

2015. 5. 20 대한흉부외과학회 신입전공의 워크샵. 강촌

흉부외과 1년차의 기본술기

-이론과 실제-

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31 May 2011

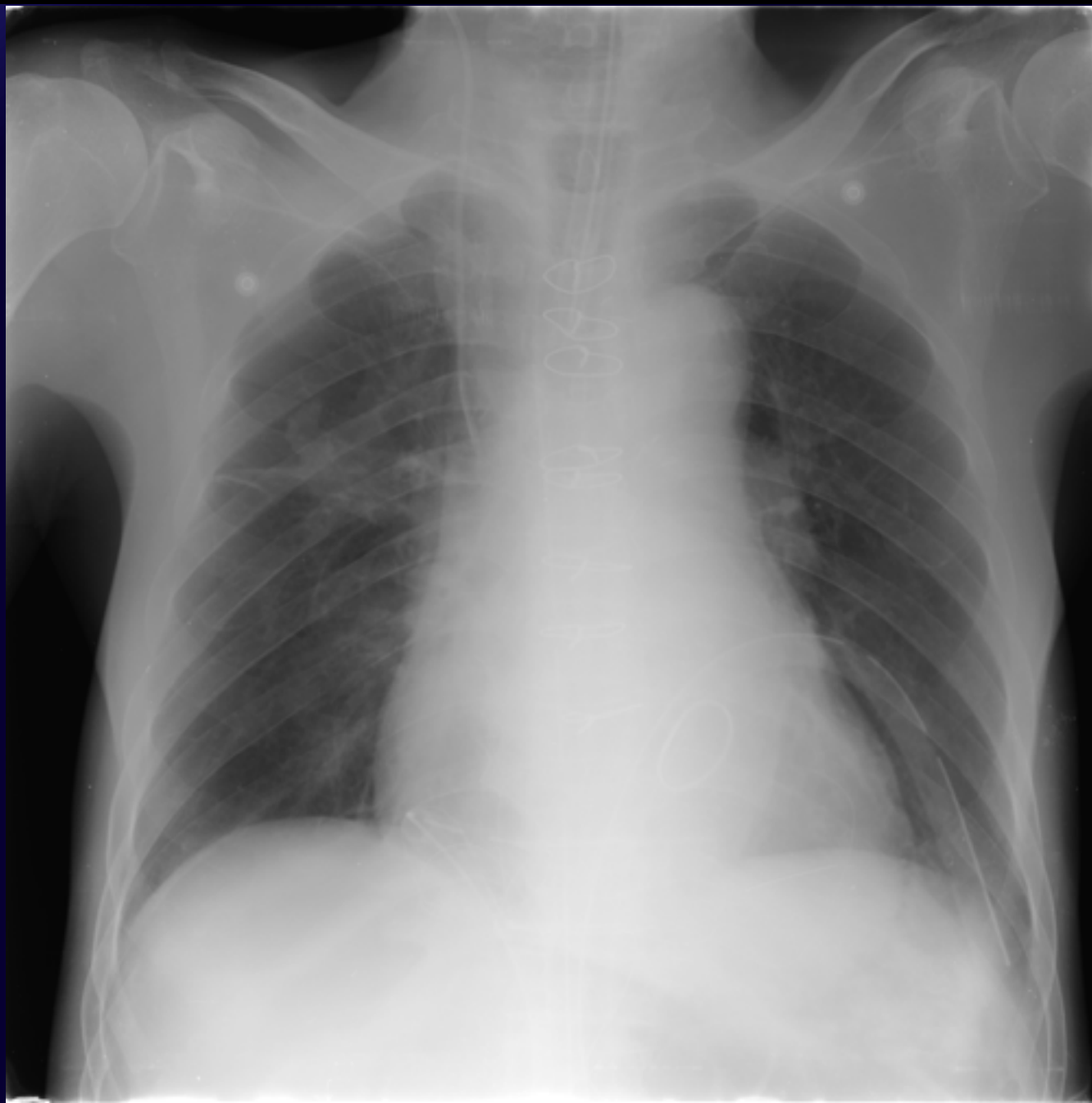
I do believe.....

**Faith, Passion, Devotion
→ Meaning of CTS**

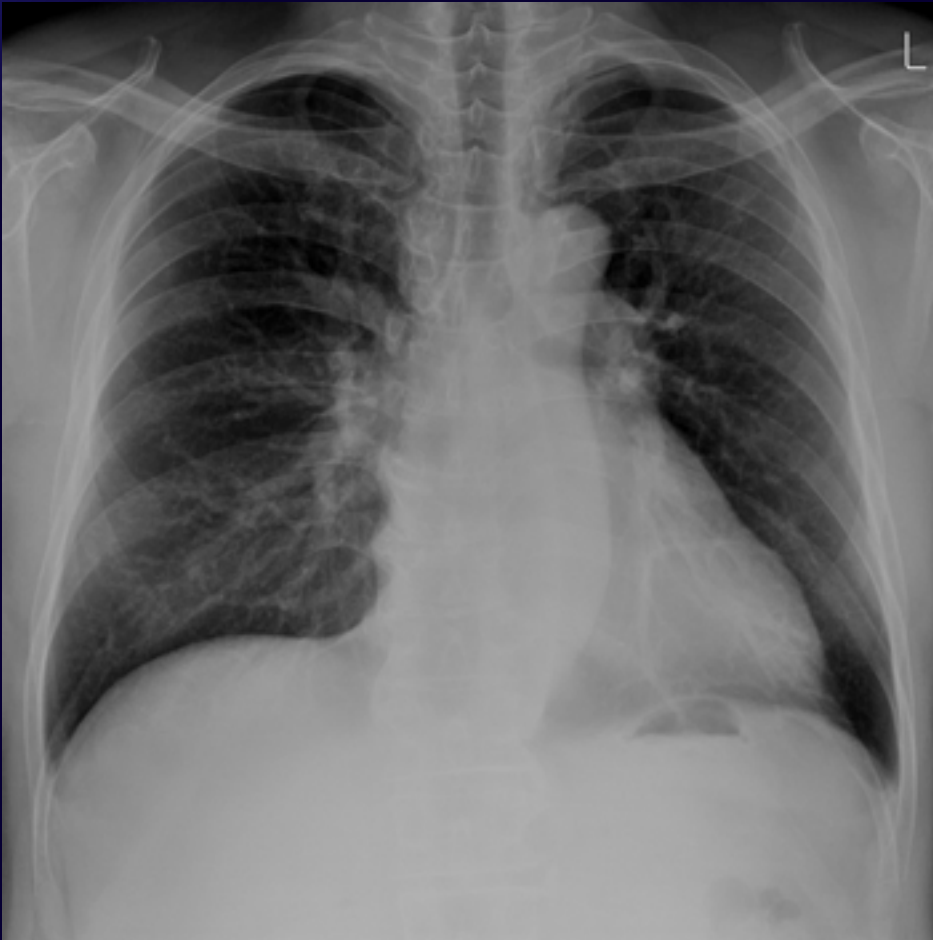
Post OP change



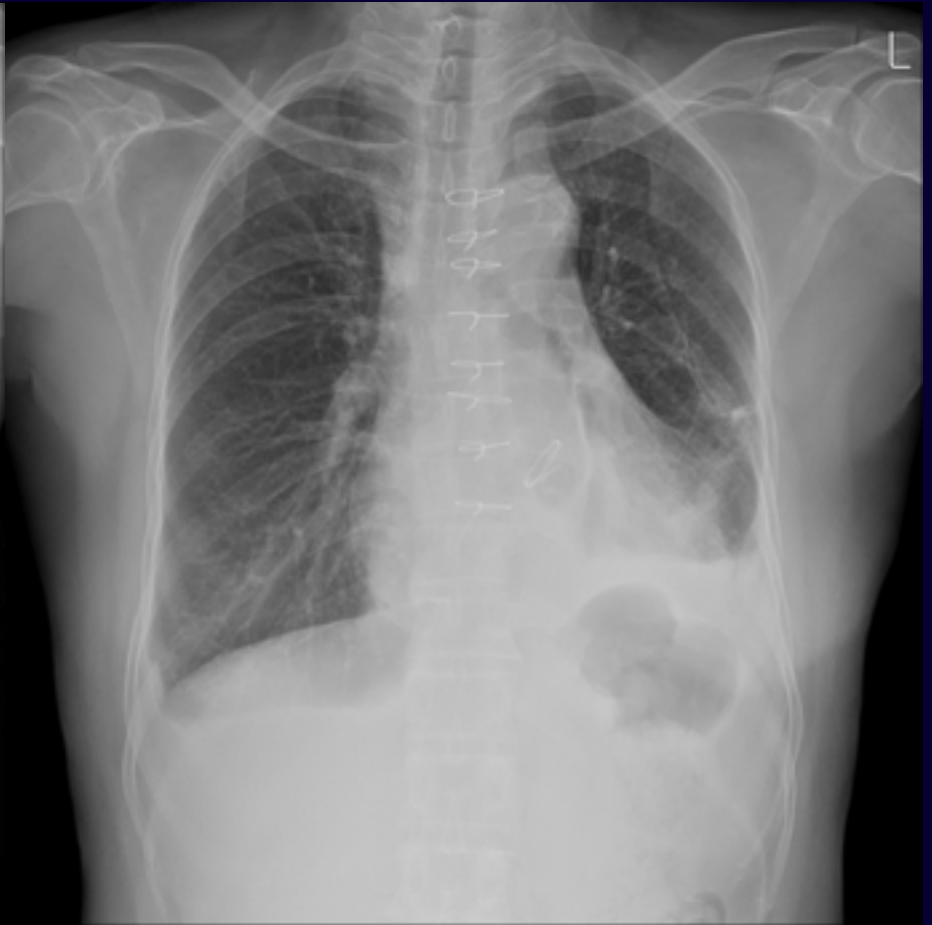
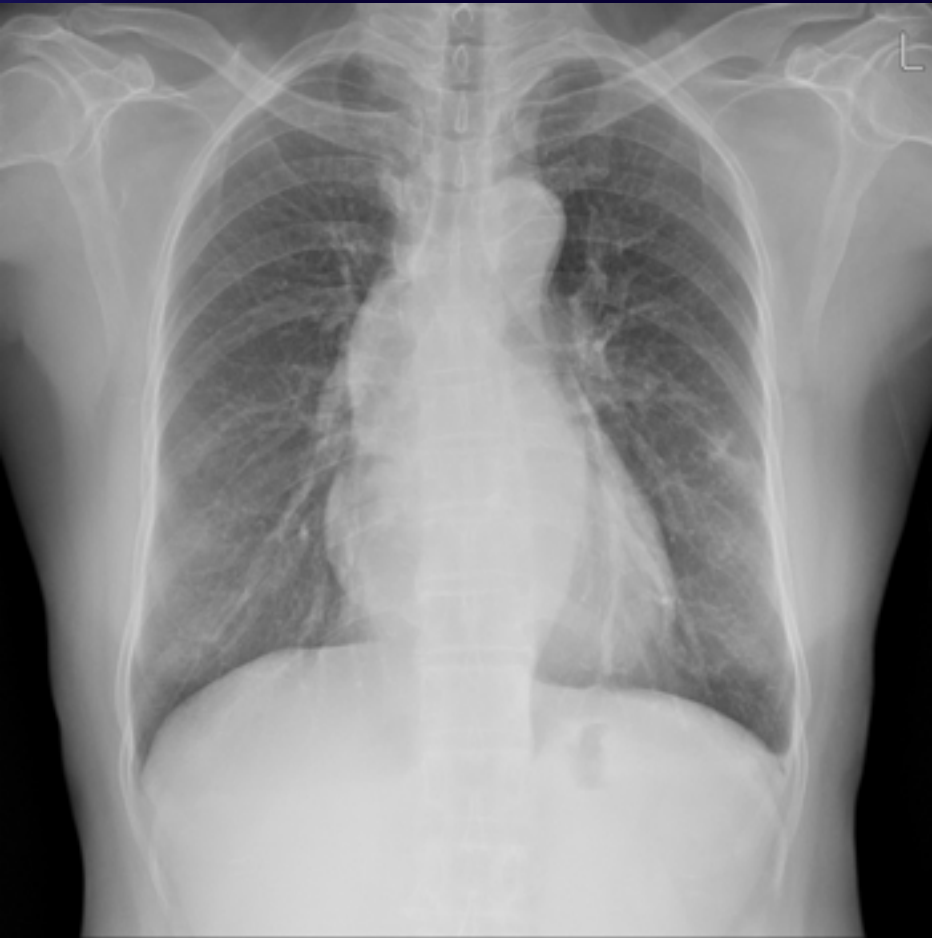
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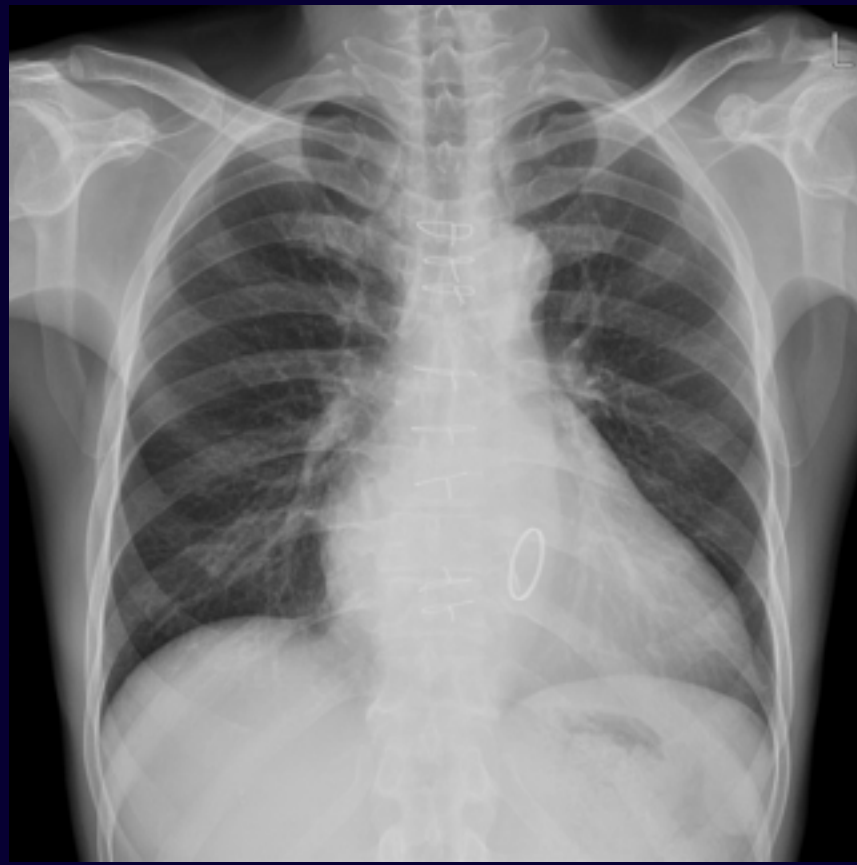
Post OP change



Post OP change



Post OP change



Post OP change



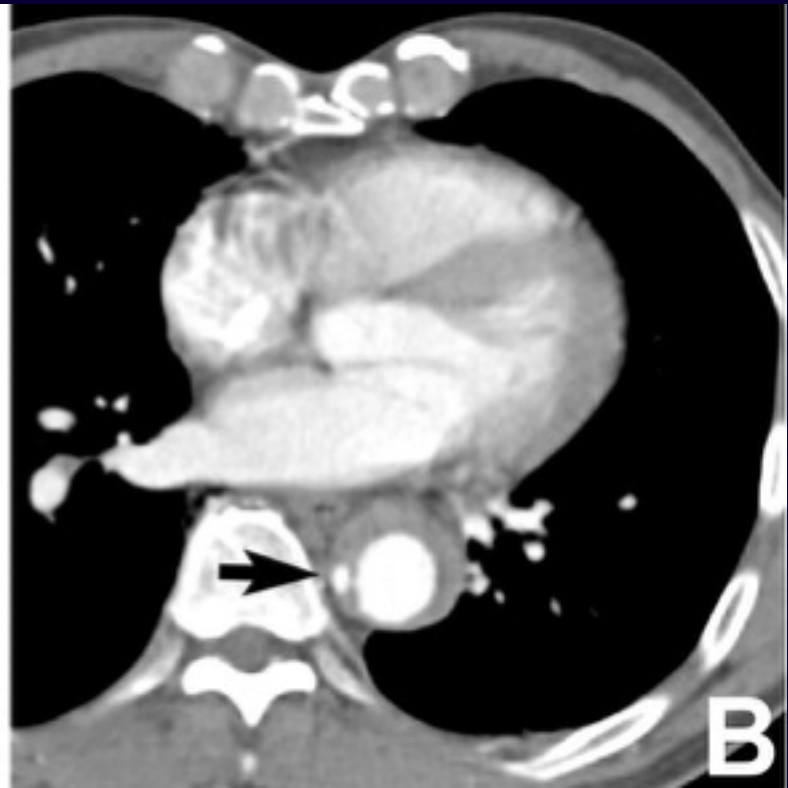
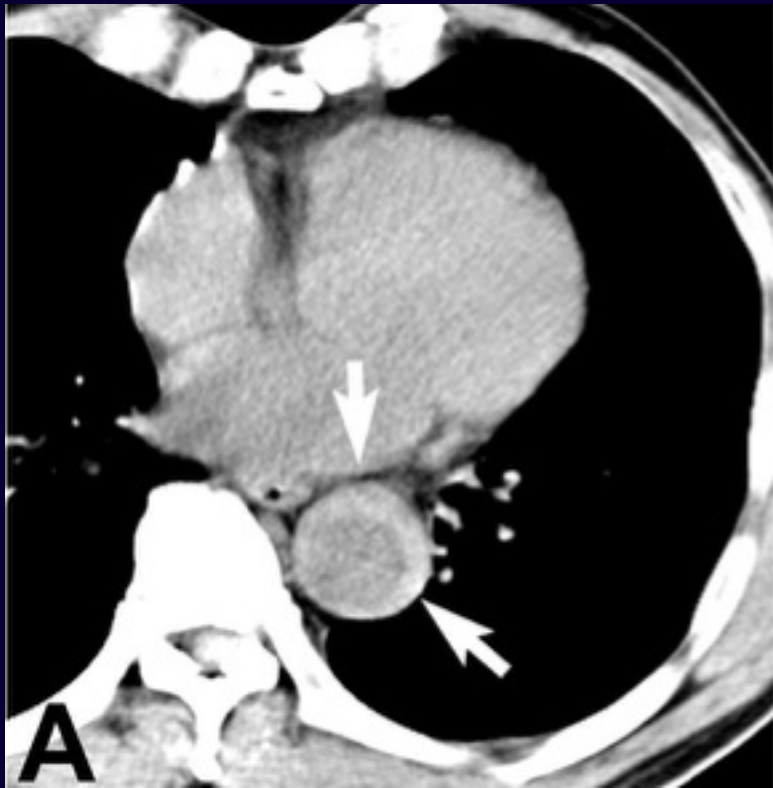
Acute chest pain with dyspnea
Total hip replacement 7 days earlier



Acute chest pain with dyspnea



Acute chest pain



- 1. Endotracheal Intubation**
- 2. Central line Insertion**
- 3. A-line Insertion**
- 4. Closed Thoracostomy**

1. Endotracheal Intubation

Anatomy

Upper Airway

- Oral cavity, Pharynx, Larynx, Trachea
- Vallecula fossa

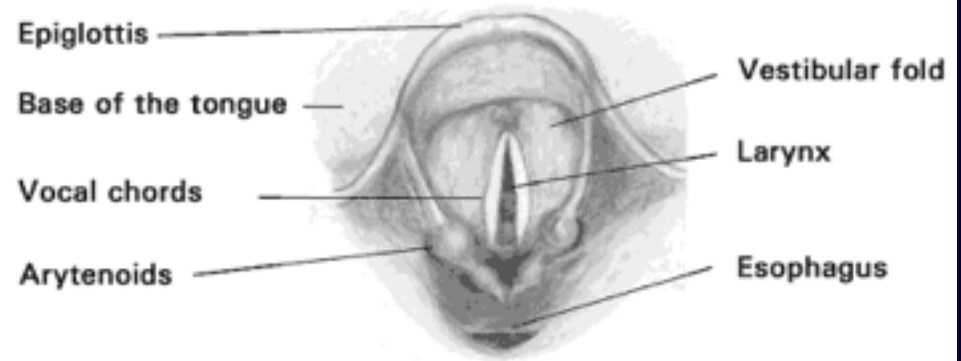
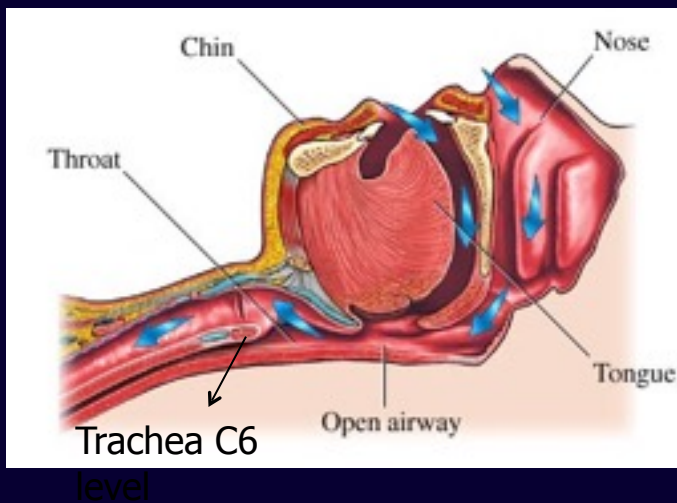
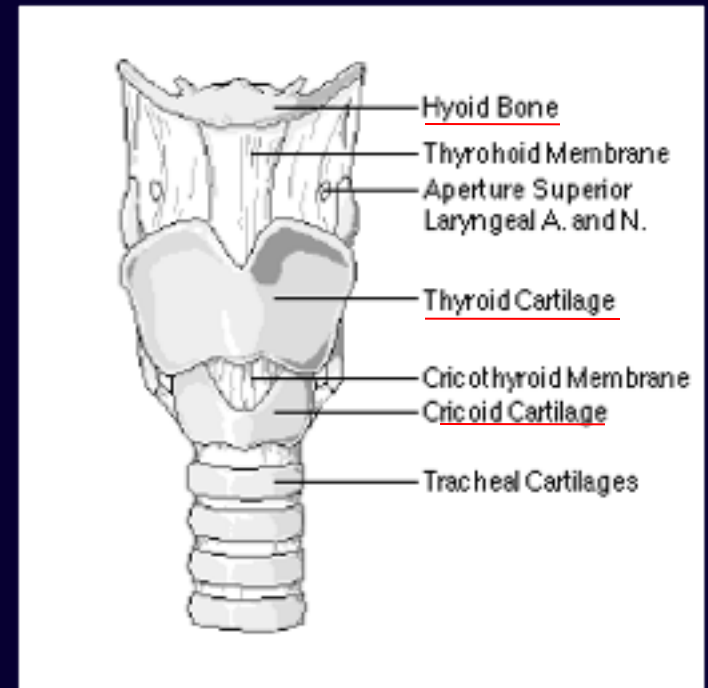


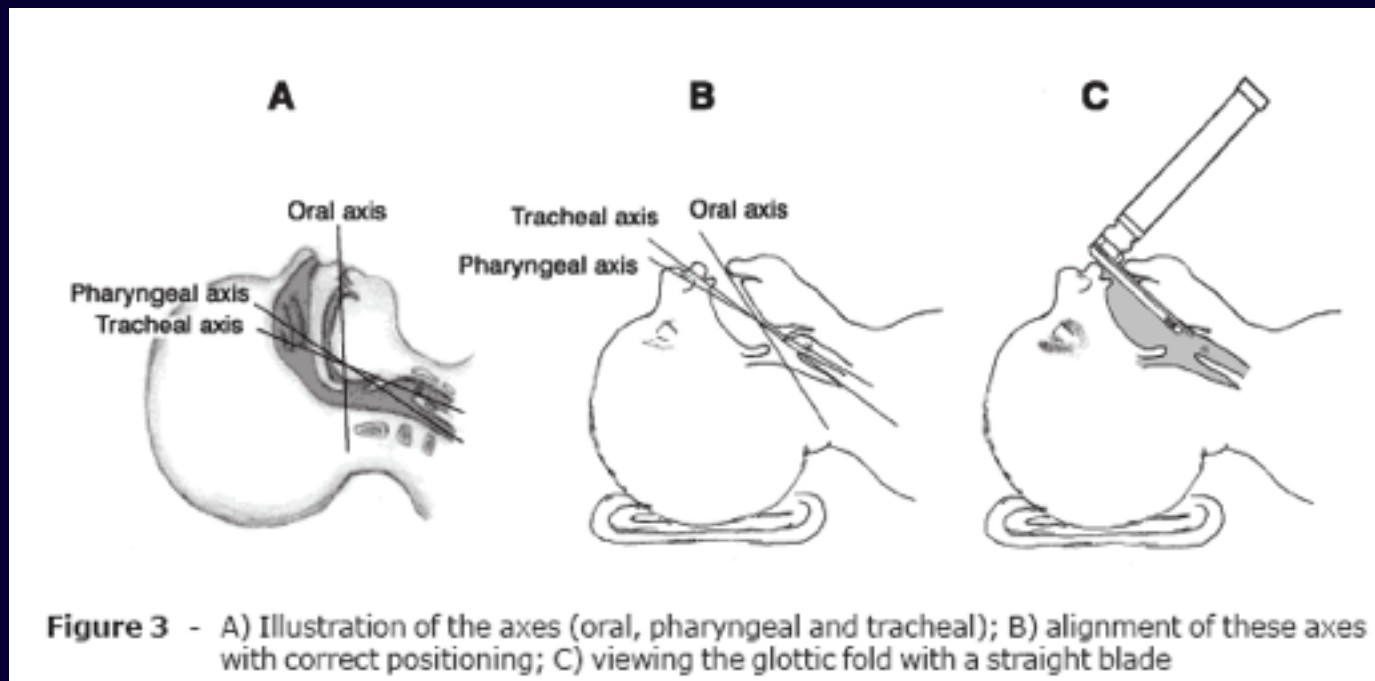
Figure 1 - View of the glottic area via direct laryngoscopy

Anatomy

Upper Airway -3 Axis

-Oral Axis, Pharyngeal Axis, Tracheal Axis

-Need pillow under subscapular lesion (children) or occipital bone(Adult)



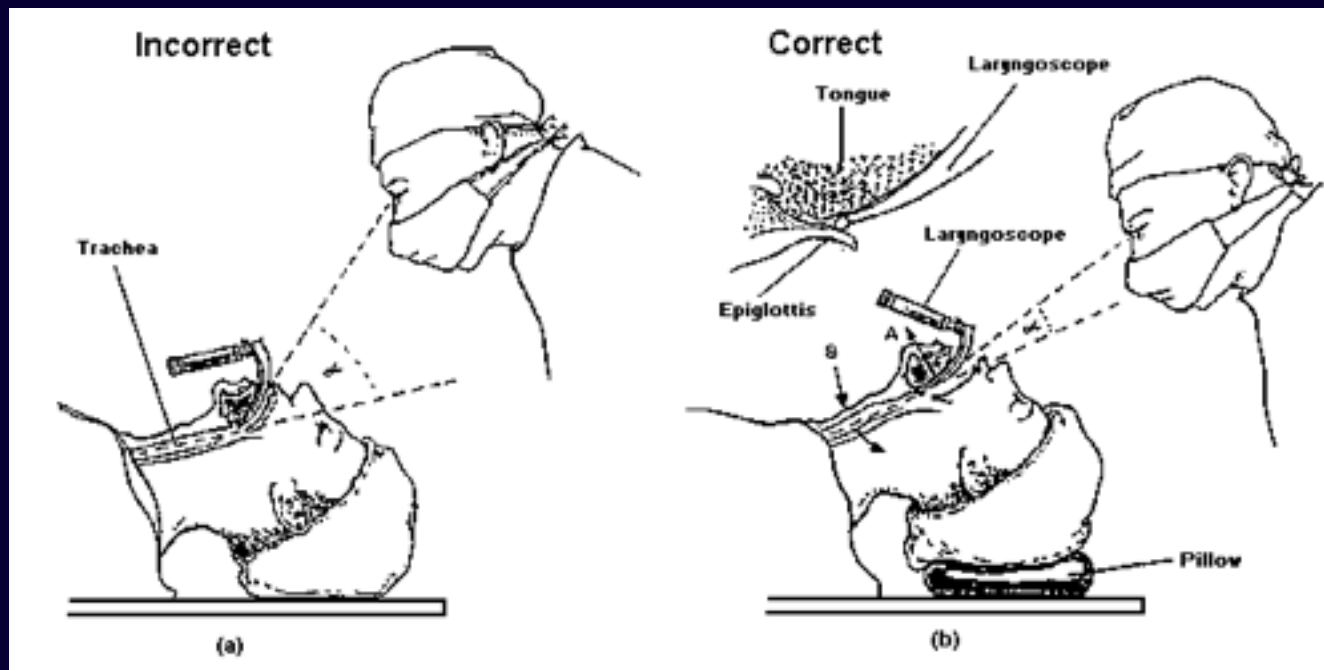
Anatomy

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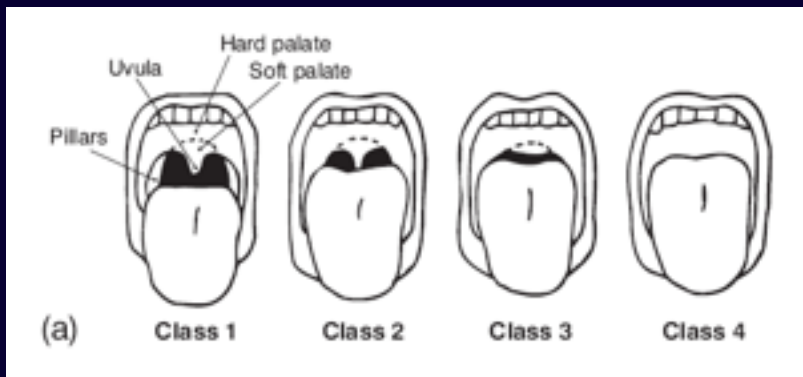
“ Sniffing Position”



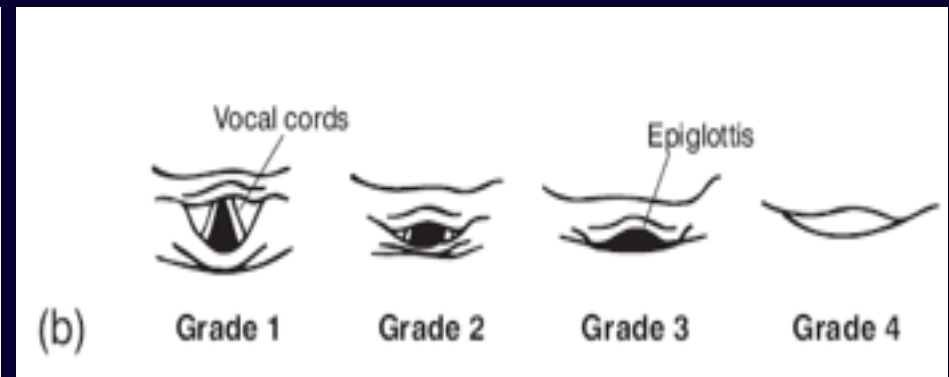
Anatomy

Difficult Airway ;

- Correlation between Samsoon Class and Cormack Grade
- Importance of preoperative checking



Samsoon Classification



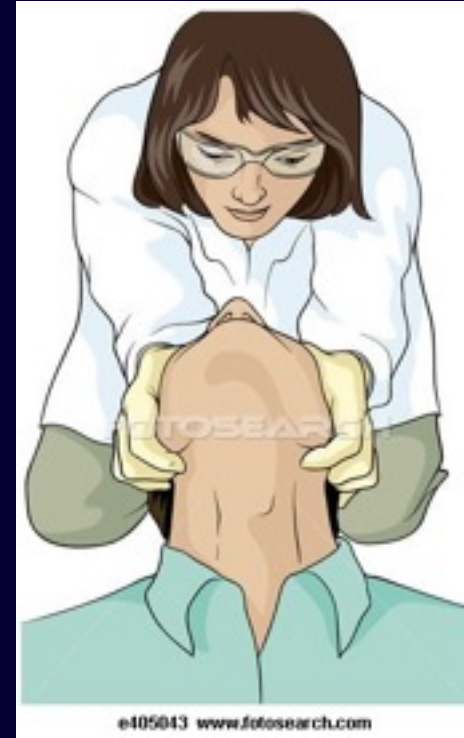
Cormack Grading system

Non Intubation Management

Triple Airway Maneuver, 삼중기도처치법

- Unconsciousness but (+) self respiration
- Head tilting, jaw thrust, chin lift : supra-laryngeal airway patency

D Benson et al. Resuscitation.1996;32(1):51-62



Endotracheal Intubation

Endotracheal tube, General

-Internal Diameter :

8.0(=8mm), 7.5(=7.5mm), 7.0(=7mm Bronchoscopic limit)

Adult male = 7.0-8.0

Adult female=6.5-7.5

In Children, Size=(Yrs+16)/4

-Depth :

21Cm for women, 23Cm for men

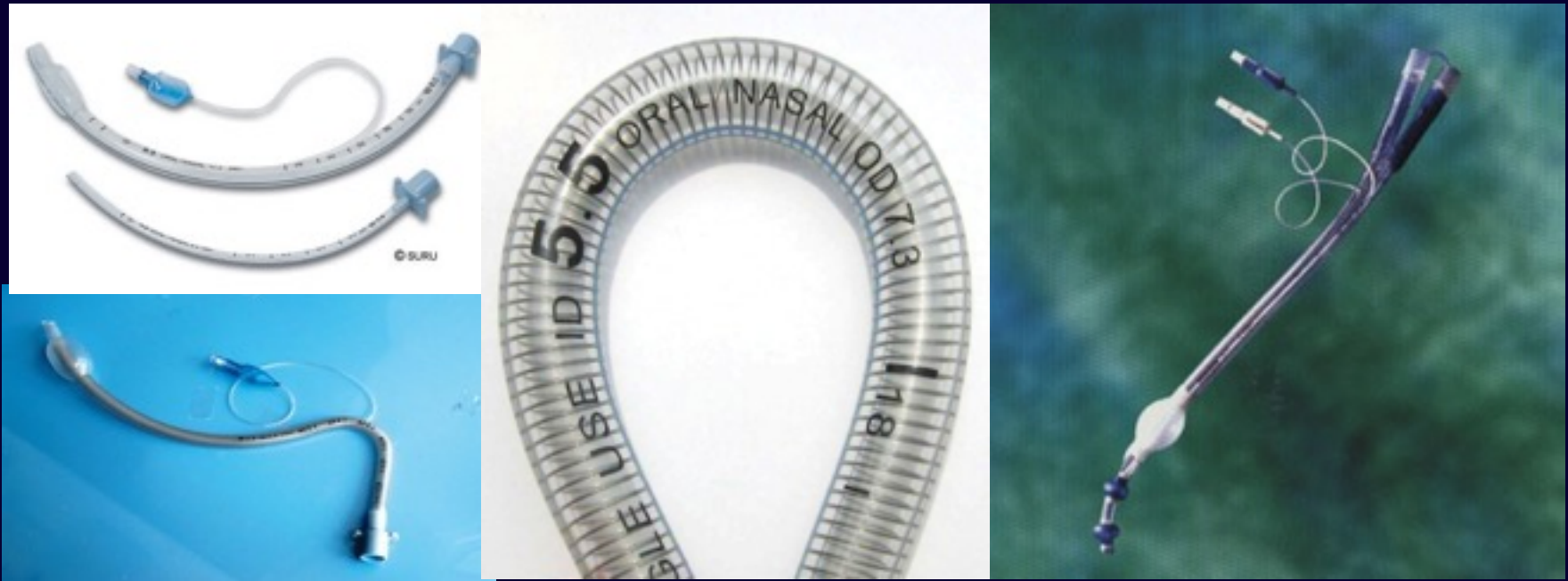
In Children, Depth Cm=10+Yrs/2



Endotracheal Intubation

Types of endotracheal tube

- Uncuffed tube : children under 12 yrs (narrowest in the subglottic area)
- Reinforced tube : internal metal ring
- Double lumen tube : protection of healthy lung
- Southfacing tube, Northfacing tube : no role in ICU



Endotracheal Intubation

Indications : any situation to maintain a patent and safe airway

PaO₂↓, not corrected by conventional oxygen supplement by mask and nasal prongs

PaCO₂↑ or Failure to maintain airway patency

- Swelling of upper airway : anaphylaxis, infection
- Facial or neck trauma with OroPharynx bleeding
- Decreased consciousness and loss of airway reflex

Bronchial Toiletting

- Failure to protect airway aspiration

Failure to ventilate

- General Anesthesia

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992.
SAUNDERS.

Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

Contra-Indications :

Severe Airway Trauma or Obstruction, that does not permit safe passage of an endotracheal tube. → Emergency Cricothyrotomy

Cervical spine injury need for complete immobilization. → Fiberoptic intubation

Inability to open mouth (e.g. trismus, scleroderma) → nasal intubation

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.

Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

Double lumen Endotracheal tube

Absolute Indication

- Soilage risk – hemoptysis pts.
- Ventilation control
- Bronchopulmonary lavage

Relative Indication

- Lung resection surgery
- Thoracoabdominal aneurysm repair
- Esophageal surgery
- VATS
- Thoracic spine surgery

Endotracheal Intubation

Preparing the Procedure : Equipments

1. Ambu bag & Oxygen line
2. Suction tip
3. Laryngoscope : curved and straight
4. E-tube : size, type
5. Oral airway
6. Stylets
7. Syringe : 10mml
8. Sedative and relaxative drug
9. Lubricant
10. gloves

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.

Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

Preparing the Procedure : **SALT !!**

Suction : remove the oral contents

Airway : lift the tongue off the post. Pharynx.

Laryngoscope : confirming the light

Tube : available size

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992.
SAUNDERS.

Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

P/Ex : Difficulty Check !!

1. Head shape
micrognathia, mandibular hypoplasia, Down SD.
2. Protruding or prosthetic teeth
3. Large big tongue
trisomy 21, mucopolysaccharidoses
4. T-M joint mobility ↓
ankylosis, type 1 DM, trauma, RA
5. Oral cavity malformation
Laryngeal CA, edema, post OP edema

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.

Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

Induction(sedative) Agent !!

Etomidate dose- 0.3 mg/kg

advantage- Good for low blood pressure; okay in hypovolemia

cautions- Nausea and vomiting on emergence

Ketamine dose- 1.5 mg/kg

advantage- Good for low blood pressure, hypovolemia; good in asthma

Caution in elevated intracranial pressure or heart disease

Propofol dose- 2-2.5 mg/kg

advantage- Rapid onset and recovery

Caution if hypovolemic or risk of hypotension

Thiopental dose- 3-5 mg/kg

advantage- Multiple drug interactions

caution if hypovolemic or risk of hypotension

Endotracheal Intubation

Muscle relaxant !!

Succinylcholine dose 1 - 1.5 mg/kg

characteristic- Rapid onset, rapid recovery; fasciculation

Contraindicated in hyperkalemia, crush injury, renal failure, extensive burns, elevated intracranial or intraocular pressure

Rocuronium dose 0.6- 1.2 mg/kg

characteristic- No fasciculation

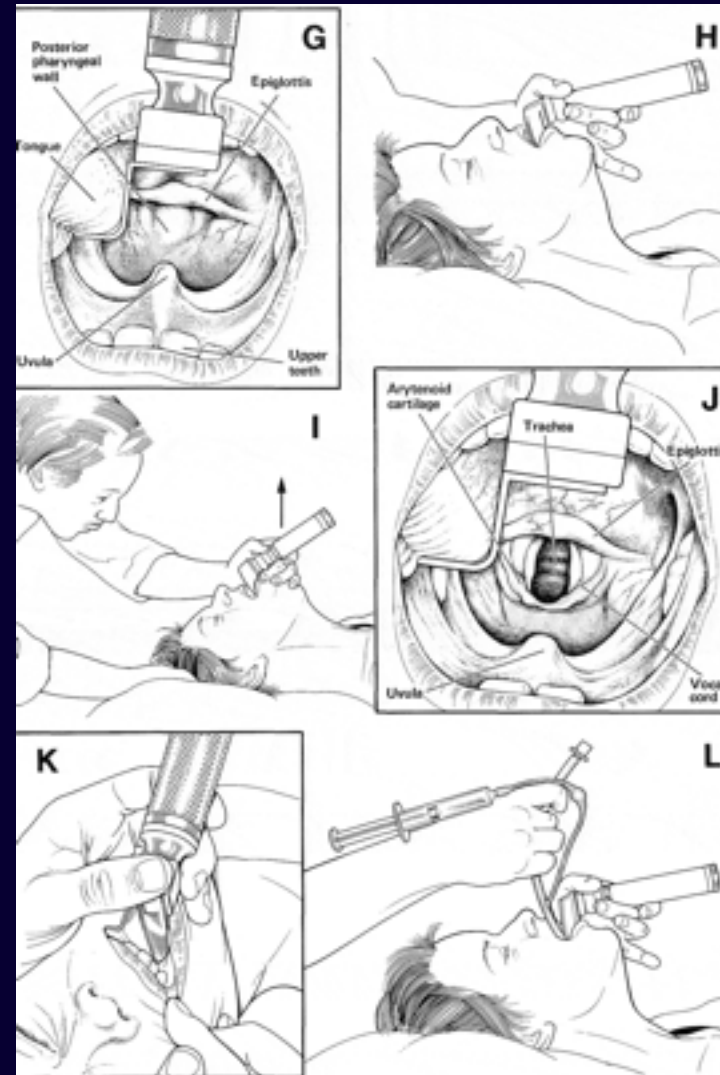
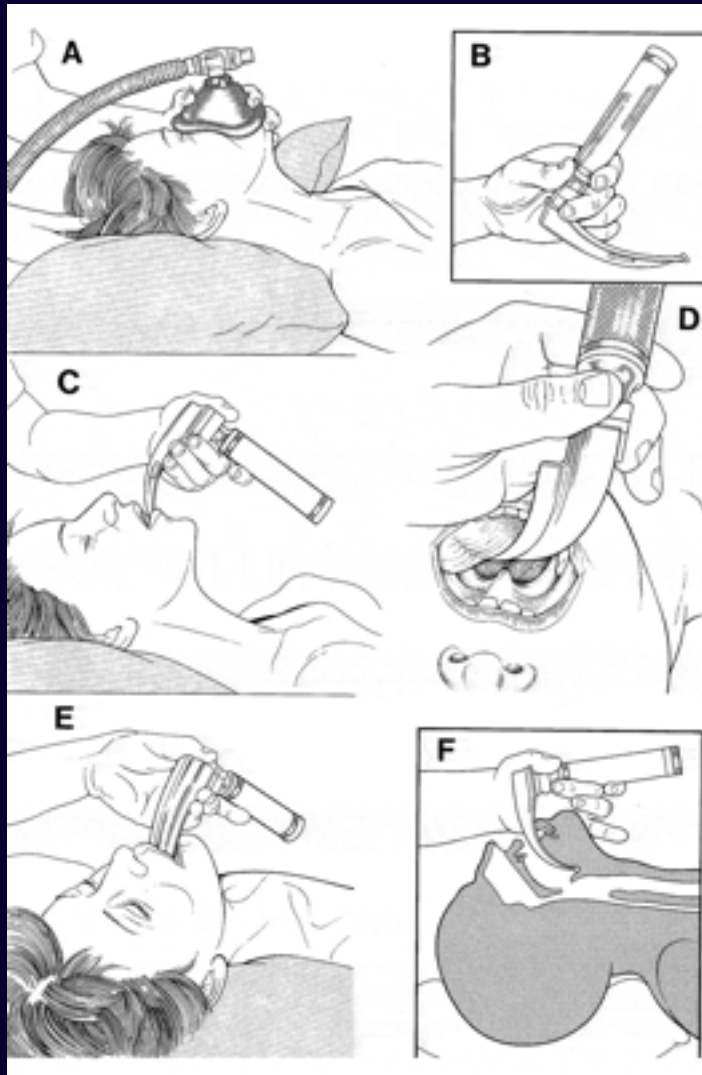
cautions- Longer acting-may be problematic if intubation attempt fails

Vecuronium dose 0.08 - 0.1 mg/kg, **Atracurium dose** 0.4 - 0.5 mg/kg

Endotracheal Intubation



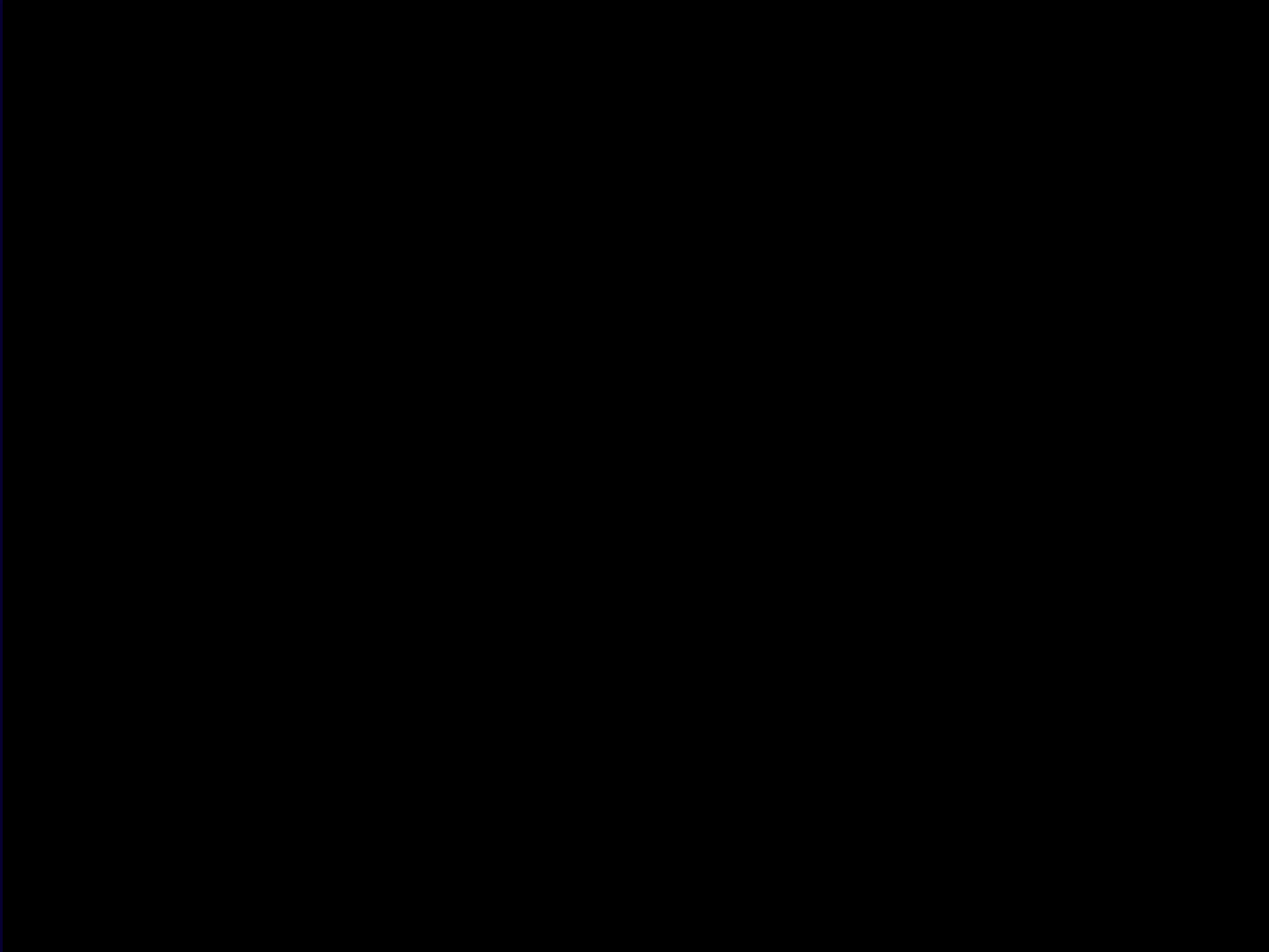
Protocol :



Endotracheal Intubation

intubation video.mp4

Protocol :



Endotracheal Intubation

Complications :

During intubation

Laryngospasm

Laceration lips,tongue,pharynx

Dislodgement of teeth

Perforation trachea,esophagus

Cervical spine injury

Haemorrhage

Aspiration gastric content/ FB

Endobrachial or esophageal intubation

Arytenoid cartilages injury Shahar E et al, J Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.
Barash PG, Clinical Anesthesia. 1992. Lippincott.

Hypoxemia, hypercarbia.

Endotracheal Intubation

Complications :

Complication with tube in-situ

-Accidental extubation

-Endobrachial intubation

-Obstruction / kinking

-Bronchospasm

-Ignation of tube by laser device

-Aspiration

-Sinusitis

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.
Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

Complications :

Complication after extubation

- Laryngospasm
- Aspiration
- Glottic,subglottic, uvular edema
- Dysphonia,aphonia
- Paralysis of vocal cord
- Sore throat

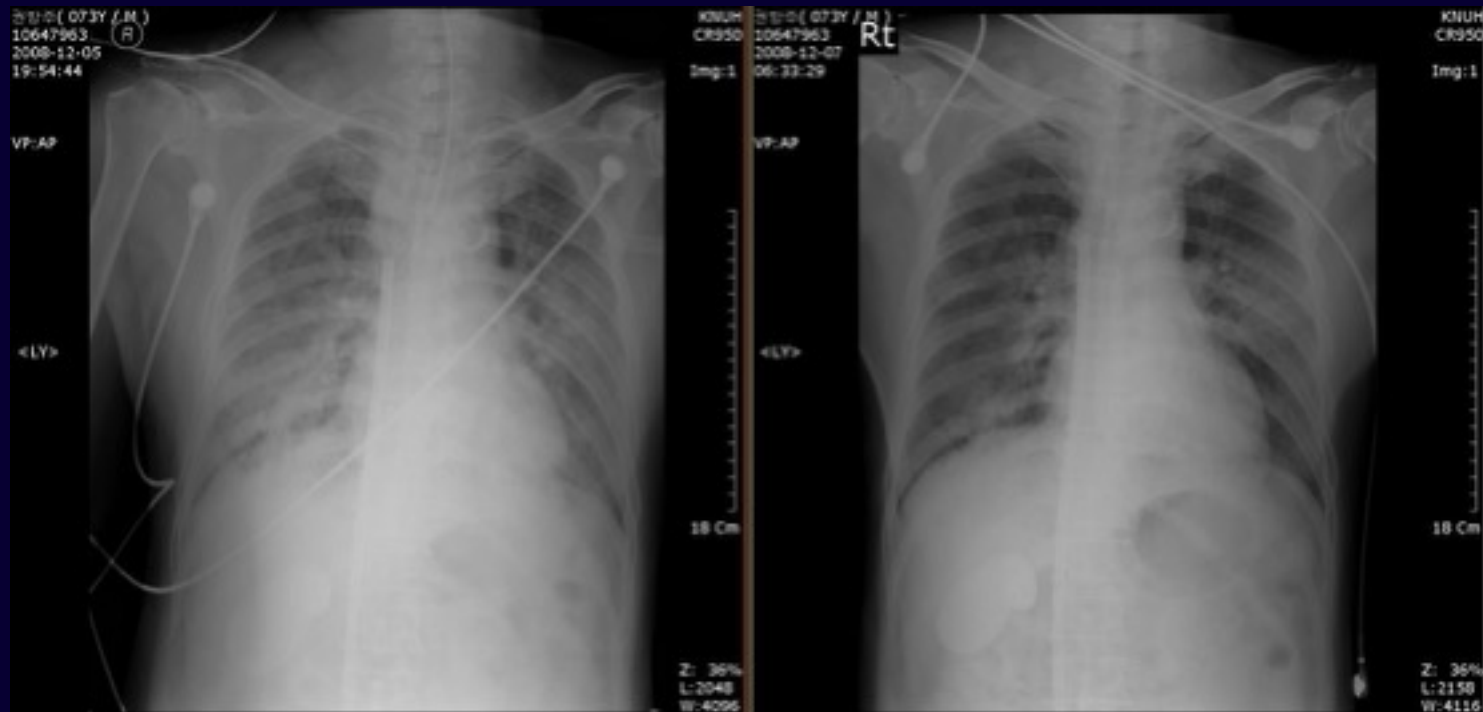
- Noncardiogenic pulmonary edema
- Laryngeal incompetance.
- Tracheomalacia
- Glottic,subglottic or tracheal stenosis

Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.
Barash PG, Clinical Anesthesia. 1992. Lippincott.

Endotracheal Intubation

Verification Of Correct Tube Placement

- Direct vision of the endotracheal tube passed through the vocal cords
- Symmetric Chest Movement , Symmetric Breath Sounds
- End tidal Carbon Dioxide : > 30 For 3-5 Breaths
- Fiberoptic Bronchoscopy



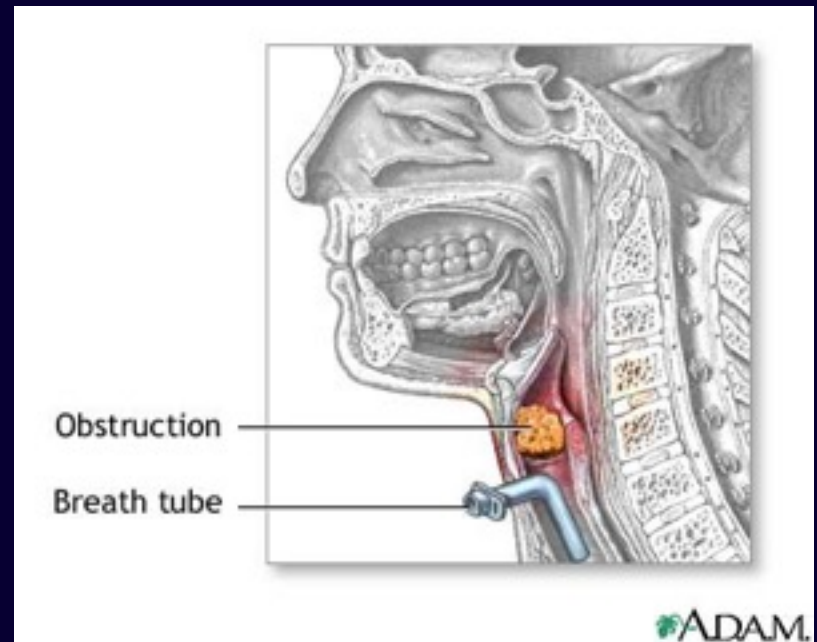
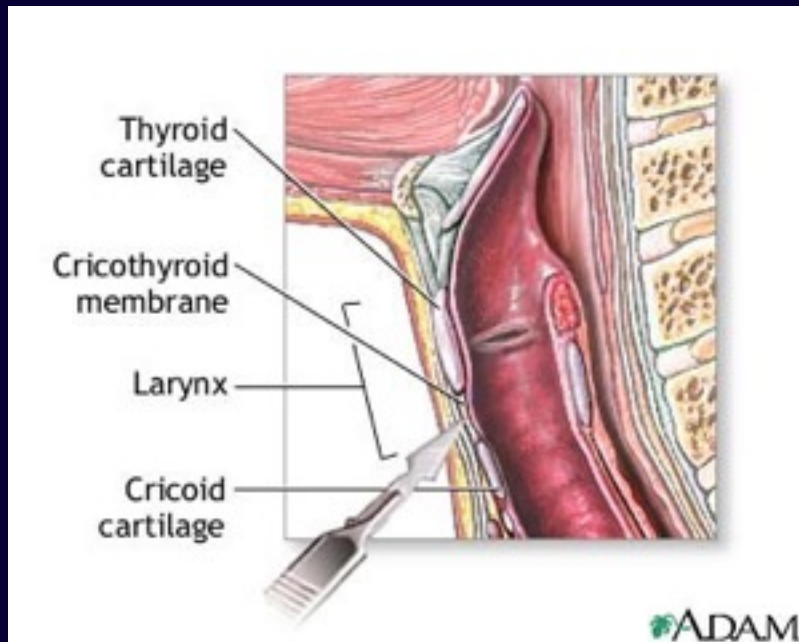
Charles E et al. In Current Emergency Diagnosis and Treatment. 4th Edi. 1992. SAUNDERS.
Barash PG, Clinical Anesthesia. 1992. Lippincott.

Emergency airway puncture

Indication of Cryco-thyrotomy

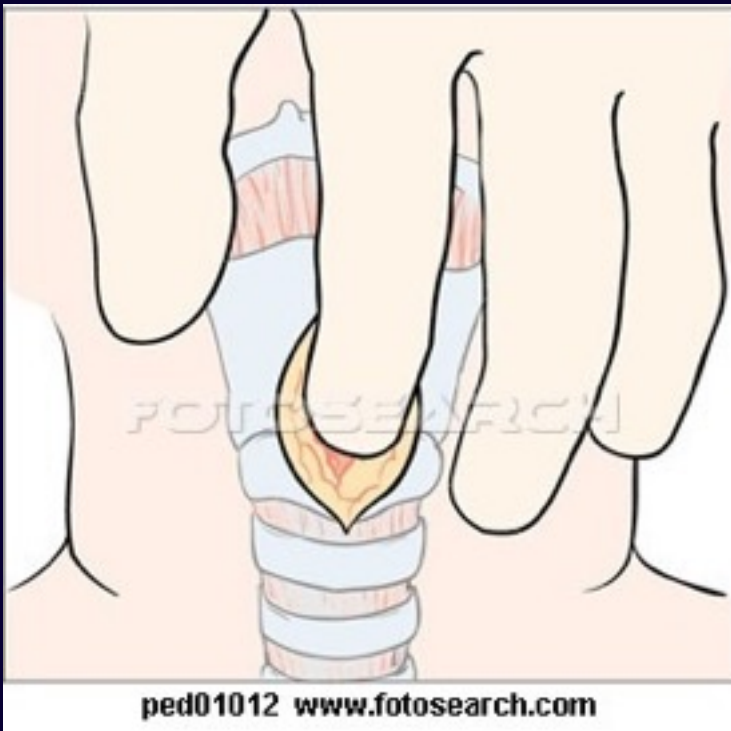
- Laryngopharynx level airway obstruction
- Foreign body, abnormal tissue growth
- Res. Arrest with impossible NT or OT intubation due to neck injury

P Eisenburger et al. Anesthesiology. 2000;92(3):687-690



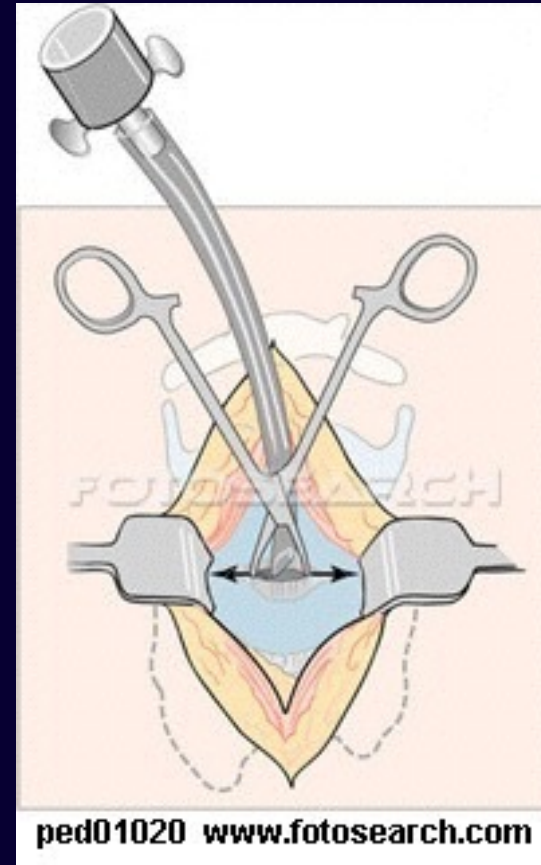
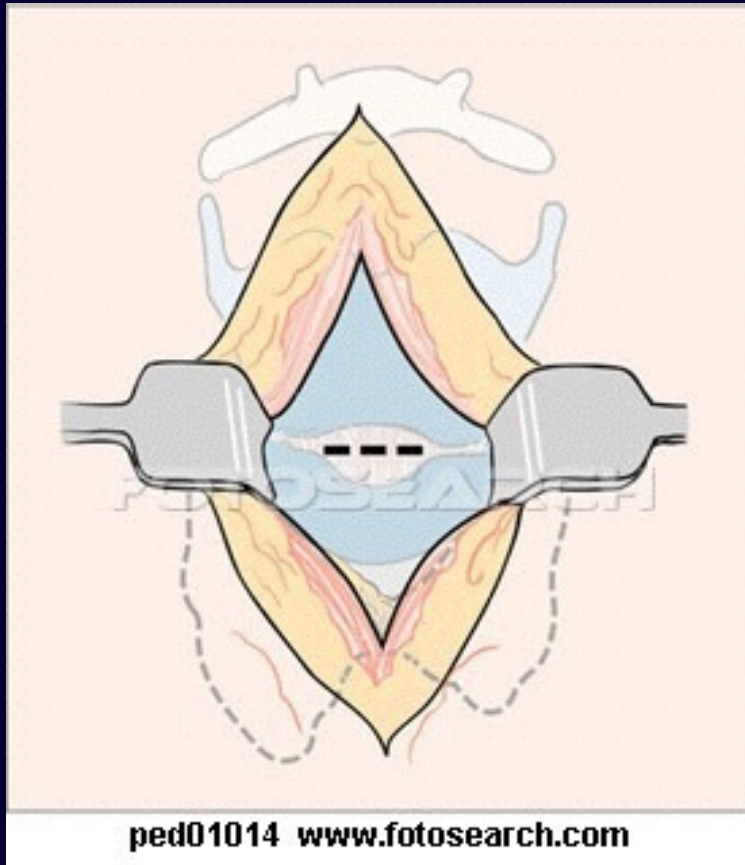
Emergency airway puncture

Procedure of Cryco-thyrotomy



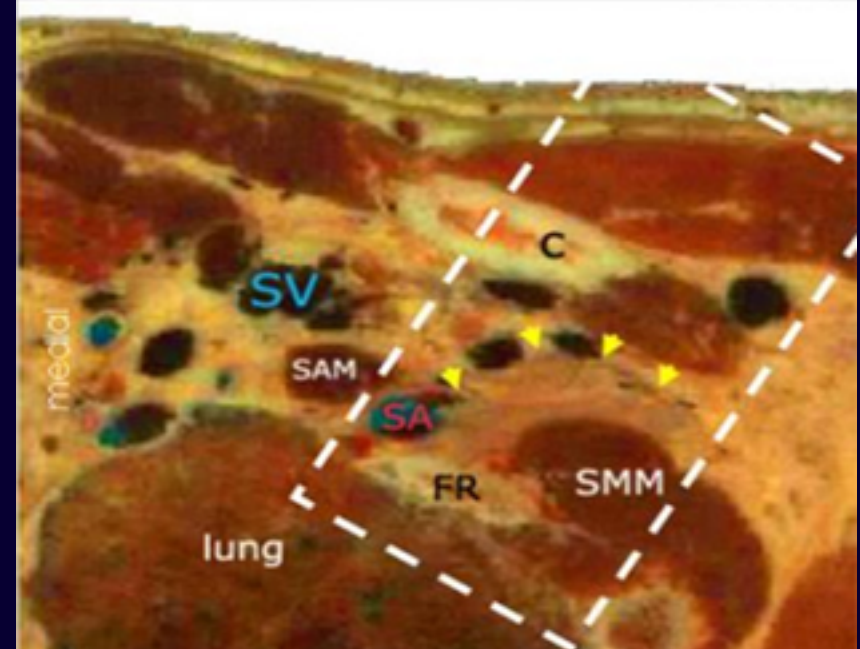
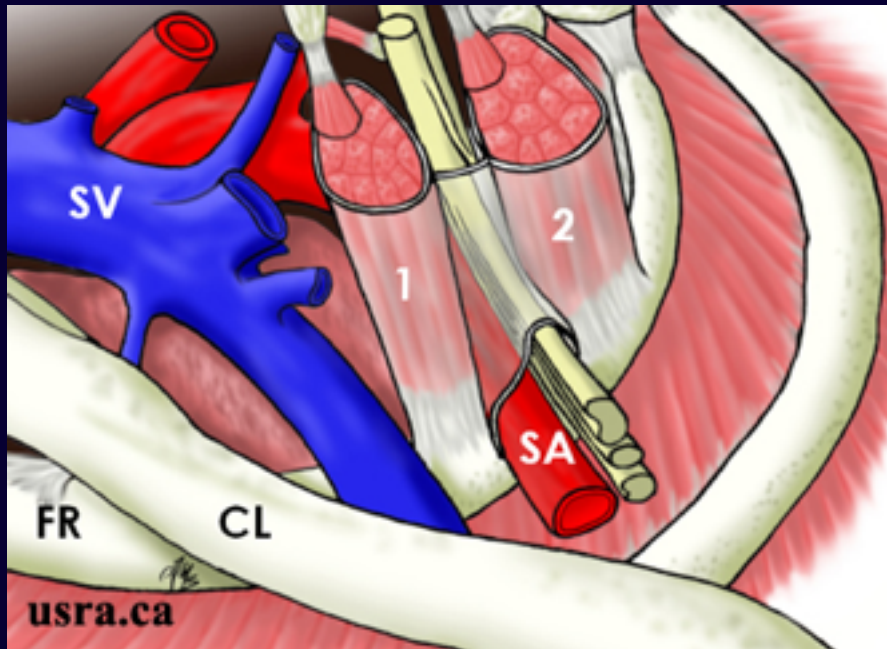
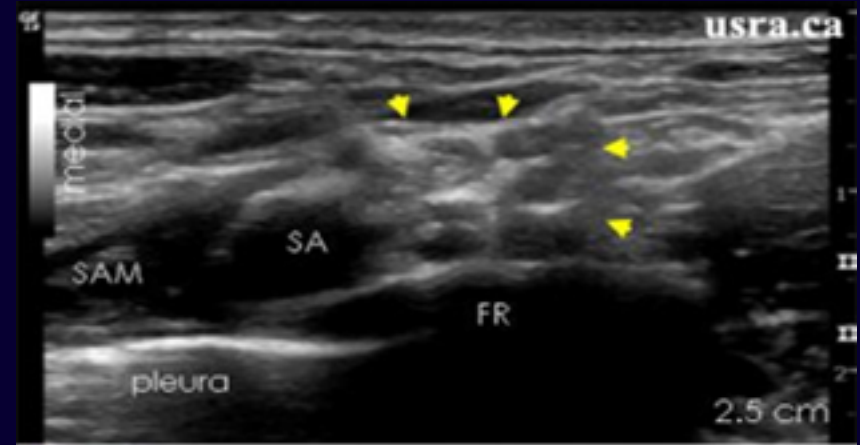
Emergency airway puncture

Procedure of Cryco-thyrotomy

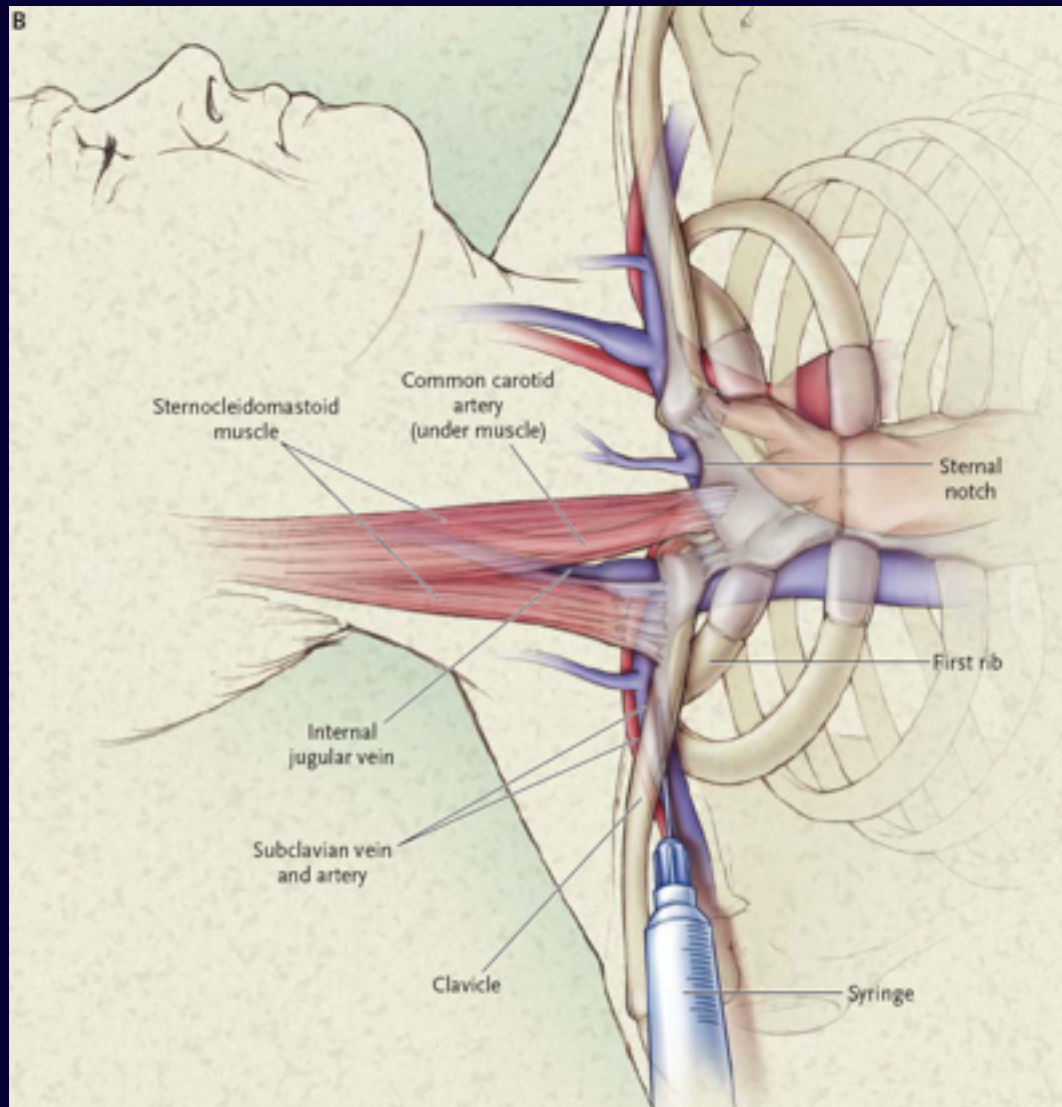


2. Central Line Insertion

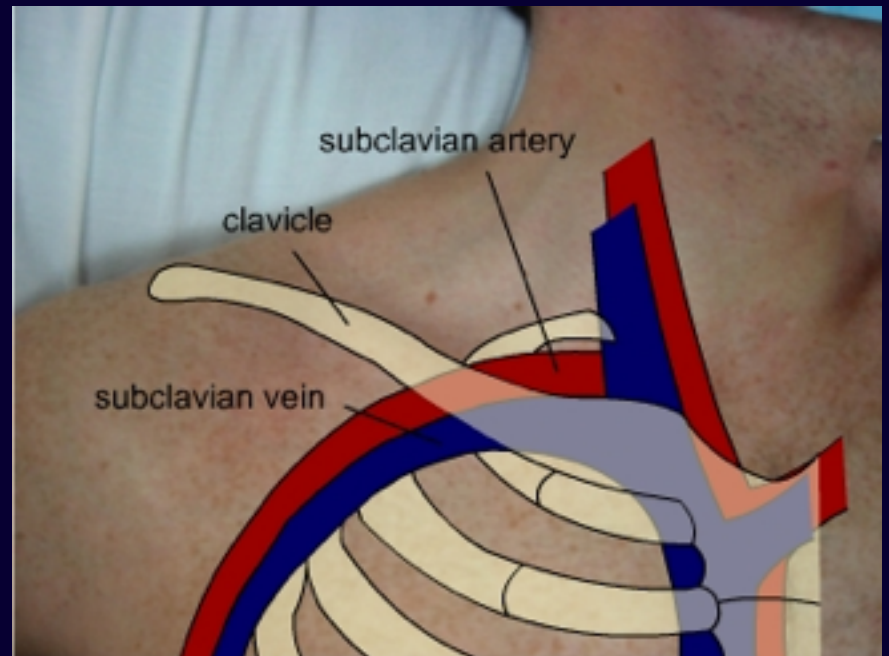
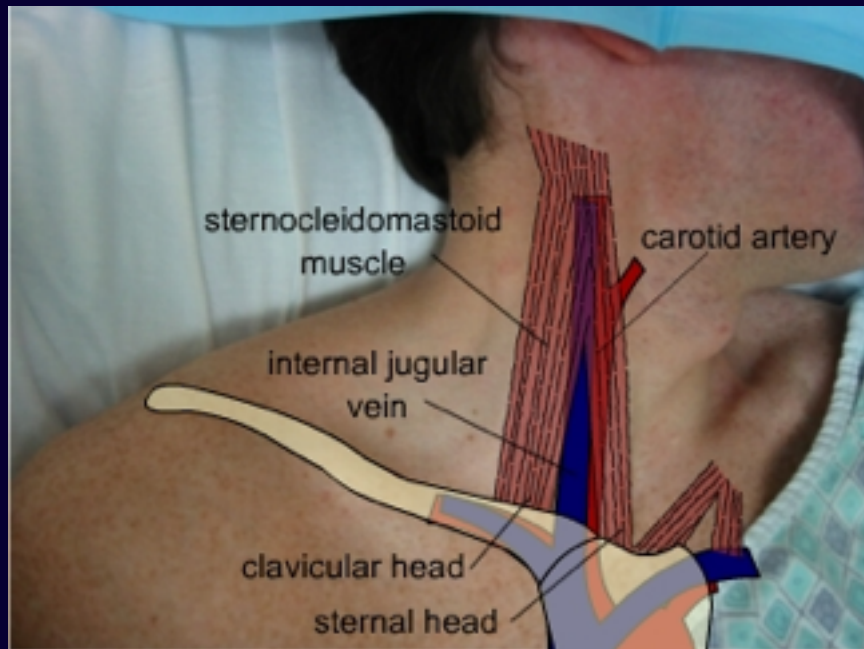
Anatomy Subclavian vein, SCV



Anatomy Subclavian vein, SCV

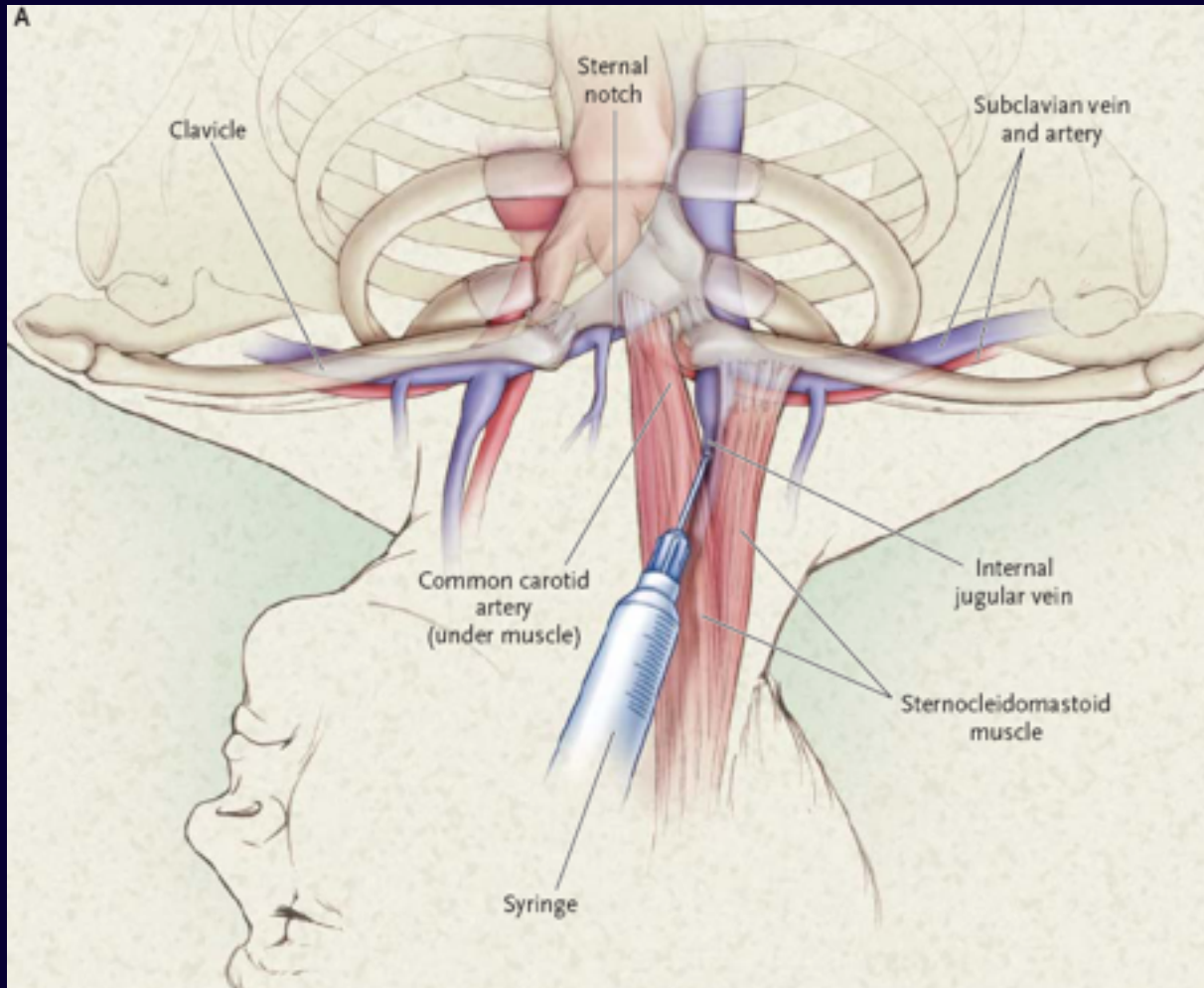


Anatomy Internal Jugular vein



Internal Jugular Vein

Surface Anatomy



Internal Jugular Vein

Surface Anatomy

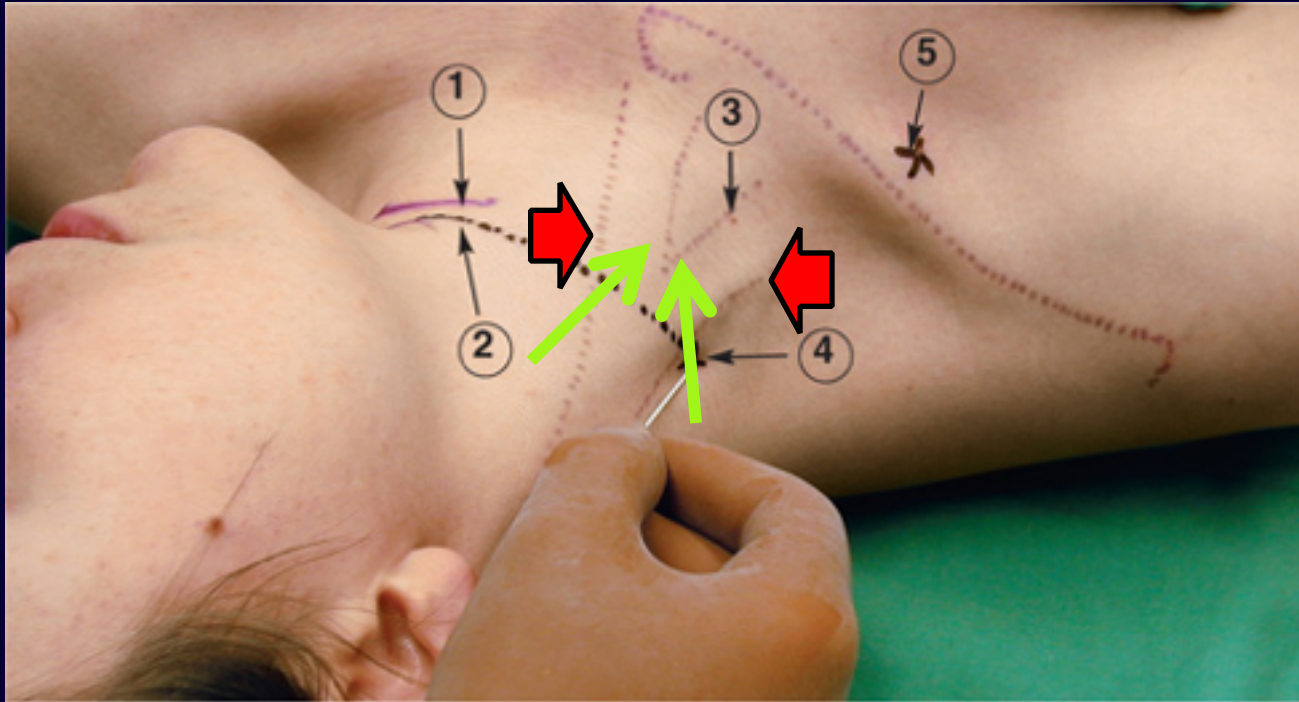
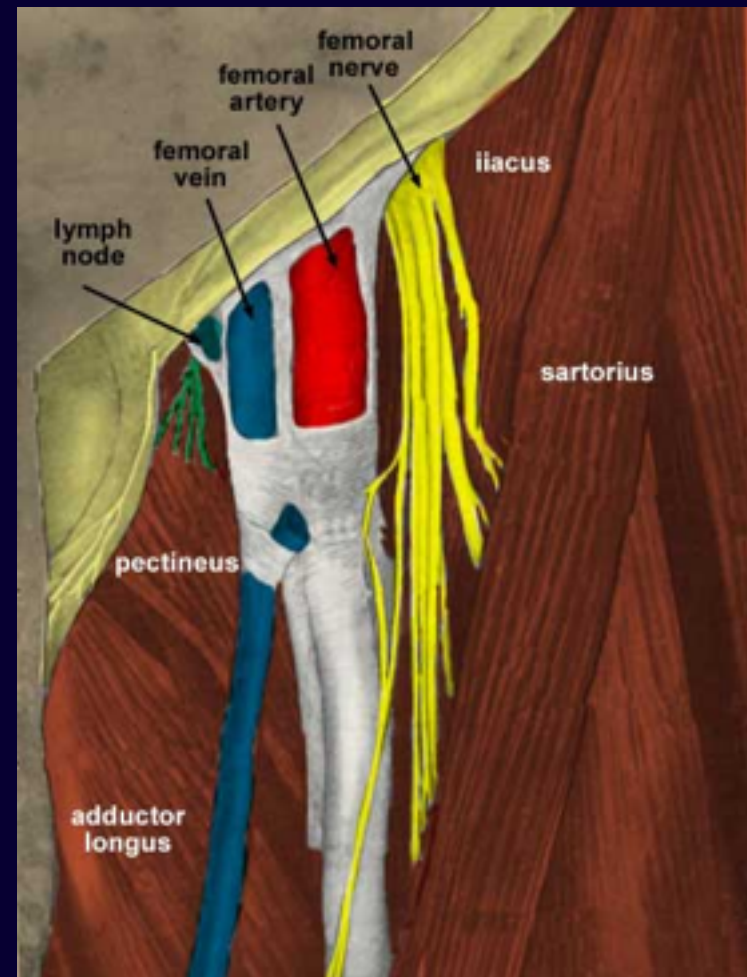
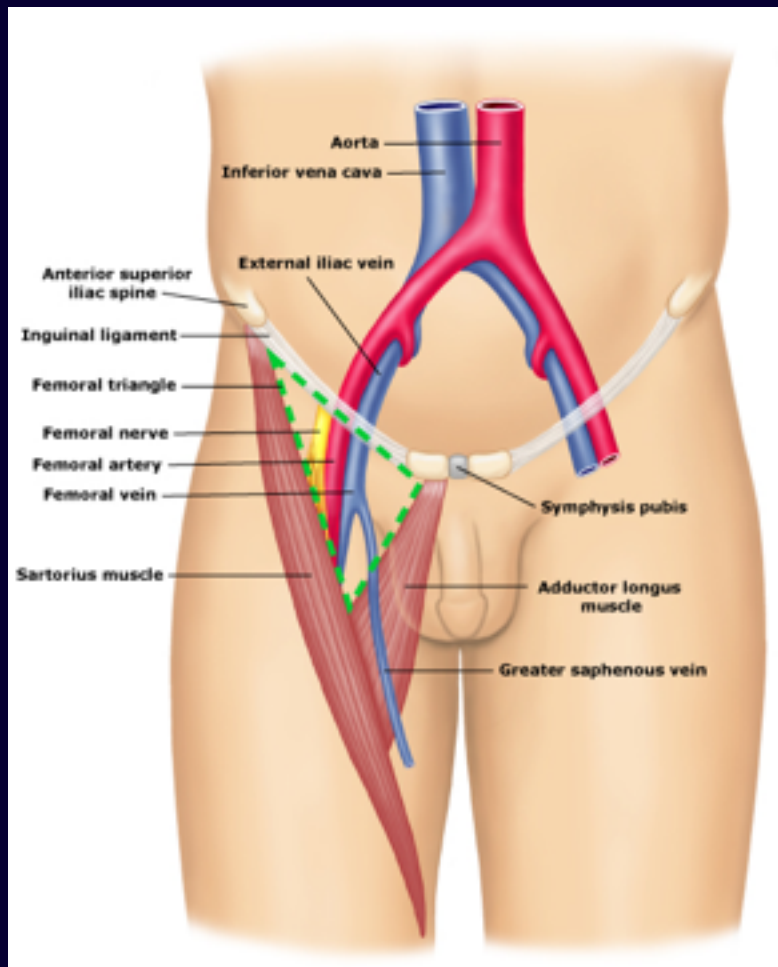


Fig. 11: Interscalene nerve block: Modification according to G. Meier

1. Cricoid
2. Superior thyroid notch
3. Sternocleidomastoid muscle
4. Puncture site for anterior access
5. Vertical, infraclavicular puncture site

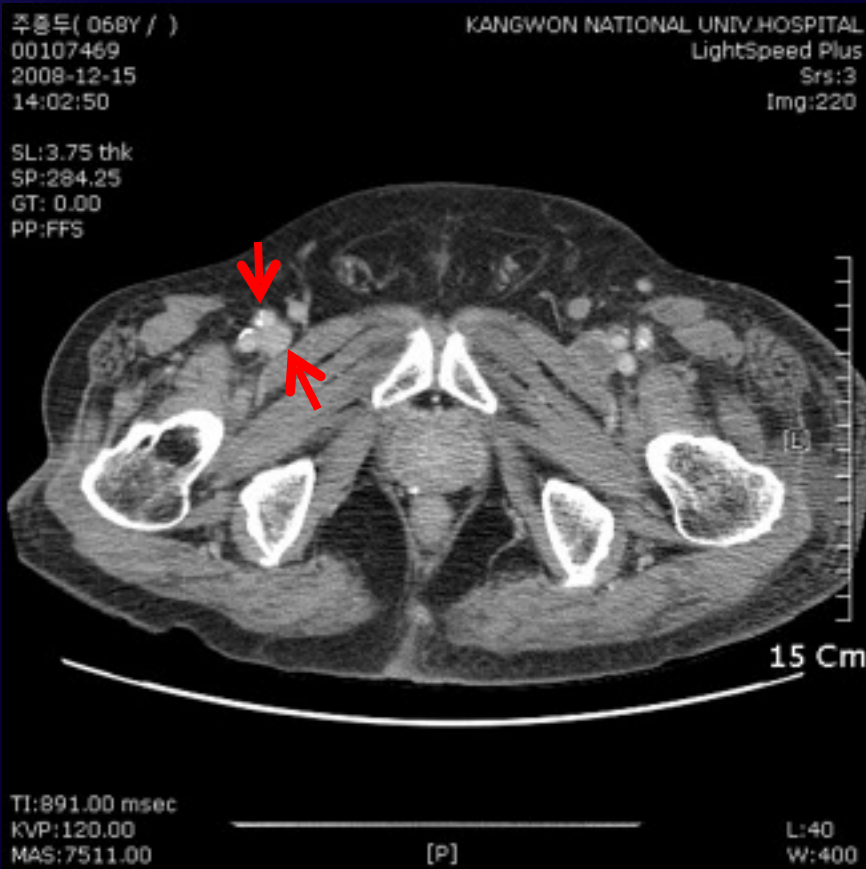
Anatomy

Femoral Vein, FV



Anatomy

Femoral Vein, FV



Indication of C-line insertion

Major Indication

Administration of Medication ; vasopressor, chemotherapy, TPN
Hemodynamic monitoring ; CVP
Plasmapheresis, hemodialysis, CVVH

Minor Indication

Poor peripheral access
Volume resuscitation – large bore cath.
Frequent blood draw

Contra-Indication of C-line insertion

Absolute

Peripheral IV access is adequate for the clinical needs of the patient

Infection over catheter site

Operator inexperience (unless supervised by an experienced practitioner)

Uncooperative or combative patients

Clot in the selected vein

Relative

Coagulopathy and thrombocytopenia (platelets are $< 50k$ and INR > 1.5)

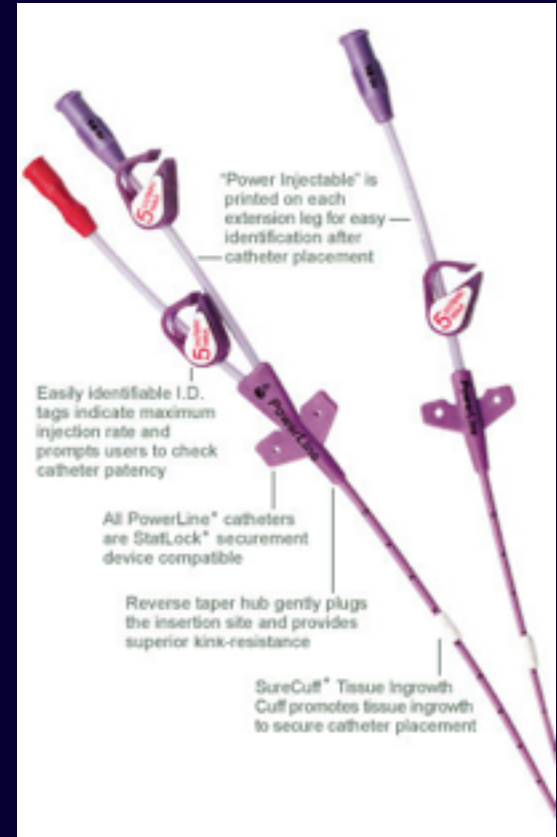
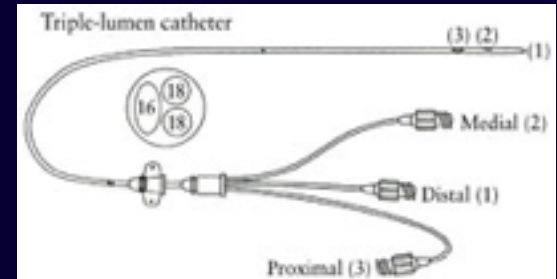
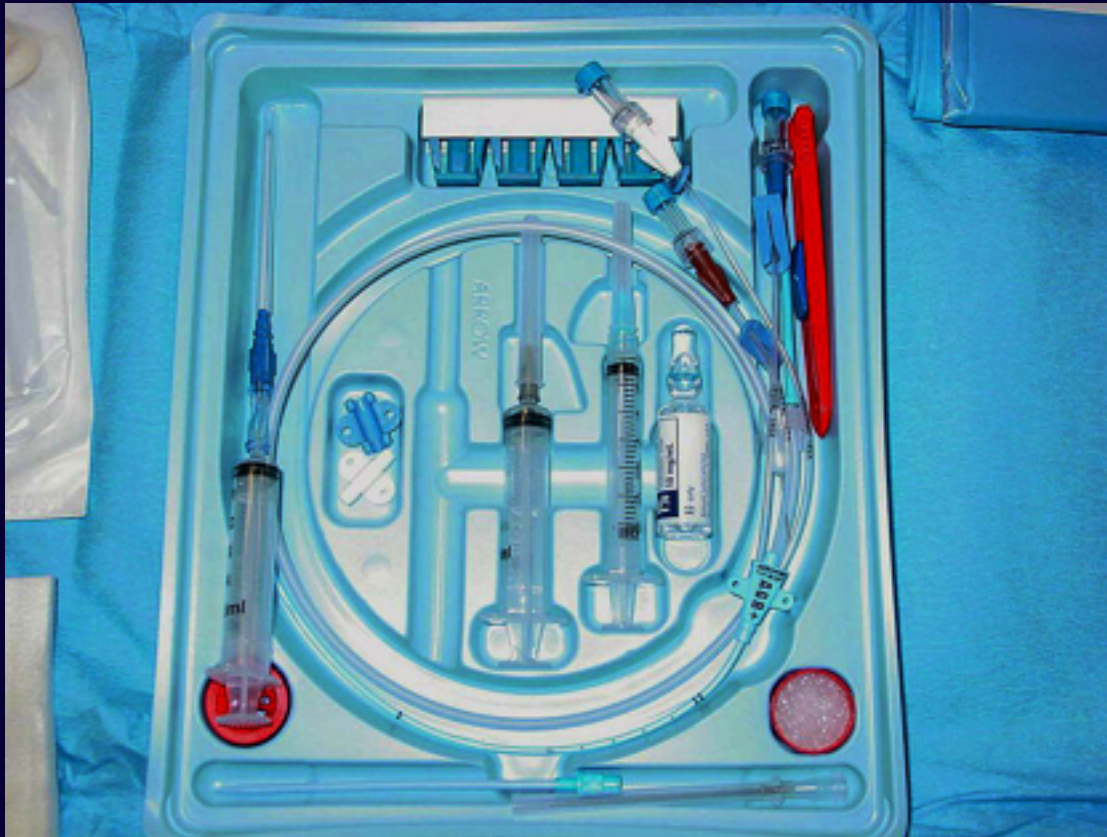
Injury or previous surgery to superior vena cava (e.g., superior vena cava syndrome)

Complications that can be life-threatening (i.e pneumothorax in COPD or bleed).

Site Selection

Location	Advantages	Disadvantages
Femoral Vein	<i>Fast, easy, high success rate Does not interfere with Intubation 0% risk of pneumothorax</i>	<i>No CVP monitoring Prevents patient mobilization Higher rates of thrombosis, infection than SCV Femoral artery puncture more frequent than SCV</i>
Internal Jugular Vein	<i>Easy to control bleeding Pneumothorax is less common Straight shot into SVC</i>	<i>Difficult to access (intubation, tracheostomy) Poor landmarks in obese, short neck patients Carotid puncture more frequent than SCV Higher rates of thrombosis than SCV</i>
Subclavian Vein	<i>Most comfortable for patient Bony landmarks in obesity Lowest risk of thrombosis Lowest risk of line infection</i>	<i>Higher risk for pneumothorax Compression of bleeding site difficult Long pass from skin to vein (consider in obesity) Contraindications in lung disease, coagulopathy</i>

Equipment



Procedure

Internal Jugular vein

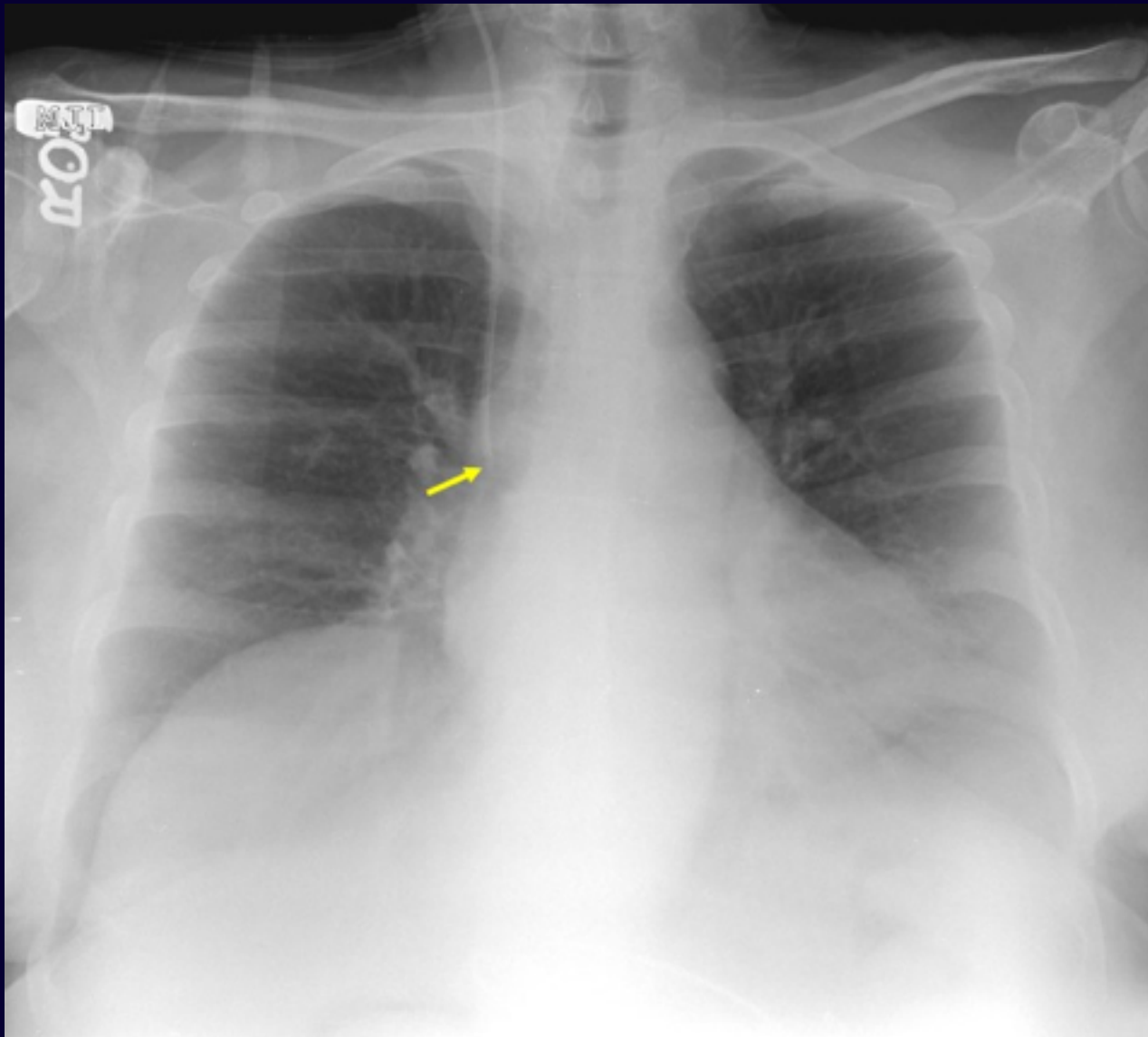
1. Informed consent from patient
2. Skin preparation : both area using povidone-iodine or 2% chlorhexidine
3. Turn head in the opposite direction and head down
4. Local anesthesia and U/S guided marking, lateral to CCA
5. puncture the top of triangle at 30° and aspiration. (if not, 3 finger rule)
6. Guide wire insertion –caution
7. Note the arrhythmia
8. Remove the needle
9. Skin dilator insertion – twisting and No. 11 blade
10. Remove the dilator
11. Place catheter over guide wire – brown cap
12. Remove the guide wire
13. Flush the line through all port
14. Suture
15. Confirm chest film – SVC and RA junction.

Procedure

Subclavian vein



Procedure



General Complications

Complications during insertion

- Arterial puncture
- Pneumothorax
- Arrhythmias
- Bleeding, haematoma, haemothorax
- Damage to thoracic duct, chylothorax
- Nerve injury
- Air emboli
- Catheter shearing/fragment
- Malplacement
- Airway obstruction
- (rare : may be due to large bilateral hematoma)

Table 1. Risk of Complications Associated with Internal Jugular, Subclavian, and Femoral Central Venous Catheterization.

Complication	Risk of Complication at Catheterization Site*		
	Internal Jugular Vein	Subclavian Vein	Femoral Vein
Pneumothorax (%)	<0.1 to 0.2	1.5 to 3.1	NA
Hemothorax (%)	NA	0.4 to 0.6	NA
Infection (rate per 1000 catheter-days)	8.6	4	15.3
Thrombosis (rate per 1000 catheter-days)	1.2 to 3	0 to 13	8 to 34
Arterial puncture (%)	3	0.5	6.25
Malposition	Low risk (into inferior vena cava, passing through right atrium)	High risk (crossing to contralateral subclavian vein, ascending internal jugular vein)	Low risk (lumbar venous plexus)

Lat

Infe

- lo

- systemic

- endocarditis

Thrombosis, thromboembolism

Complications

Infectious Complication (SC<IJ or FV)

3 Mechanism

- 1) local insertion site infection → Ascending infection
- 2) Intra luminal hub colonization
- 3) Hematogenous seeding

5 step consideration : all (+) evidence

- 1) hand hygiene
- 2) adherence to maximal barrier precautions
- 3) 2% chlorhexidine skin antisepsis
- 4) optimal catheter site selection
- 5) daily review of the necessity

Complications

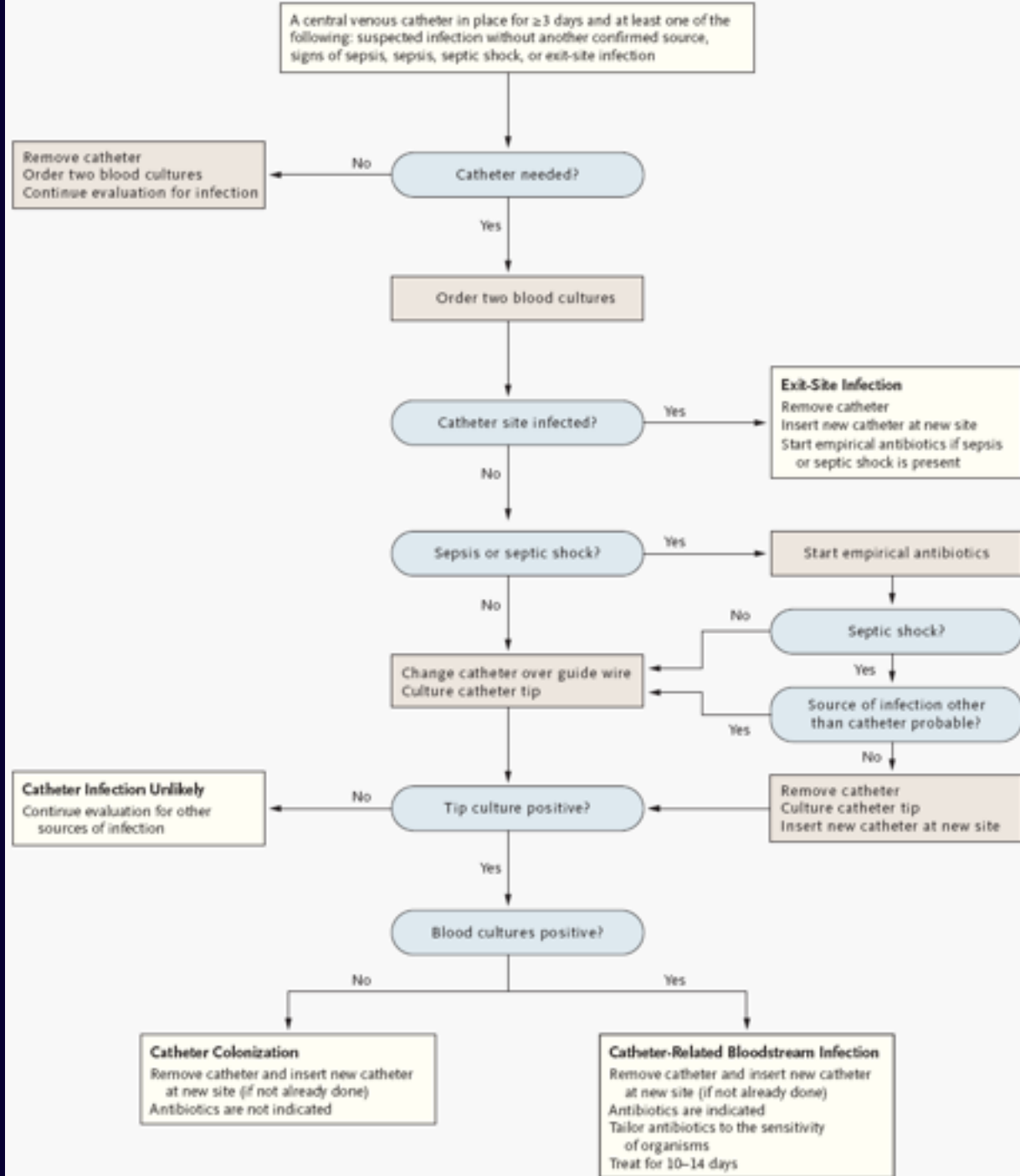
Cath related infection

Blood cultures : peripheral sites are preferred.

Empirical antibiotic therapy

- include vancomycin.
- gram-negative organisms

In patients with a catheter-related bloodstream infection, treatment for more than 14 days is indicated in patients with endocarditis (duration of treatment, 4 to 6 weeks) or *Staphylococcus aureus* bacteremia (2 to 3 weeks).



Complications

Mechanical Complications : IJ or SC < FV

Arterial puncture, hematoma, Px, Hx, arrhythmia, improper location.

5 step consideration : all (+) evidence

Recognize risk factors : prior surgery, skeletal deformity, scarring

Seek assistance from experienced clinician : >50 times

Avoid femoral vein : serious complications are similar

Use US guidance for IJV :

Do not scheduled routine Cath change

Thrombotic complication : SCV(1.9%) < FV(21.5%) or IJV (8%)

Concerns



National Guideline Clearinghouse
www.guideline.gov

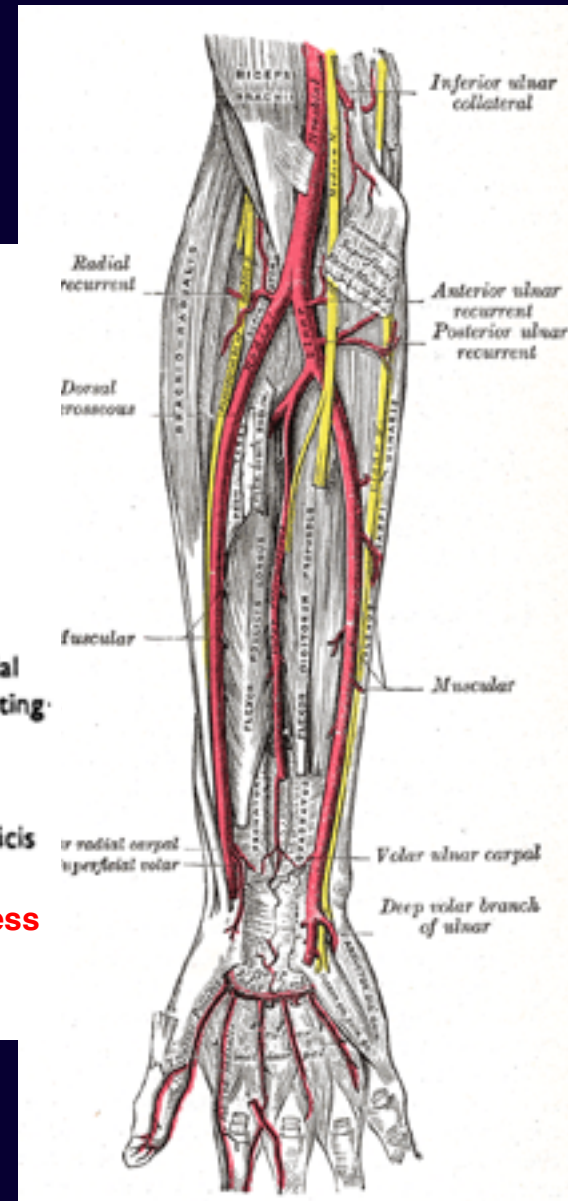
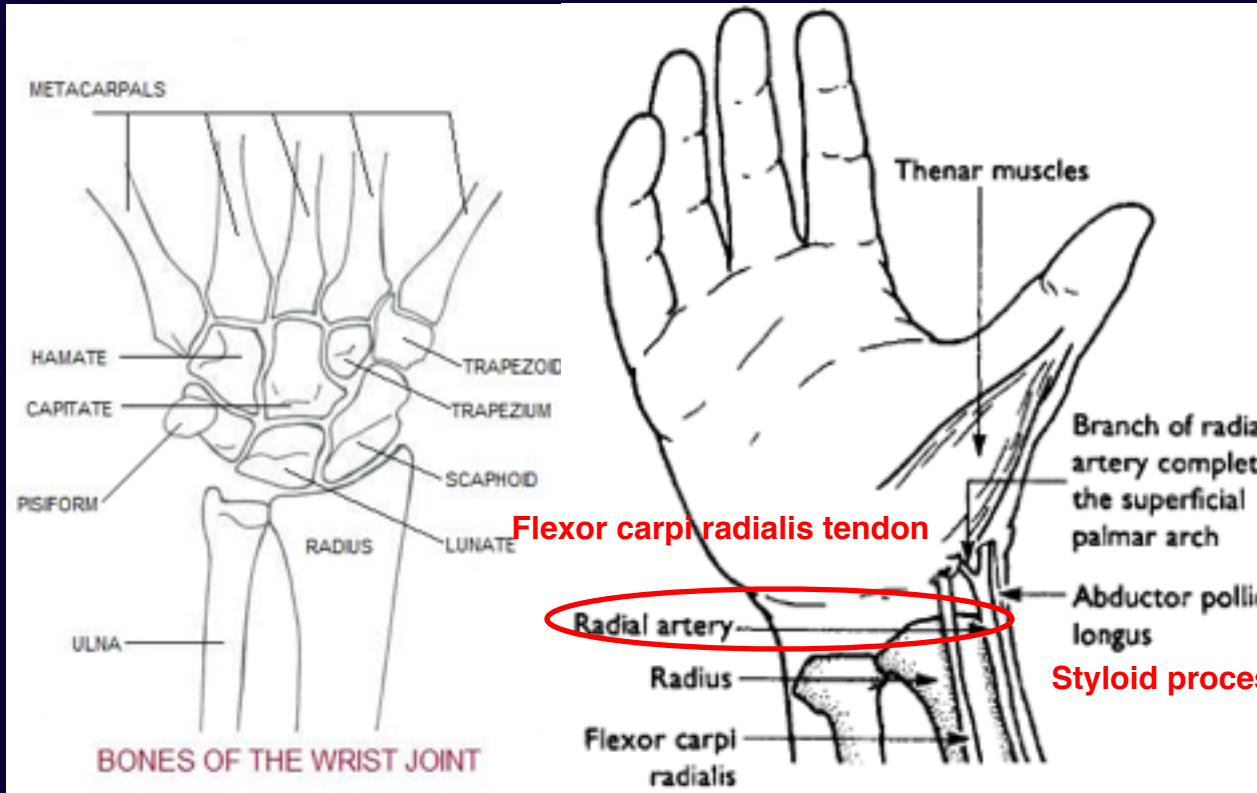


- Scheduled change : increase mechanical and infectious Cx. → not recommended
- Topical antibiotics ointment : ineffective, promote resistant colonization
- Dressing type (gauze vs. tape), frequency ; No Evidence-Based recomendadion
24hr after then weekly
- Antiseptic containing hubs, anti-impregnated cath → ↓ cath related infection.
- Antibiotic prophylaxix : not recommended
- Heparin : effective at high risk for thrombosis
- Flushing with heparin vs NS : controversial.
- Concurrent infusion of blood product and drug : possible through dual lumen
- Low dose warfarin : not recommended
- Therapeutic dose warfarin : recommended in high risk of thrombosis

3. A-line insertion

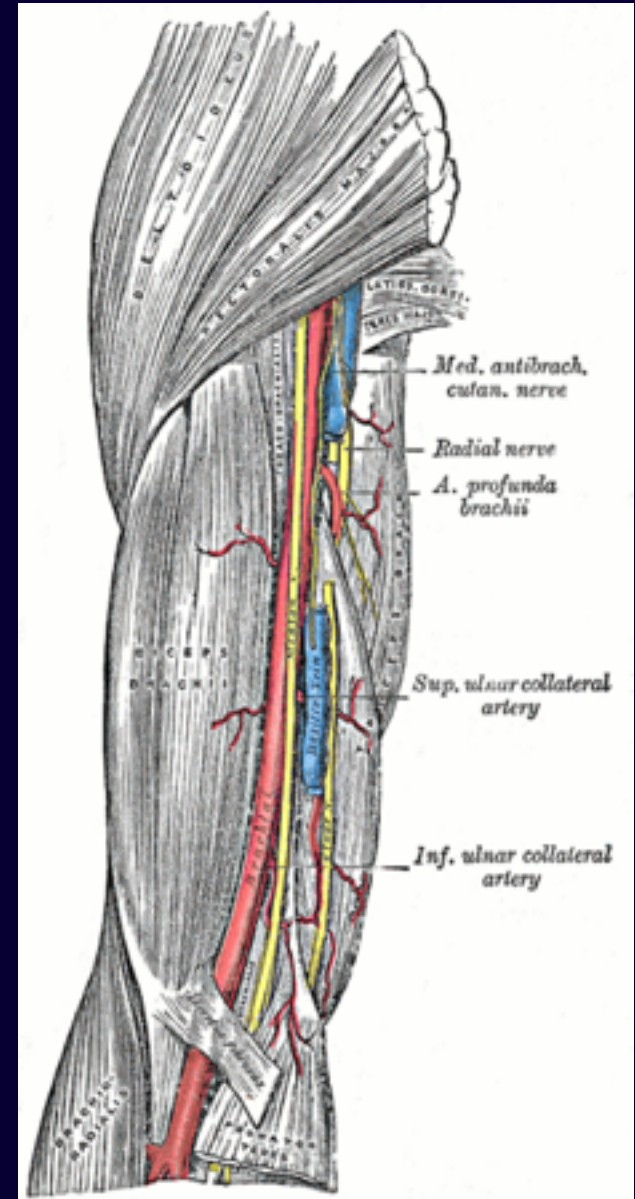
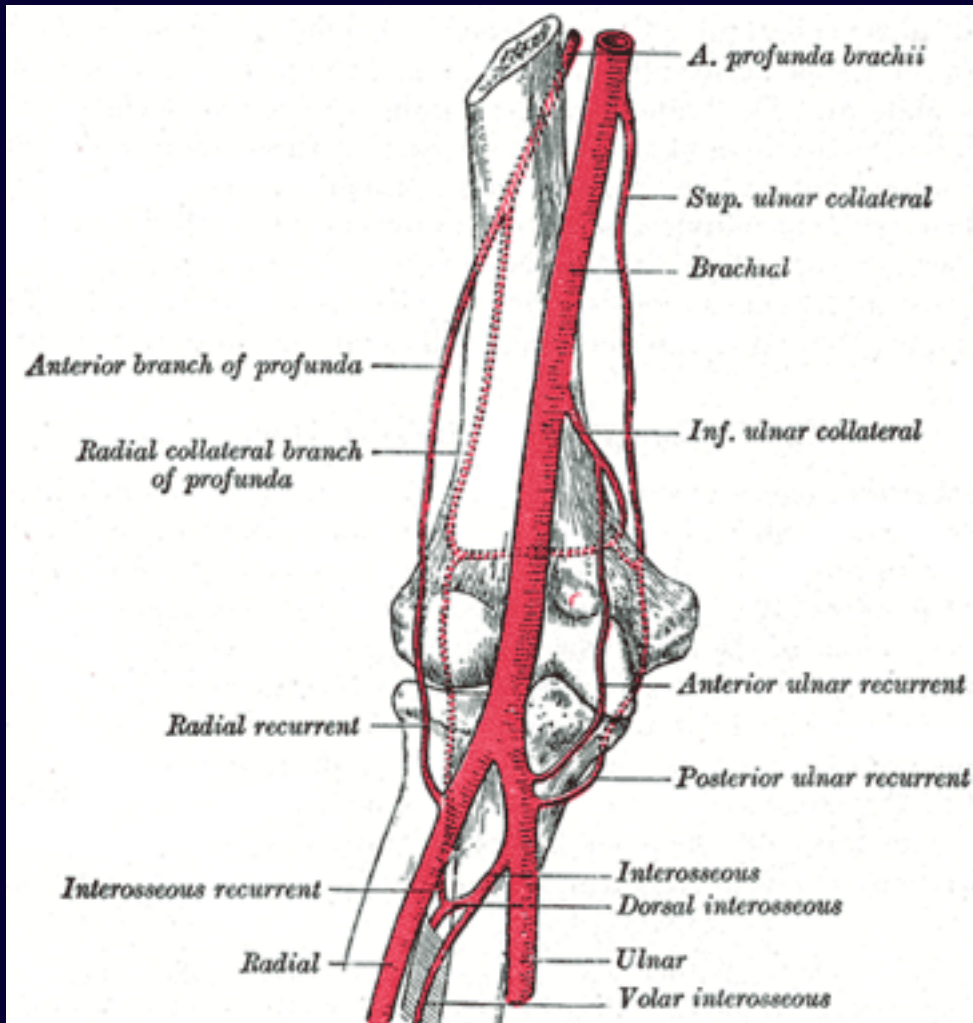
Anatomy

Radial artery



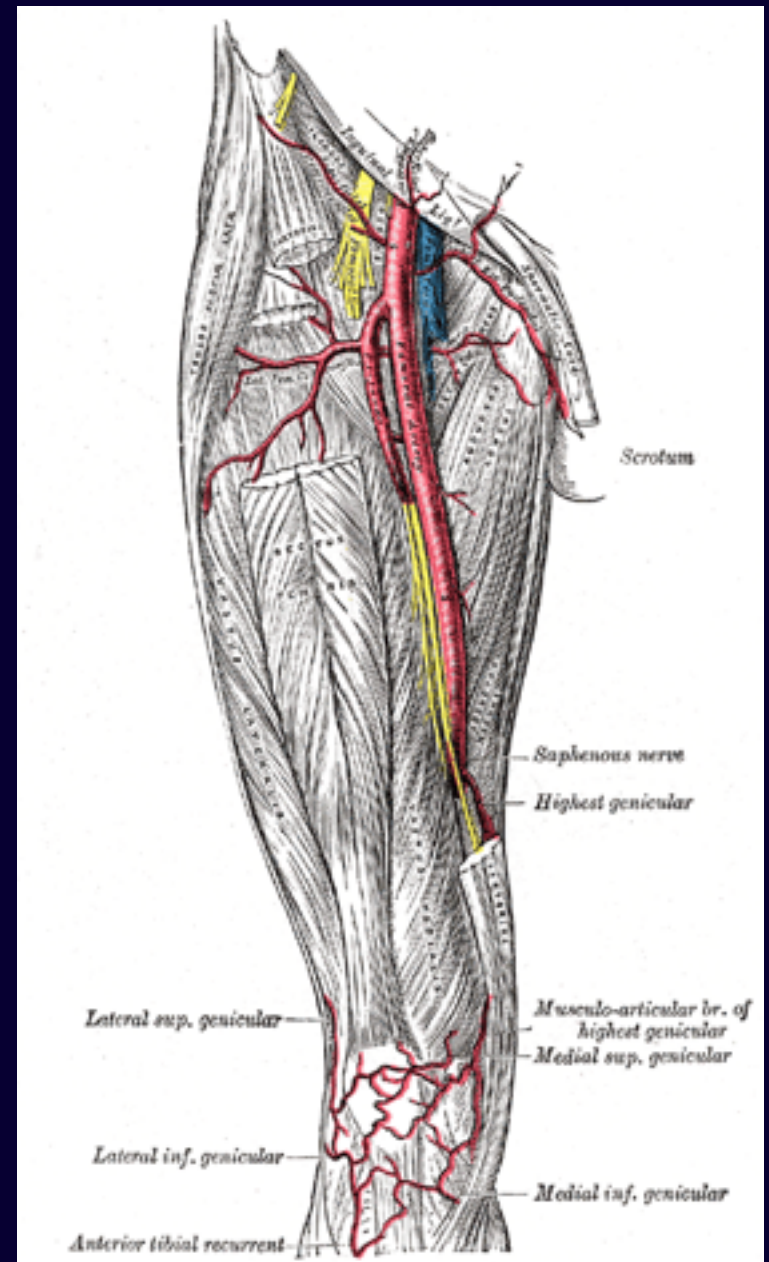
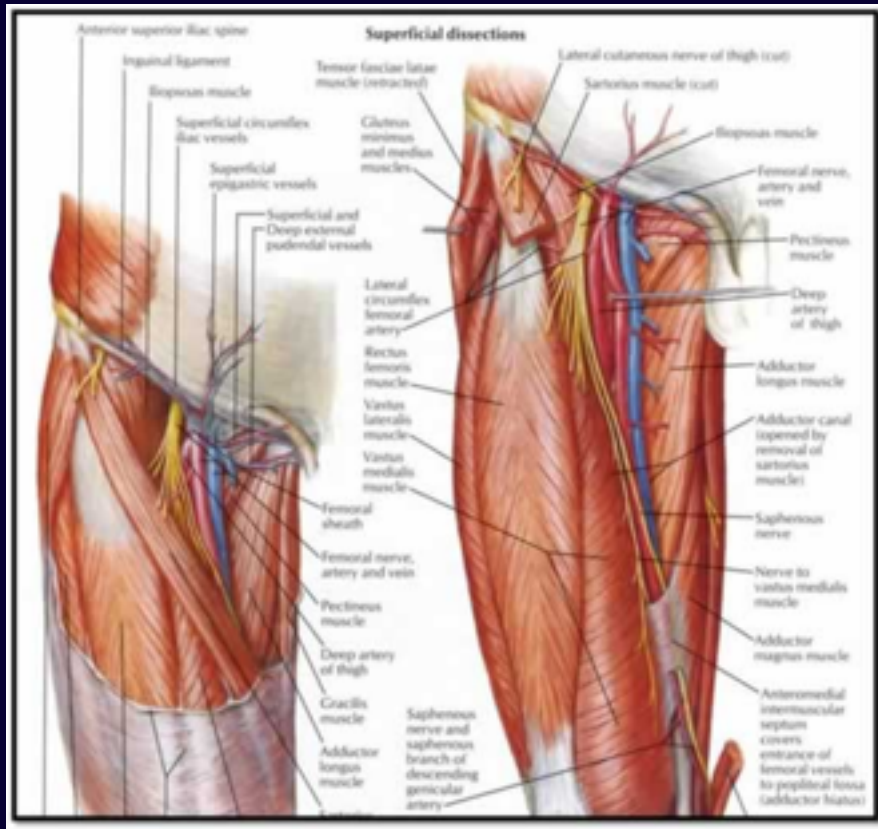
Anatomy

Brachial artery



Anatomy

Femoral artery



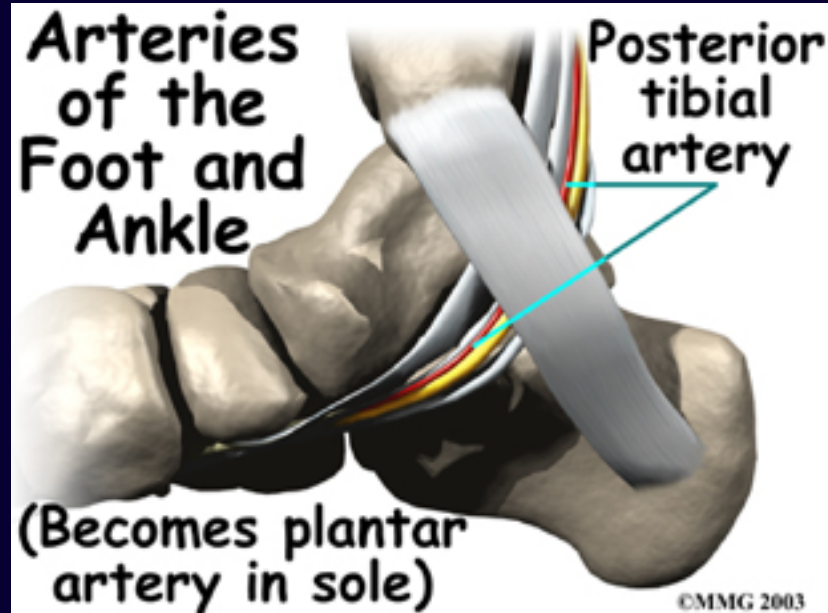
Anatomy

DPA and PTA



Extensor digitorum longus

Extensor hallucis longus



Indication & Clx of A-line insertion

Indication

Frequent ABGA, blood sample

Consistant monitoring of blood pressure, wave form (IABP)

Impossible to checking NBP : burn, obesity, multiple trauma

Contra-Indication

Cellulitis or other infections over the radial artery

Absence of palpable radial arterial pulse

Positive Allen test

Coagulation defects and bleeding tendency

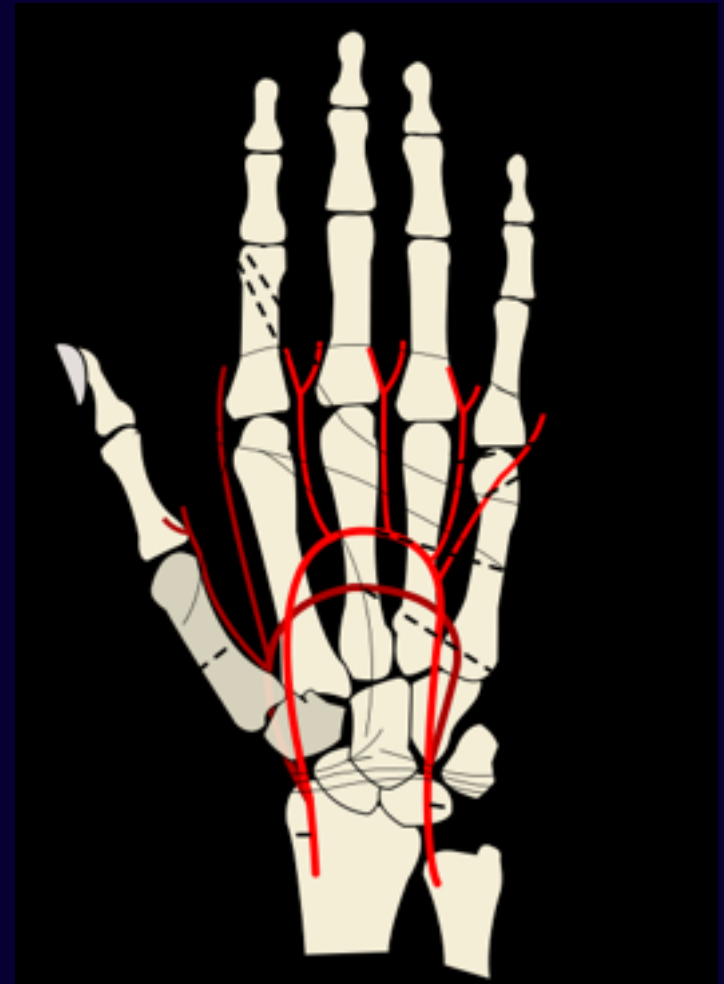
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Barash PG, Clinical Anesthesia. 1992. Lippincott.

(+) Allen Test

- 1) The hand is elevated and the patient is asked to make a fist for about 30 seconds.
- 2) Pressure is applied over the ulnar and the radial arteries so as to occlude both of them.
- 3) Still elevated, the hand is then opened. It should appear blanched.
- 4) Ulnar pressure is released and the color should return in 7 seconds.

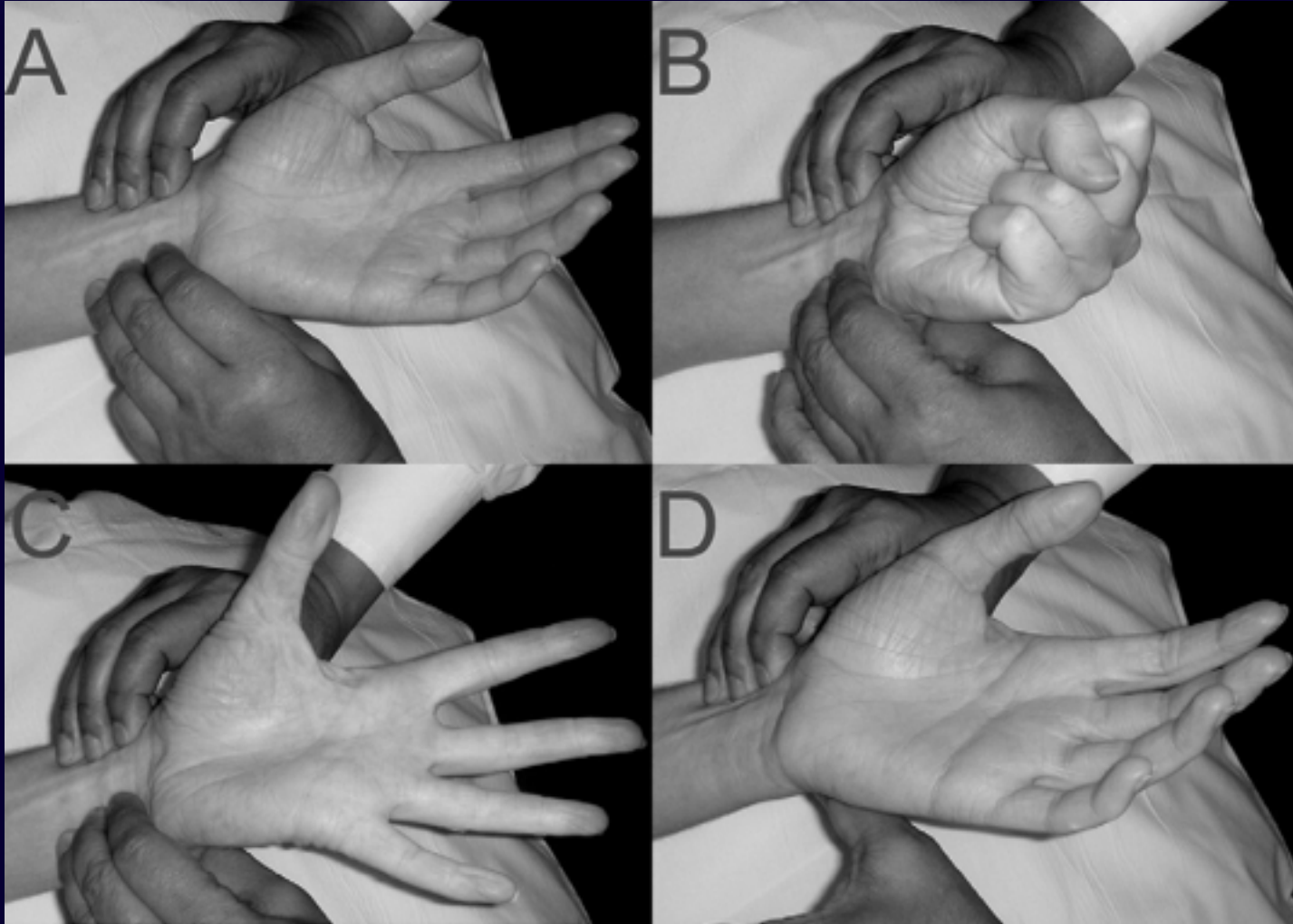
If color does not return or returns after 7–10 seconds, then the ulnar artery supply to the hand is not sufficient and the radial artery therefore cannot be safely pricked/cannulated.



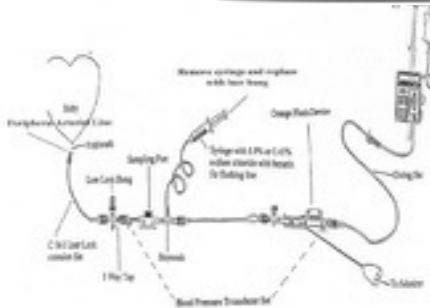
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3 digit Mod. Allen Test



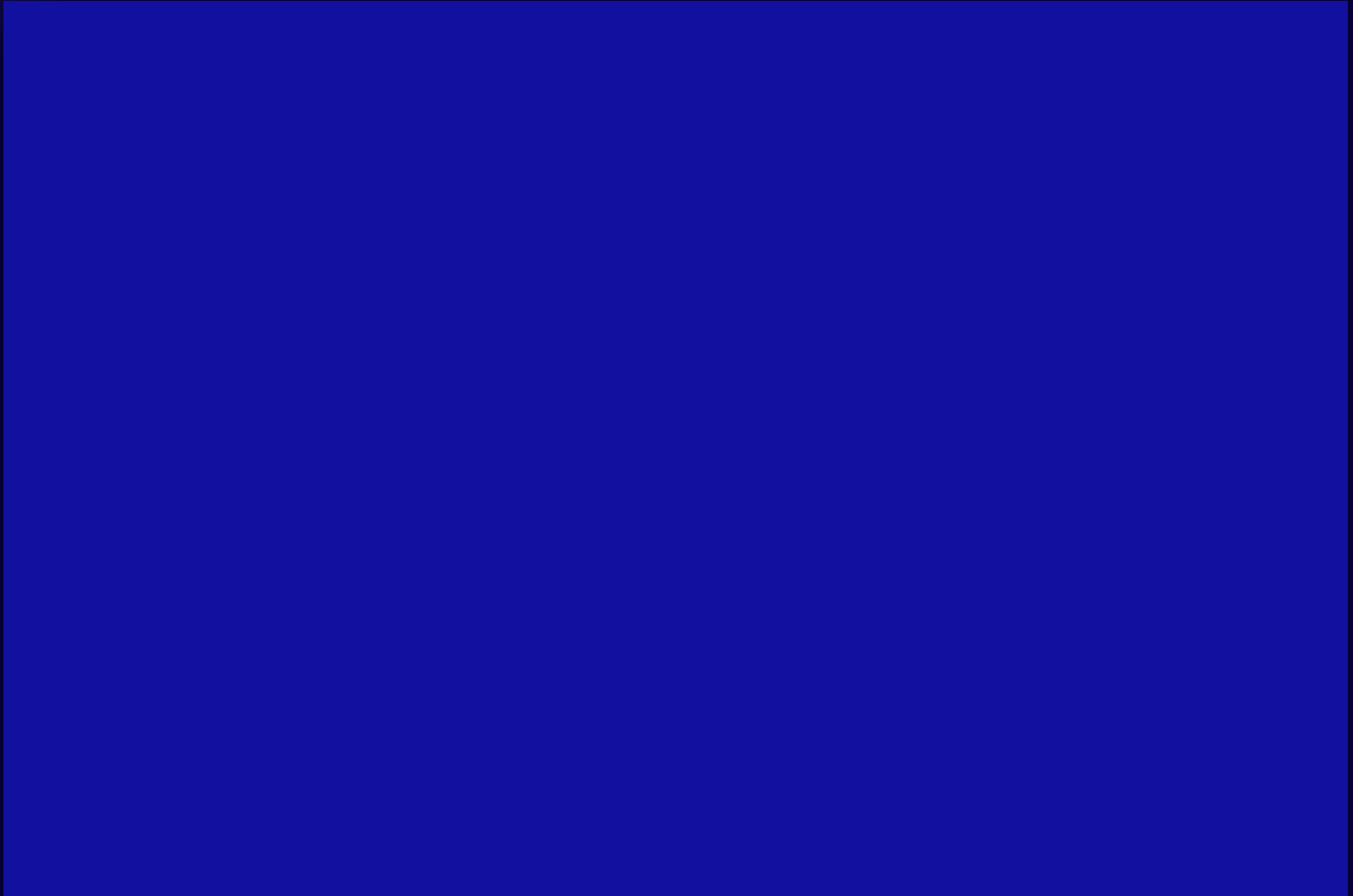
Equipment



Equipment



Procedure



Complications

Rare fatal complication (less than 1%)

Ischemia :

PAD,

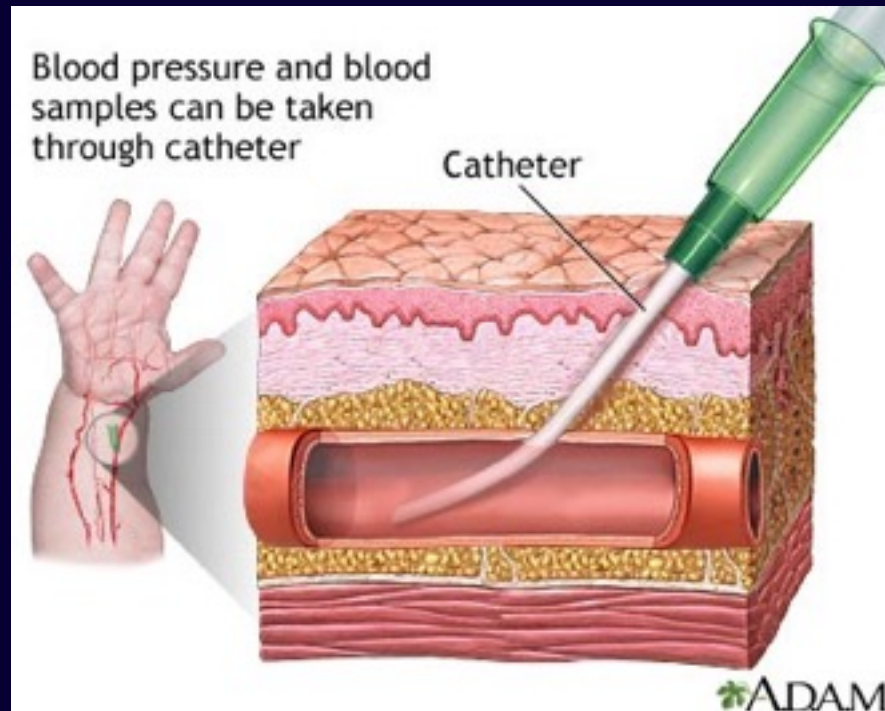
indwelling time,
puncture time

Pseudoaneurysm

Hematoma

Nerve injury

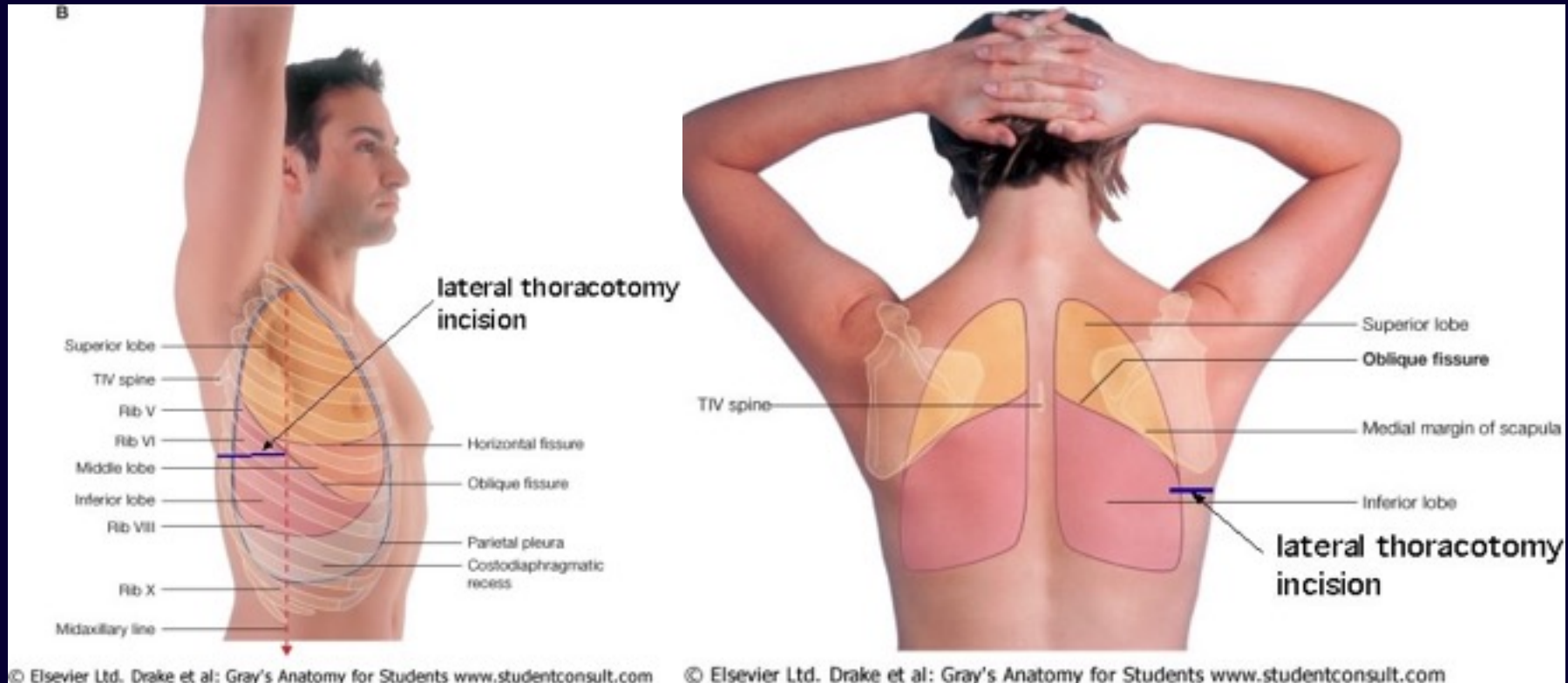
Infection



4. Closed Thoracotomy

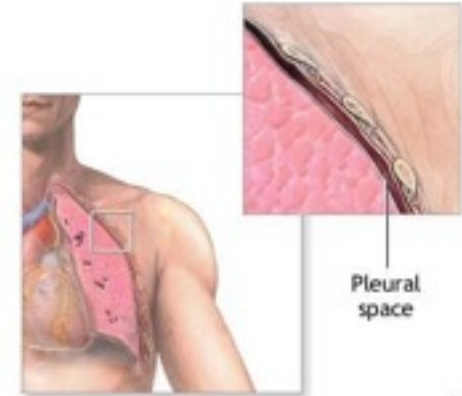
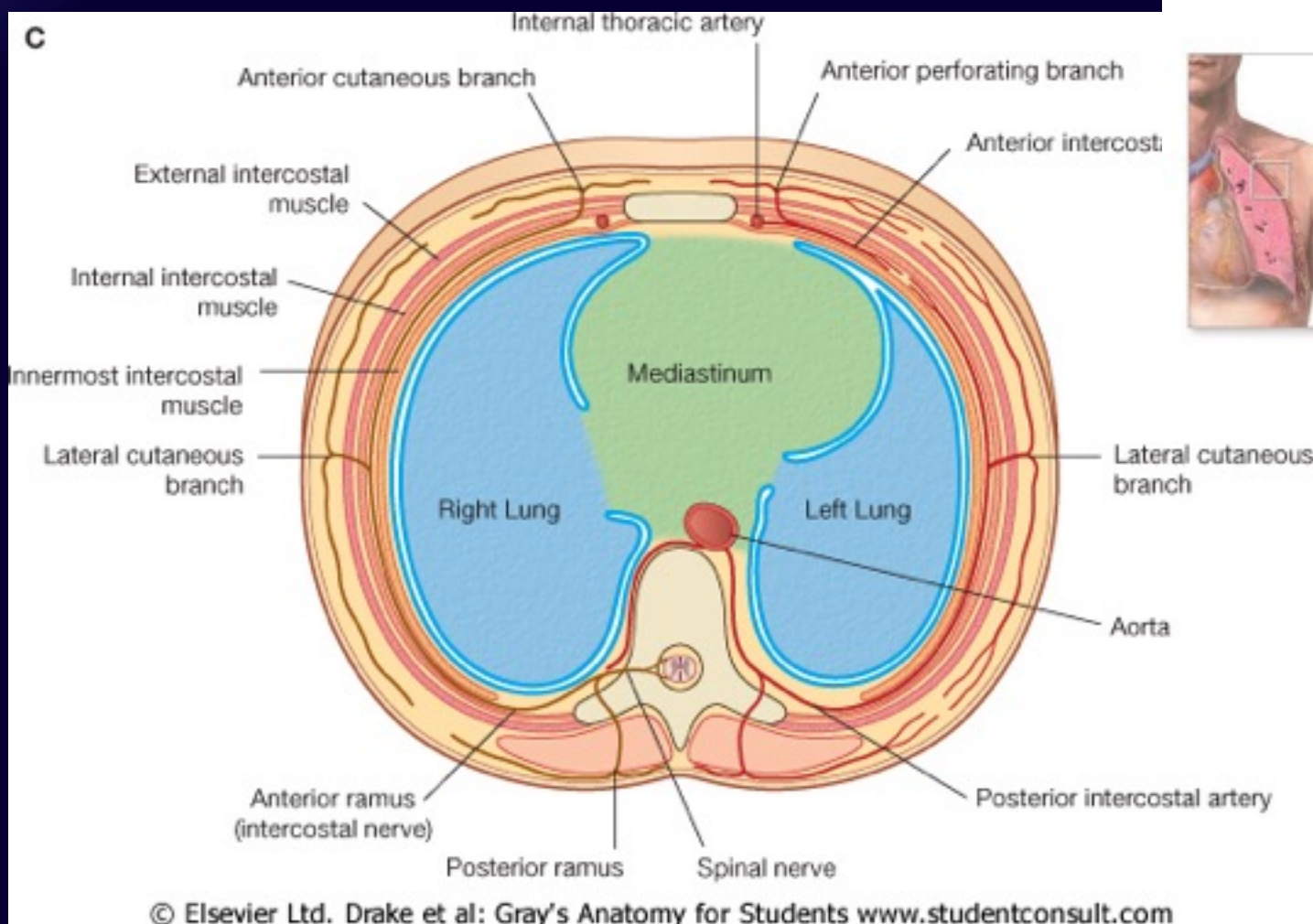
Anatomy

Surface Anatomy ; 4th, 6th, 8th ICS



Anatomy

Intercostal muscle, Endothoracic fascia, Parietal pleura



Indication & Contra-Ix

Indication – Drainage and Lung expansion

1. Pneumothorax
 - ventilated pts.
 - tension Px
 - large secondary pneumothorax over 50 years.
2. Malignant pleural effusion
3. Empyema, Complicated parapneumonic effusion.
4. Traumatic hemopneumothorax
5. Post thoracotomy

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Indication & Contra-Ix

Contra-Indication : no absolute Cix, if pt in respiratory distress

1. Infection over insertion site
2. Uncontrolled bleeding diathesis

Never forget caution when the pt has

- * **Obesity**
- * **Adhesion possibility**
- * **Giant bullae**
- * **LVH**

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Procedure

Equipments

1. Gowning and Scrubbing
2. Confirm Chest film or CT
3. Patient positioning – Supine, Lateral decubitus, Sitting position
4. Target point marking (4th,5th,6th ICS MAL→ lateral line of Nipple)
5. Skin scrubbing
6. Diagnostic thoracentesis and Lidocain insertion (ETF and Parietal Pleura)
7. 2-3Cm transverse incision
8. Blunt dissection
9. Tube insertion using hemostat (advance the tube superiorly and posterioly)
10. Connect tube to under water seal
11. Wound closure
12. Dressing
13. Confirm Chest film

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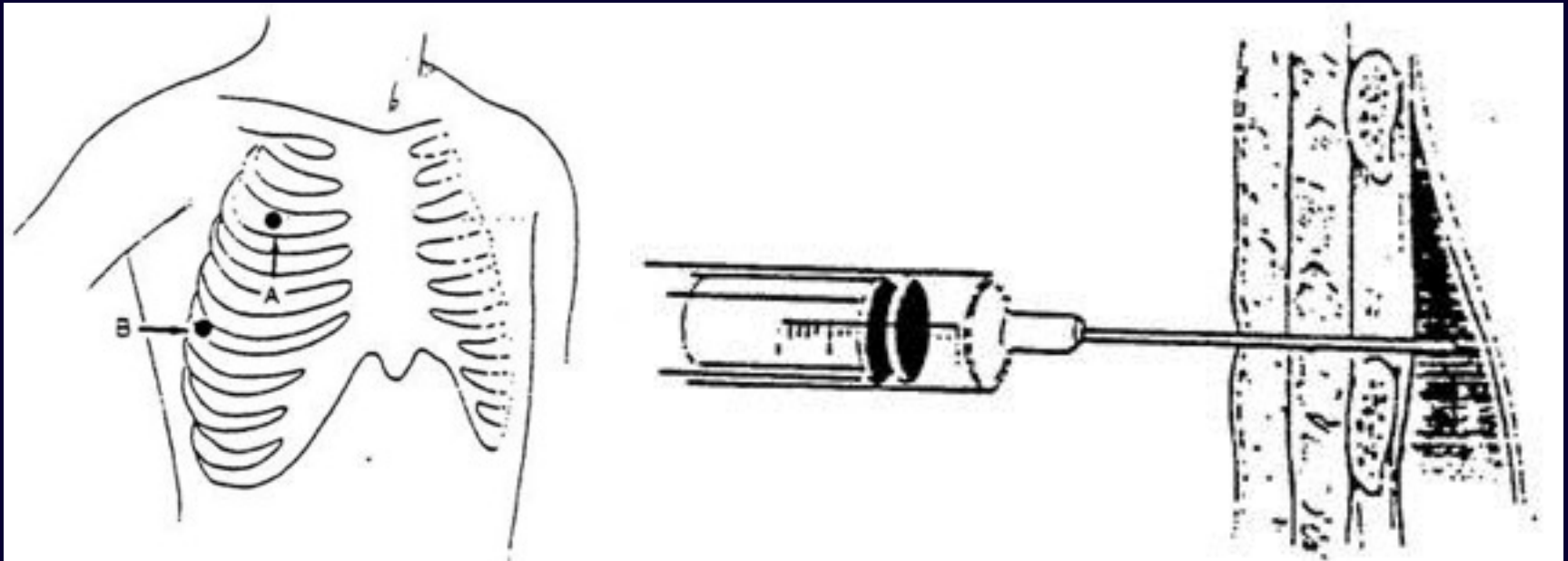
Procedures

Size of Chest Tube	
Adult or Teen Male	28-32 Fr
Adult or Teen Female	28 Fr
Child	18 Fr
Newborn	12-14 Fr

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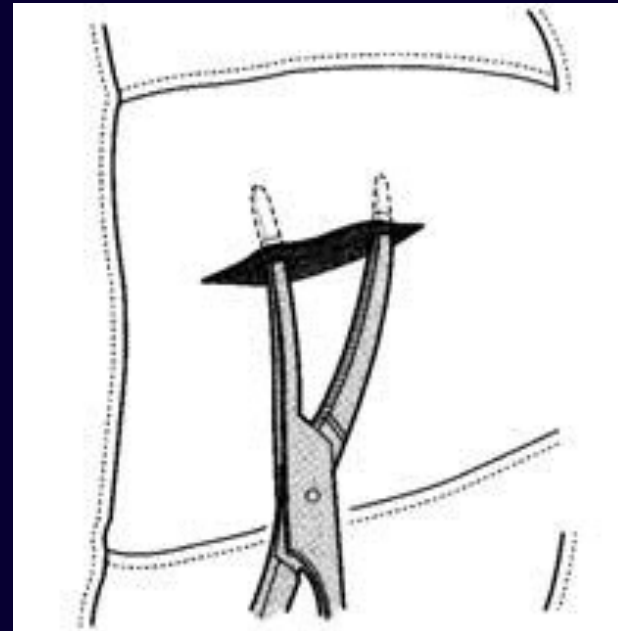
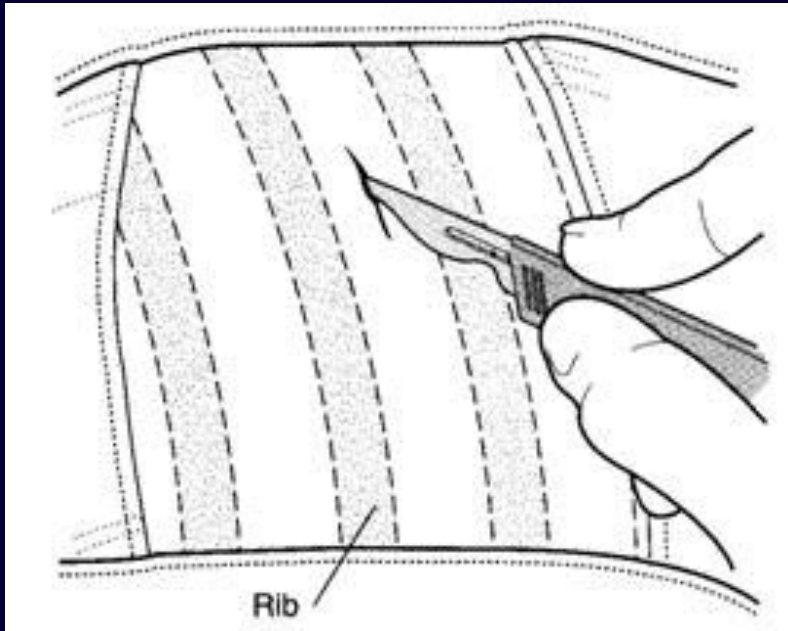
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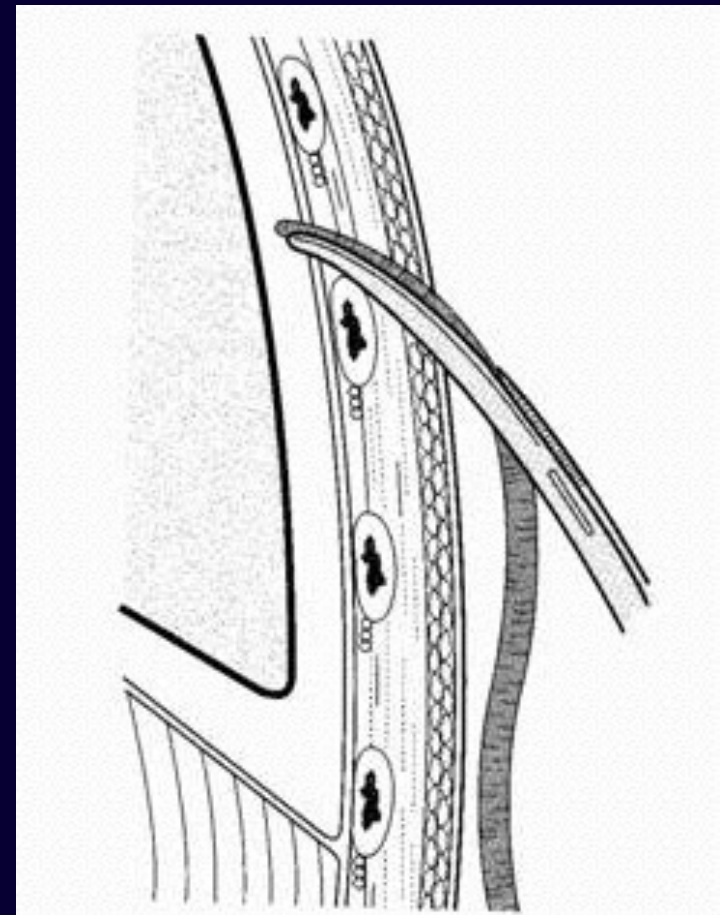
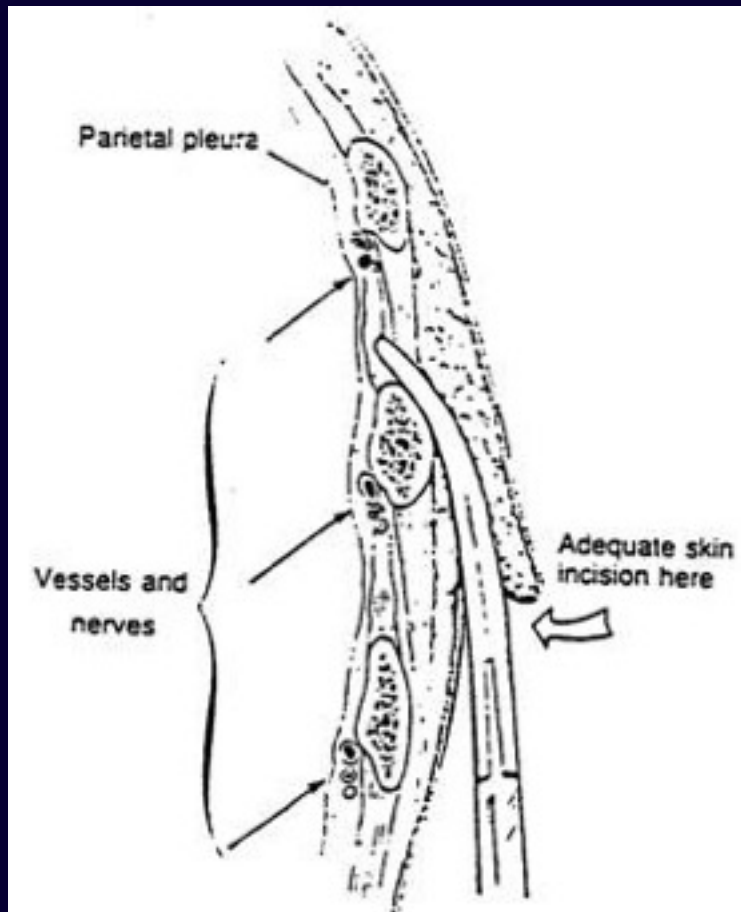
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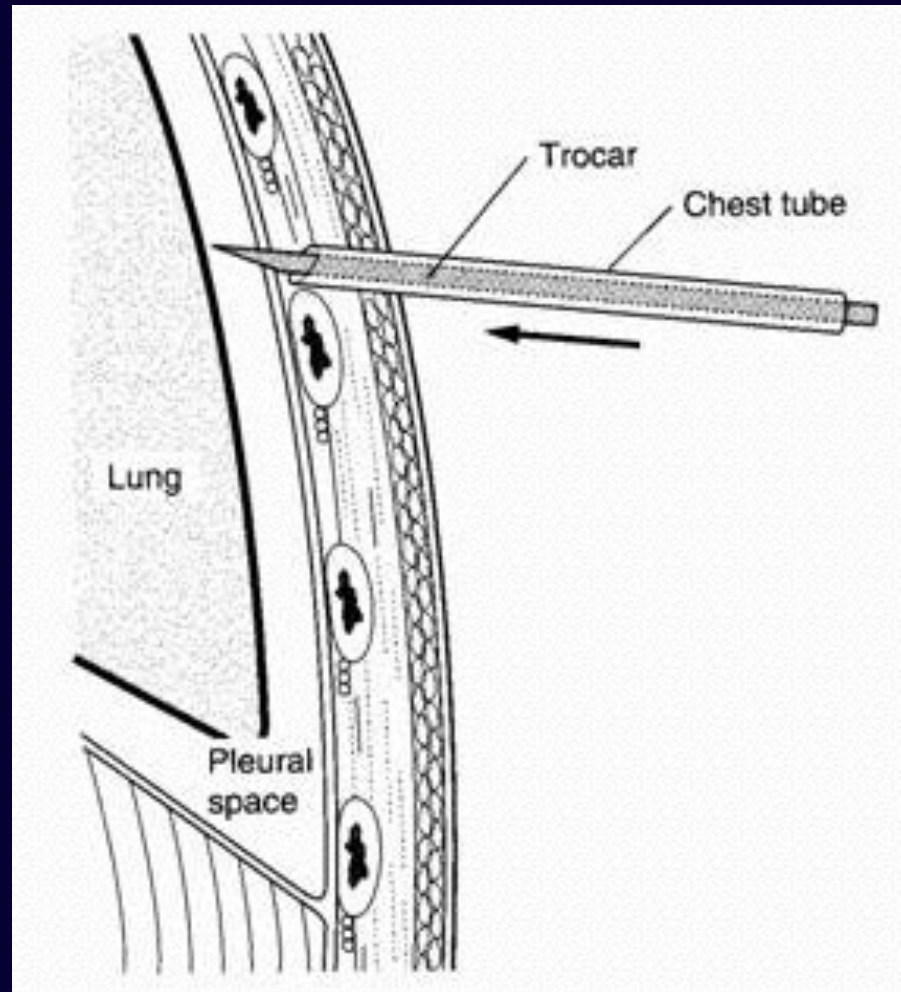
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Procedure



Complications

1. Malposition – Abdominal cavity (liver, spleen, diaphragm injury)
2. Insertion into pulmonary parenchyme
3. Mediastinal organ injury (Left Ventricle)
4. Intercostal neurovascular Injury (pain, bleeding)

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***Failure to Prepare is
Preparing to Failure !***

누구나 흥부외과를 할 수

있다면

나는 결코 흥부외과를 선

택하지

아아으 거이니다