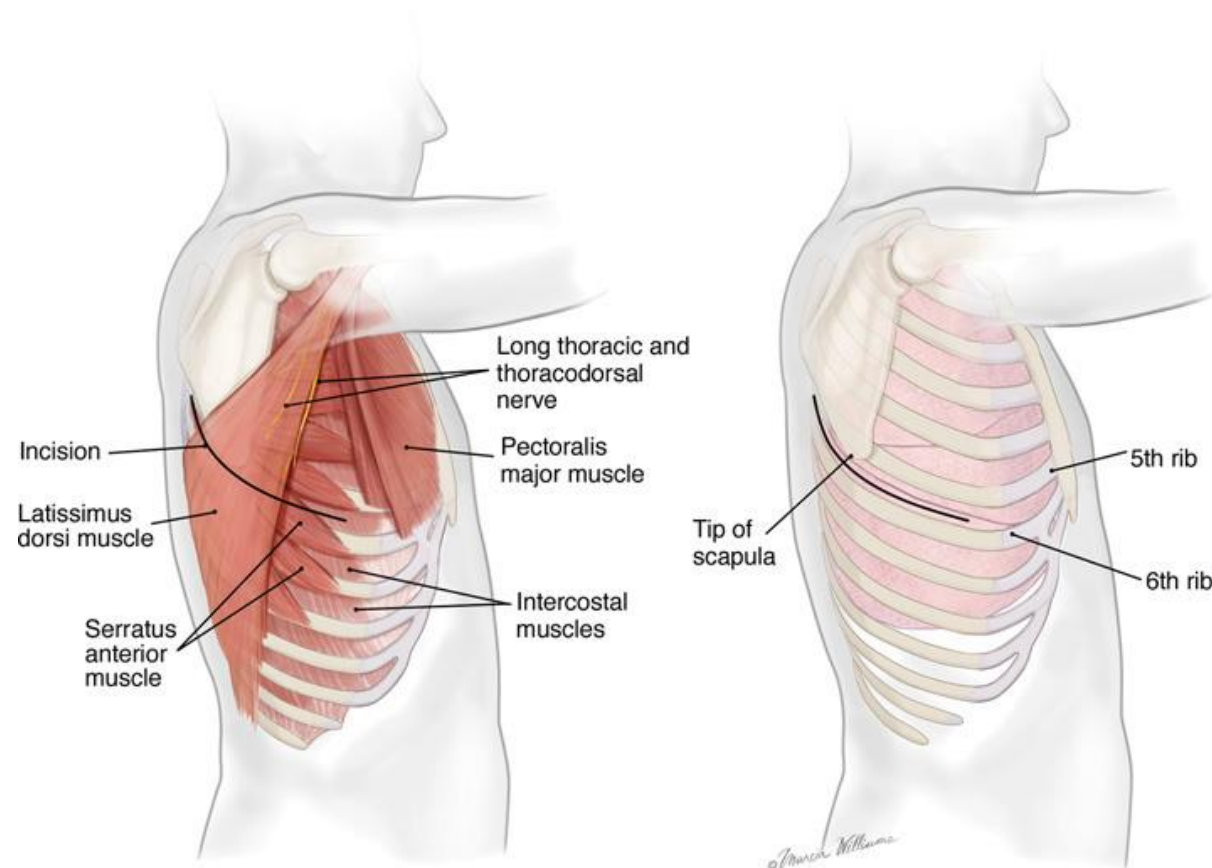


Incision algorithm.





# Posterolateral Thoracotomy



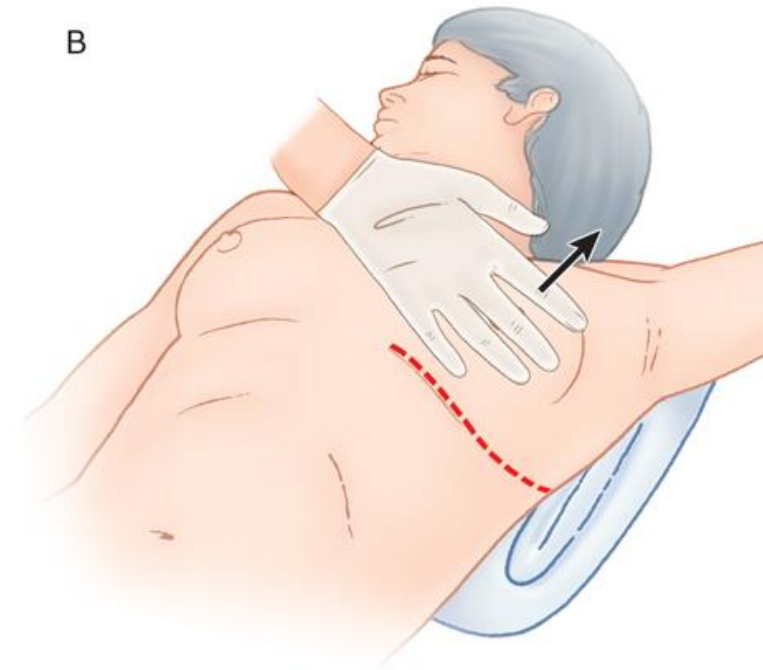
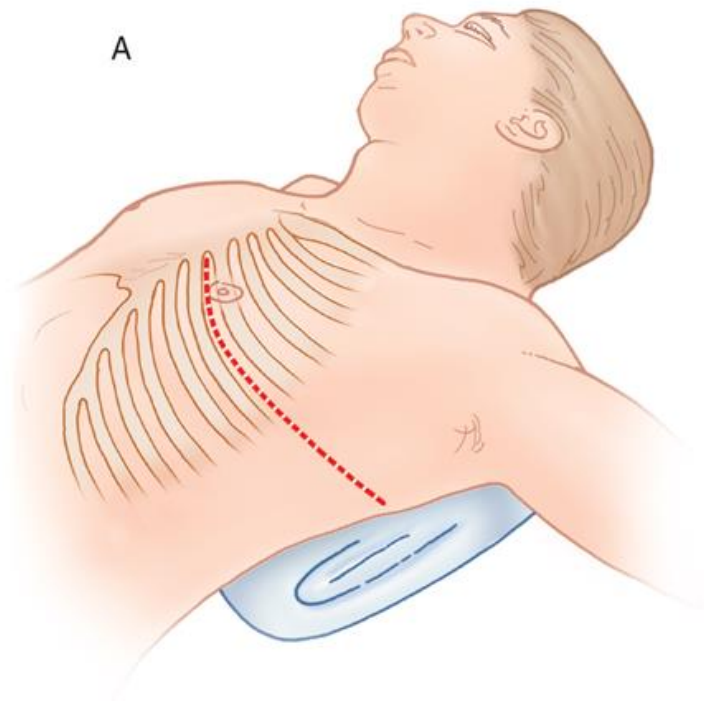
Source: Sugarbaker DJ, Bueno R, Krasna MJ, Mentzer SJ, Zellos L: *Adult Chest Surgery*; <http://www.accesssurgery.com>

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**descending thoracic aorta, esophagus, azygous vein,  
and the mediastinal trachea and bronchi**



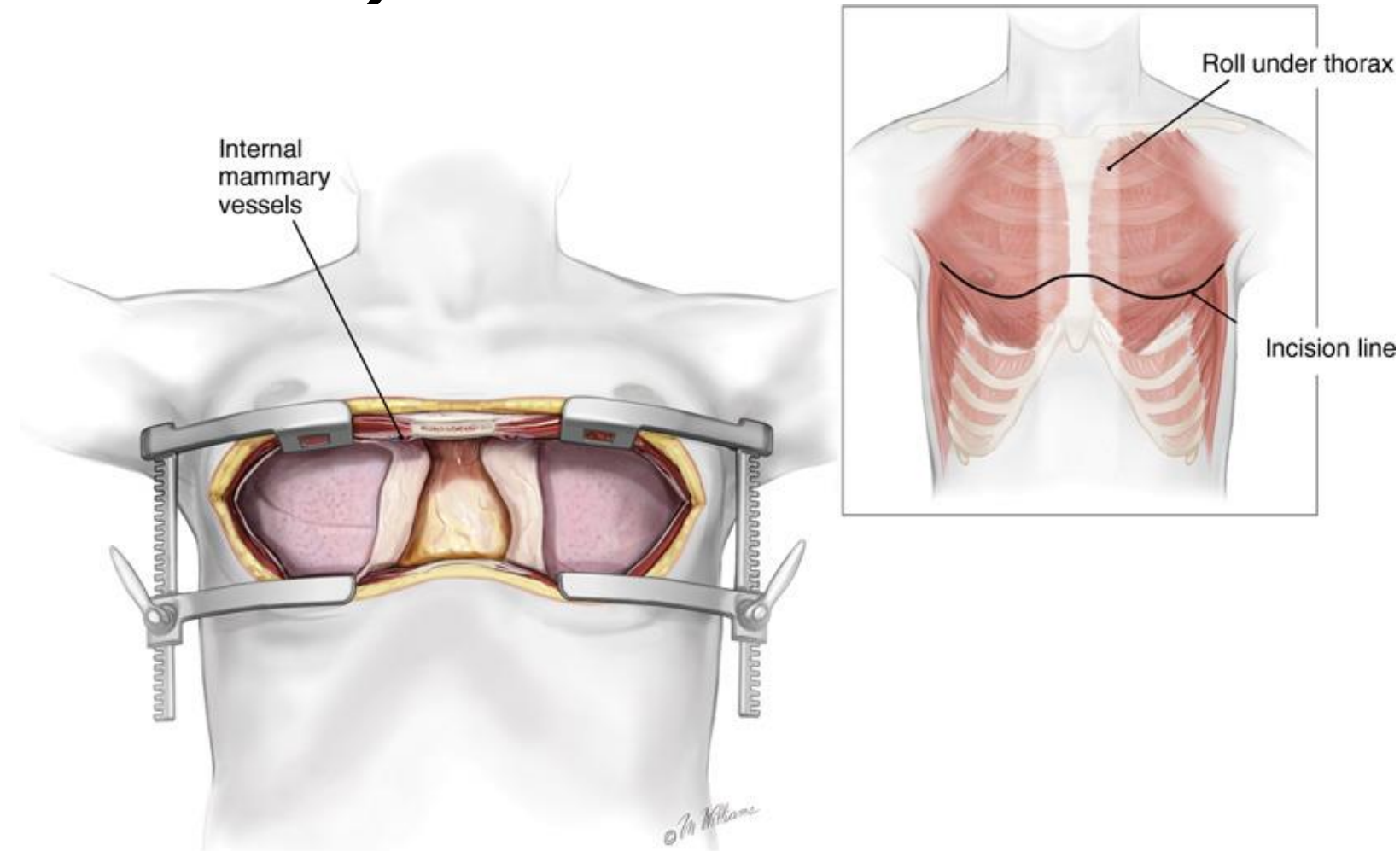
# Anterolateral Thoracotomy



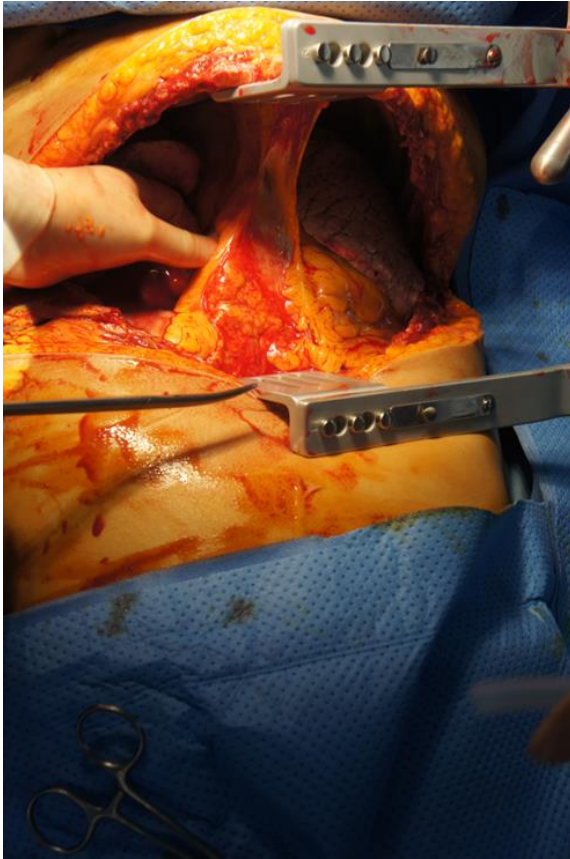
Source: Reichman EF: *Emergency Medicine Procedures, Second Edition*; www.accessemergencymedicine.com  
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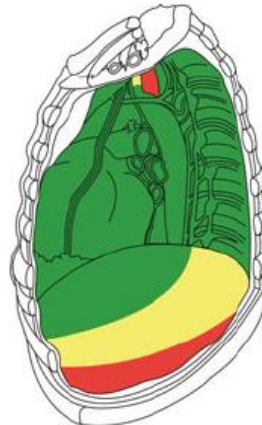
# Transverse Thoracosternotomy (Clamshell)



# Clamshell Thoracotomy



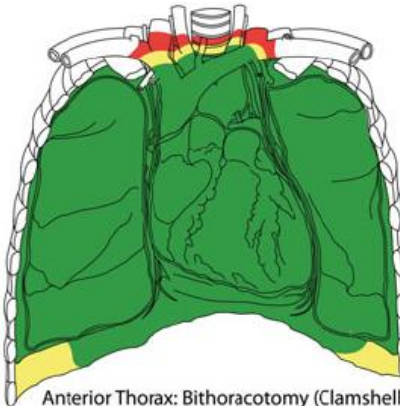
E



Left Hemithorax: Bithoracotomy (Clamshell)



Right Thorax: Bithoracotomy (Clamshell)



Anterior Thorax: Bithoracotomy (Clamshell)



Inferoposterior Heart: Bithoracotomy

**Bilateral Anterior Thoracotomy (Clamshell Incision) Is the Ideal Emergency Thoracotomy Incision: An Anatomic Study**

Eric R. Simms · Alexandros N. Flaris ·  
Xavier Franchino · Michael S. Thomas ·  
Jean-Louis Caillot · Eric J. Voiglio

*Conclusions* In severe thoracic trauma, specific injuries are unknown, even if they can be anticipated. The best incision is therefore one that provides the most rapid and definitive access to all thoracic structures for assessment and control. While the right and left anterolateral incisions may be successfully employed by surgeons with extensive experience in ET, the clamshell incision remains the superior incision choice.



# Thoracic Damage Control Surgery Technique



# HILAR CONTROL





**Fig. 3.** *Manual control of right pulmonary hilum by primary surgeon.*



**Fig. 4.** *Lower lobe retraction and inferior pulmonary ligament division by first assistant.*



**Fig. 5.** *Hand-over-hand transfer of manual hilar control from first assistant back to primary surgeon, with preparation for hilar cross clamping by the primary surgeon.*



**Fig. 6.** *Noncrushing clamp securely across right pulmonary hilum.*



# **PULMONARY HILUM TWIST**





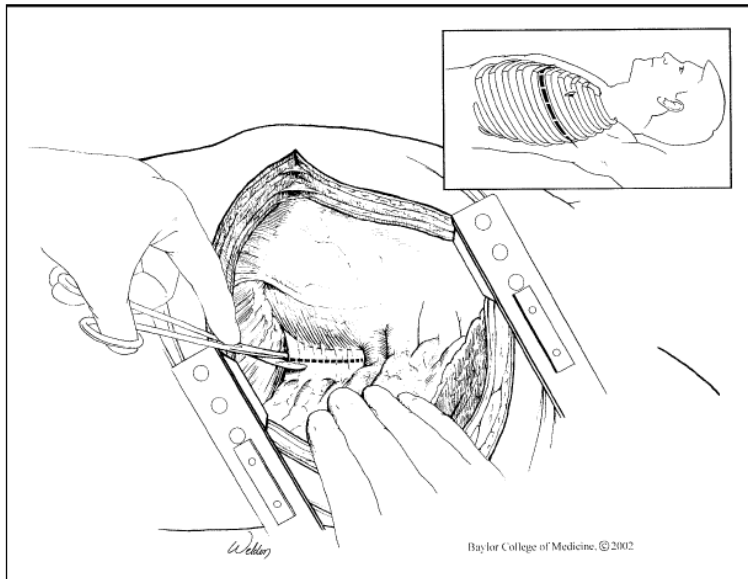


Fig. 1. Sharply divide the inferior pulmonary ligament. The ligament should be divided to the level of the inferior pulmonary vein.

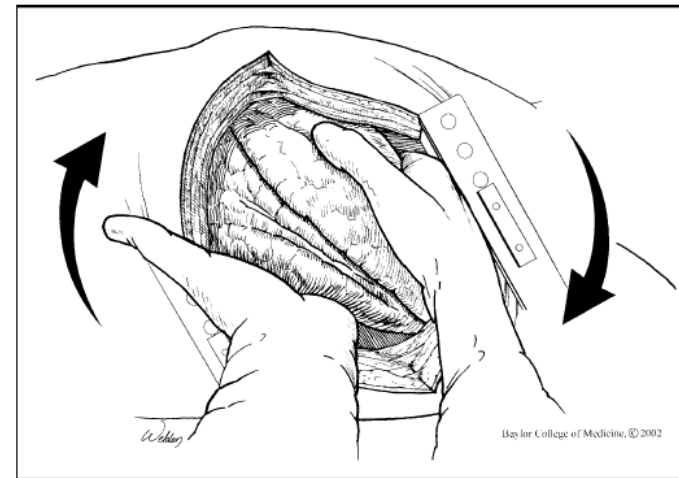


Fig. 2. Place one hand on the anterior aspect of the upper lobe and the other hand on the posterior aspect of the lower lobe. Rotate the lower lobe anteriorly and the upper lobe posteriorly 180 degrees.

Wilson A, Wall MJ Jr, Maxson R, Mattox K. The pulmonary hilum twist as a thoracic damage control procedure. *Am J Surg.* 2003 Jul;186(1):49-52.



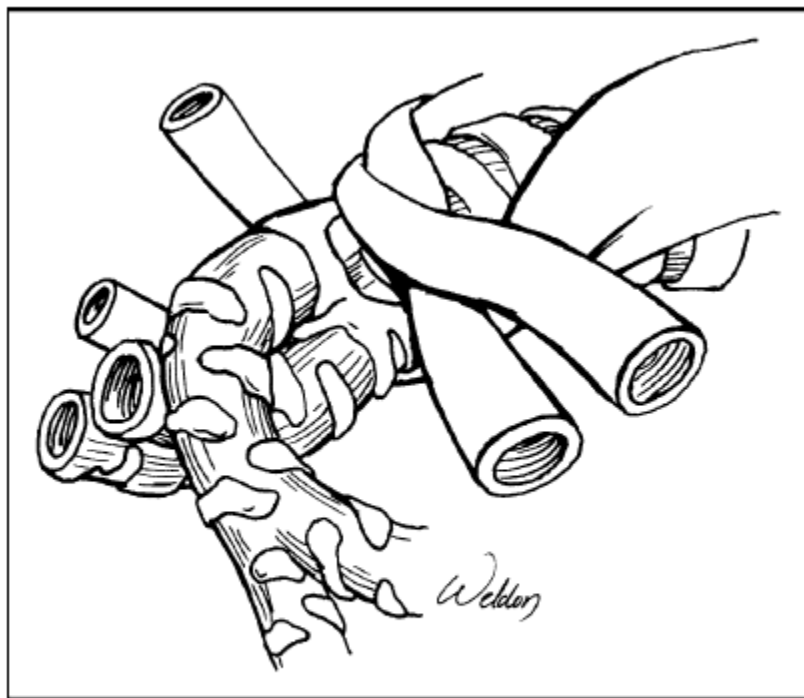


Fig. 4. The vascular structures will be twisted around the bronchus with effective occlusion.



Wilson A, Wall MJ Jr, Maxson R, Mattox K. The pulmonary hilum twist as a thoracic damage control procedure. *Am J Surg.* 2003 Jul;186(1):49-52.

# Lung Sparing Technique



# Stapled pulmonary tractotomy

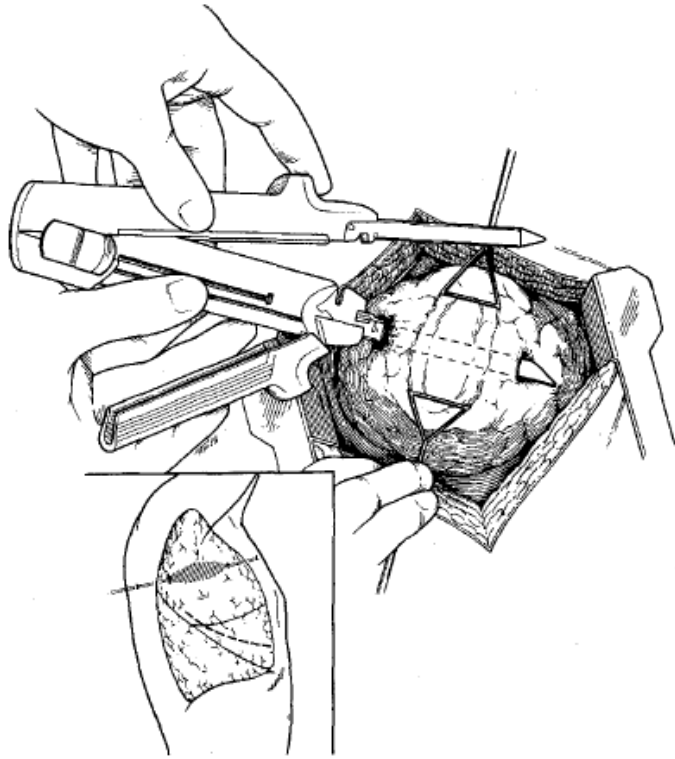


FIG 1. Missile penetrating the pulmonary parenchyma, creating description of pulmonary tissue and deep intraparenchymal bleeding. Stapling device is placed into the orifices of the entrance and exit wounds.

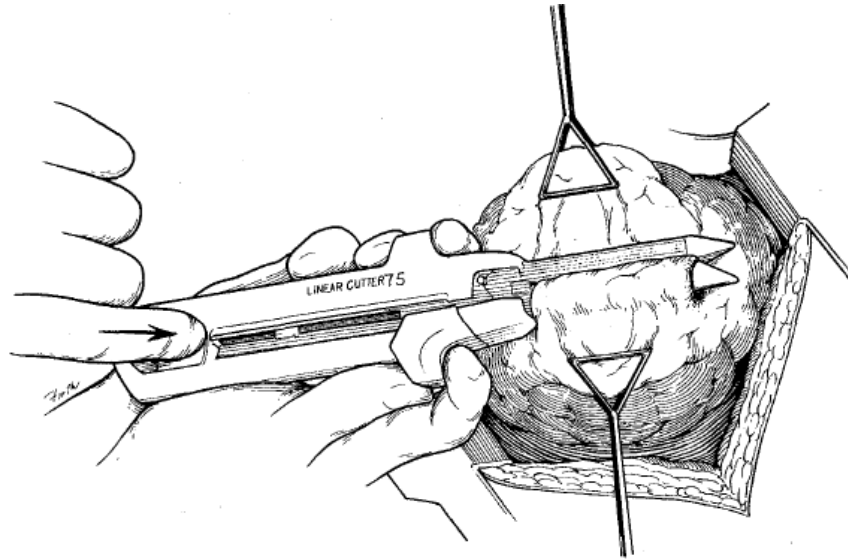


FIG 2. Stapling device is closed and fired to create the tractotomy.

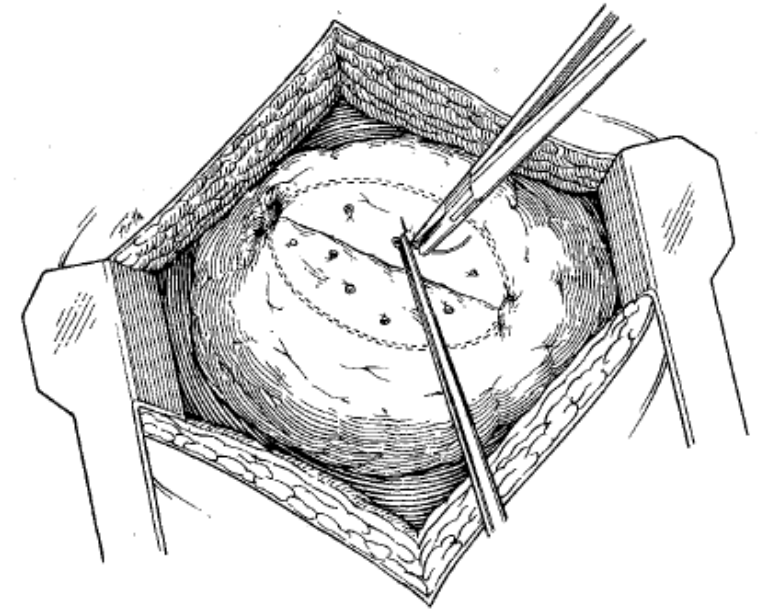
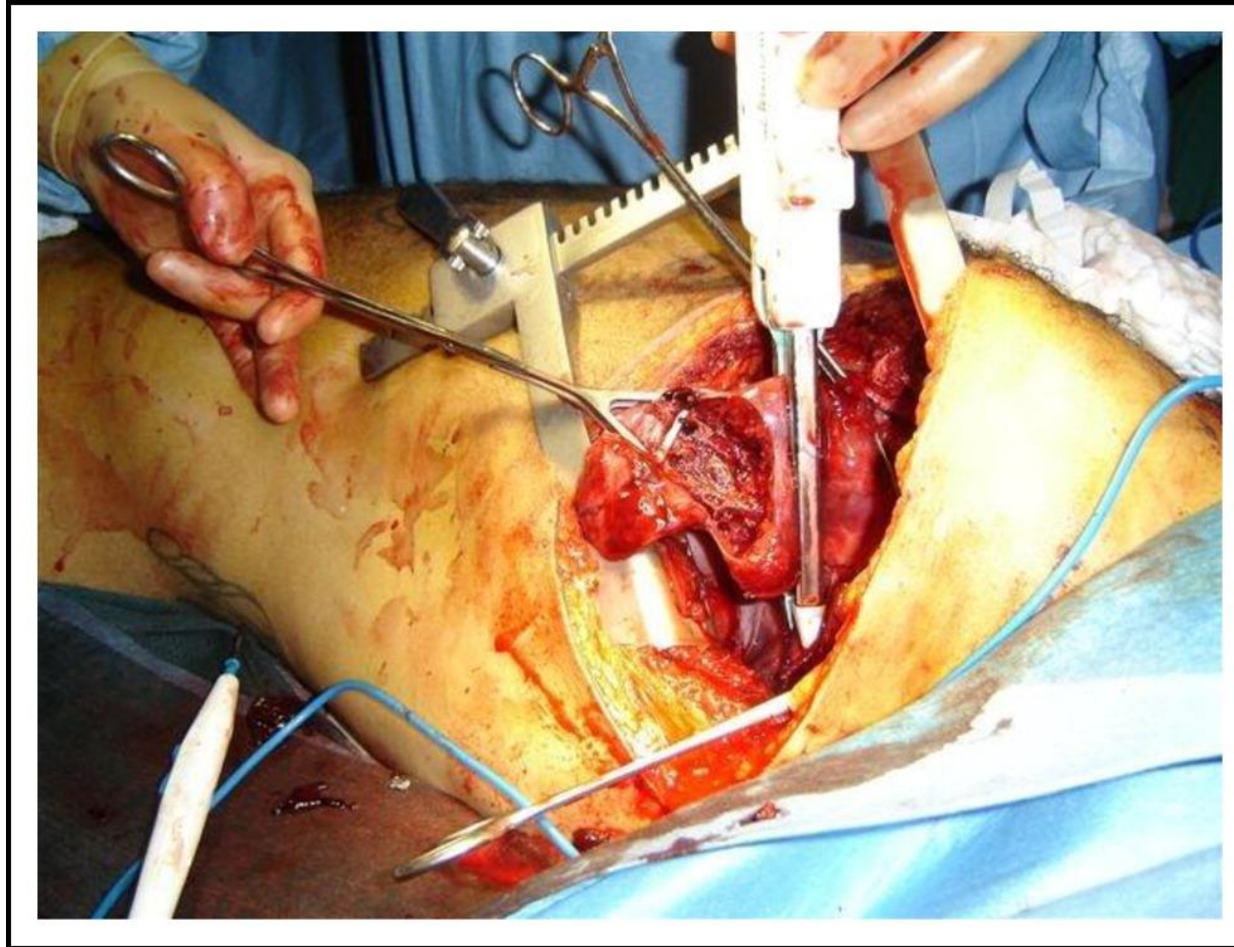


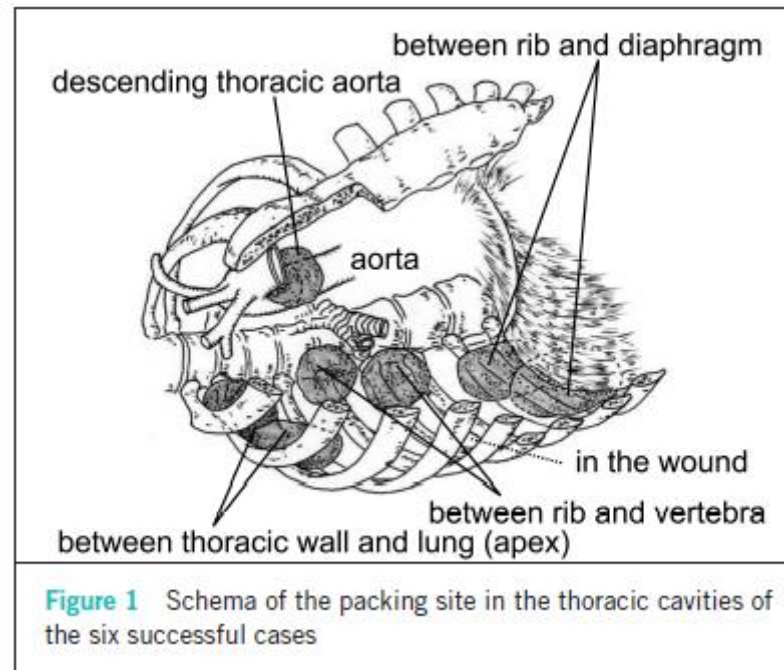
FIG 3. Tractotomy exposes the bleeding vessels, which are then selectively ligated.



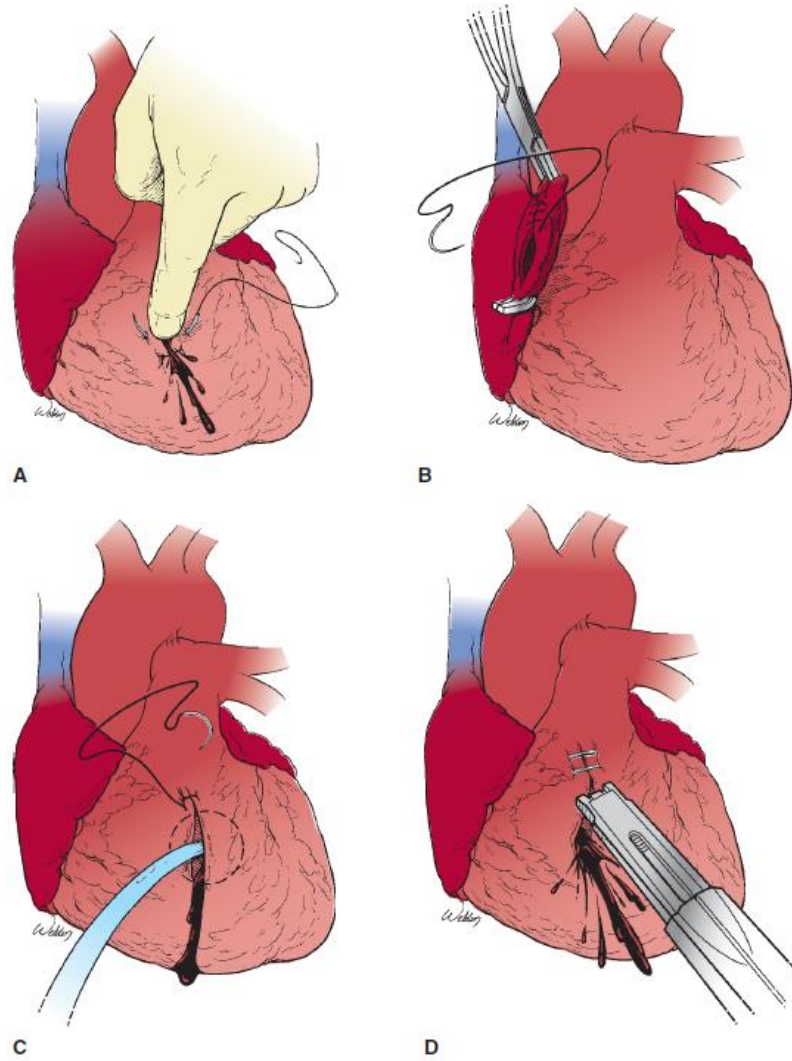
# Wedge resection



Y Moriwaki, H Toyoda, N Harunari, M Iwashita, T Kosuge, S Arata, N Suzuki  
Gauze packing as damage control for uncontrollable haemorrhage in severe thoracic Trauma.  
*Ann R Coll Surg Engl* 2013; 95: 20–25



Management of Specific Injuries



**FIGURE 26-3** Temporary techniques to control bleeding. (A) Finger occlusion; (B) partial occluding clamp; (C) Foley balloon catheter; (D) skin staples. (Copyright © Baylor College of Medicine, 2005.)



## Damage-control techniques in the management of severe lung trauma

Alberto Garcia, MD, Juan Martinez, MD, Julio Rodriguez, MD, Mauricio Millan, MD, Gustavo Valderrama, MD, Carlos Ordoñez, MD, and Juan Carlos Puyana, MD, Cali, Colombia

DCT mortality in pulmonary trauma was 6 (24%) of 25 because of coagulopathy, or persistent bleeding in 5 patients and multiorgan failure in 1 patient.

**RESULTS:**

A total of 840 trauma thoracotomies were performed. DC thoracotomy (DCT) was performed in 31 patients (3.7%). Pulmonary trauma was found in 25 of them. The median age was 28 years (interquartile range [IQR], 20–34 years), Revised Trauma Score (RTS) was 7.11 (IQR, 5.44–7.55), and Injury Severity Score (ISS) was 26 (IQR, 25–41). Nineteen patients had gunshot wounds, four had stab wounds, and two had blunt trauma.

Pulmonary trauma was managed by pneumorrhaphy in 3, tractotomy in 12, wedge resection in 1, and packing as primary treatment in 8 patients. Clamping of the pulmonary hilum was used as a last resource in seven patients. Five patients returned to the intensive care unit with the pulmonary hilum occluded by a vascular clamp or an en masse ligature. These patients underwent a deferred resection within 16 hours to 90 hours after the initial DCT. Four of them survived.

Bleeding from other intrathoracic sources was found in 20 patients: major vessels in nine, heart in three, and thoracic wall in nine.

DCT mortality in pulmonary trauma was 6 (24%) of 25 because of coagulopathy, or persistent bleeding in 5 patients and multiorgan failure in 1 patient.

**CONCLUSION:**

This series describes our experience with DCT in severe lung trauma. We describe pulmonary hilum clamping and deferred lung resection as a viable surgical alternative for major pulmonary injuries and the use of packing as a definitive method for hemorrhage control. (*J Trauma Acute Care Surg.* 2015;78: 45–51. Copyright © 2015 Wolters Kluwer Health, Inc. All rights reserved.)

**LEVEL OF EVIDENCE:**

Epidemiologic study, level V.

**KEY WORDS:**

Thoracic injuries; lung injury; penetrating; damage control; deferred pneumonectomy.





THANK YOU FOR YOUR ATTENTION

