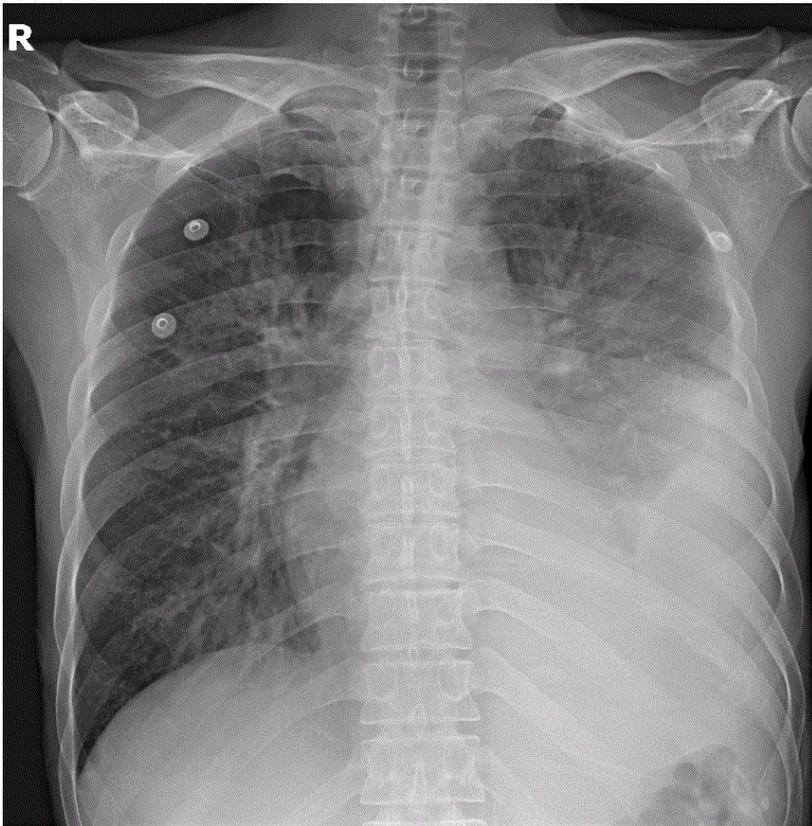


# Lung Ultrasound

대한흉부심장혈관외과학회 제10차 전공의 연수교육  
2017년 5월 26일(금)  
대명리조트 삼척솔비치  
인천한림병원  
김태식

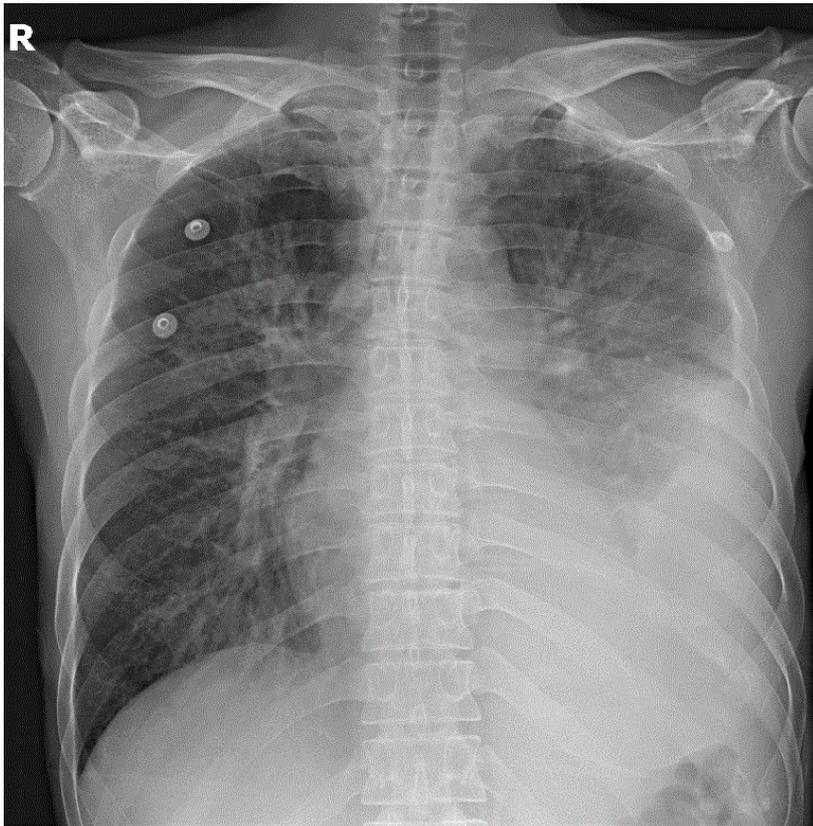
# Diagnosis – How?

Lung



- Auscultation
- ?
- 
- Chest x-ray
- CT

## Lung



## Ultrasound scanner



# Ultrasound

- > 20 KHz
- Clinical application: 2 ~ 12 MHz
- not penetrate gas, very slowly pass
- Lung: gas-filled organ

# Scanner (Device)

- ✓ Monitor
- ✓ Main body
- ✓ Probe

# Ultrasound physics

- Light
- Particle
- **Sound**
  - ✓ **Wave**
    - Frequency
    - Wave length
    - Amplitude
  - ❖ Penetration
    - Reflection
    - Attenuation
  - Resolution

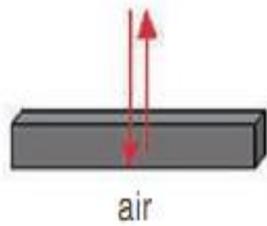
# Mode of ultrasonography

- A-mode
- B-mode
- M-mode
  
- Doppler mode
  - Color
  - PW(pulse wave)
  - CW(continuous wave)

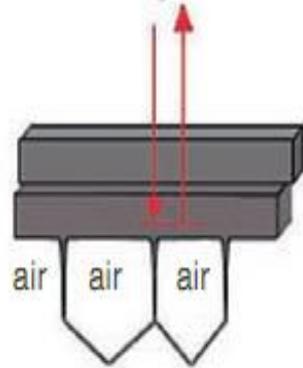
# Introduction

- Convex or Linear probe
- >5 MHz
- **Simple!!!**
- Lung: gas-filled organ
- Ultrasound: not penetrate gas, very slowly pass
- **data from pleura**
- **artifacts, mostly**

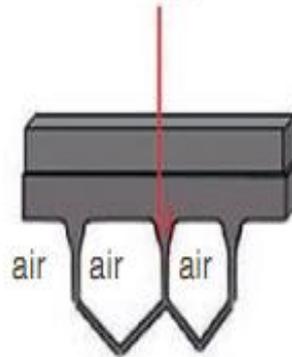
Pneumothorax



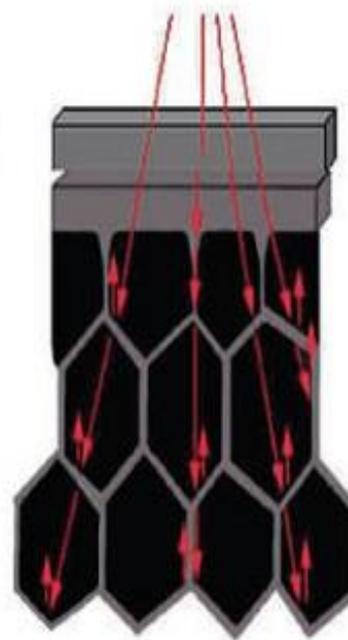
Normal lung surface



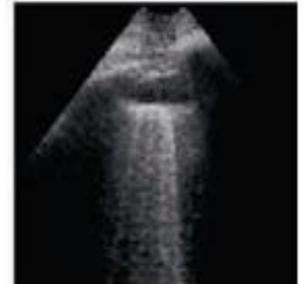
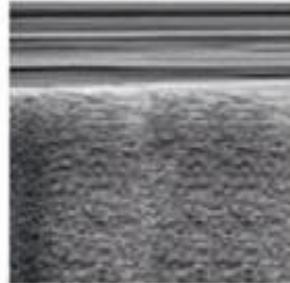
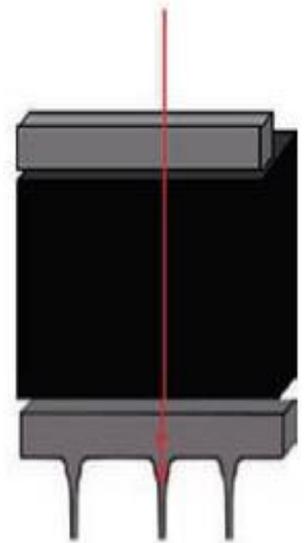
Interstitial syndrome



Alveolar consolidation



Pleural effusion



1

0,98

0,95

0,2

0

AIR/no fluid

AIR/fluid

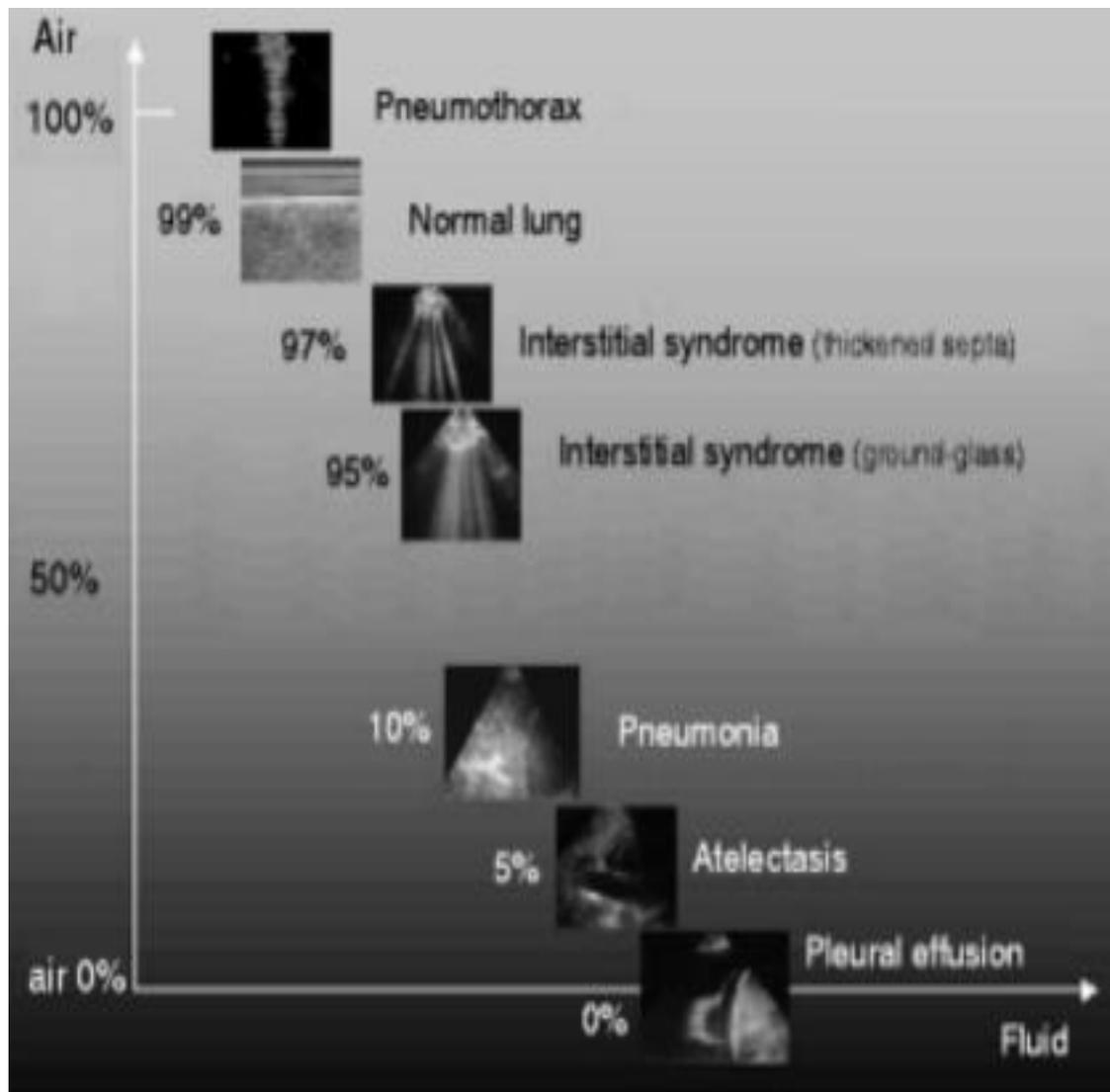
AIR/fluid

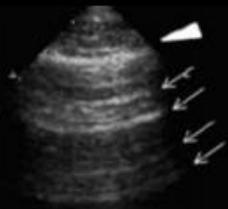
air/FLUID

no air/FLUID

Air-fluid ratio
-----------------

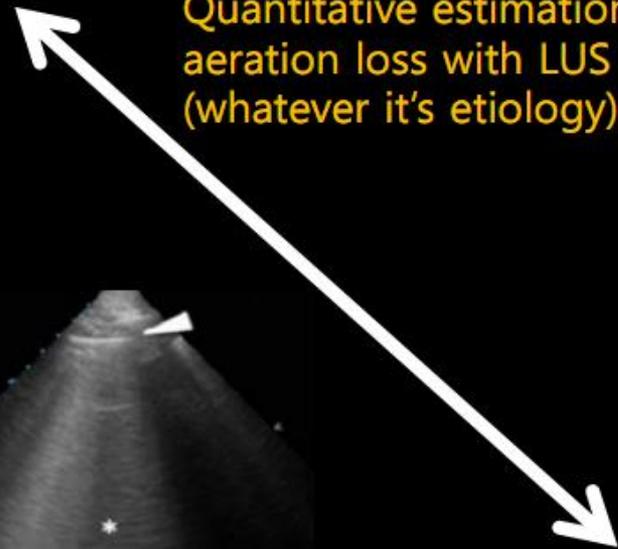
# Air-fluid ratio and Sky-earth axis



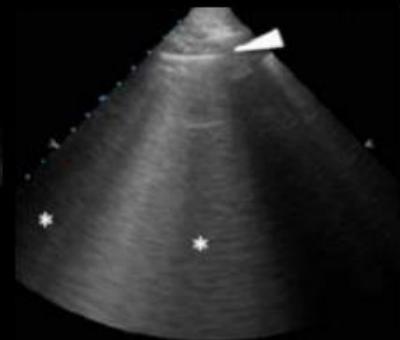
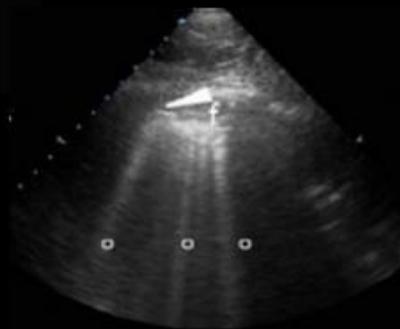


Aerated

Quantitative estimation of aeration loss with LUS (whatever it's etiology)



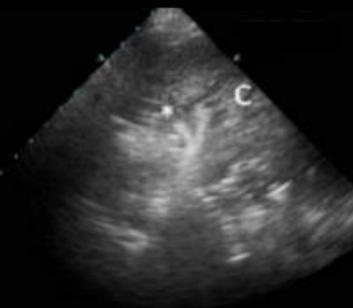
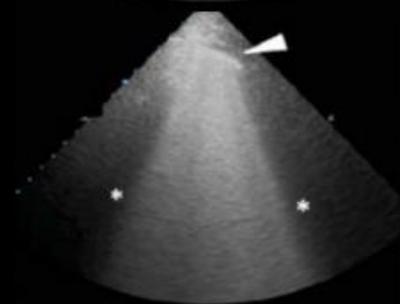
Normal aeration



Non-aerated

**Moderate: Multiple well-spaced B**

- Interstitial process (thickened ILS)
  - Regularly spaced B-lines
  - Edema/ fibrosis
- Alveolar process
  - Irregularly spaced B-lines
  - Disseminated foci of pn/ ongoing, but not complete yet, atelectasis



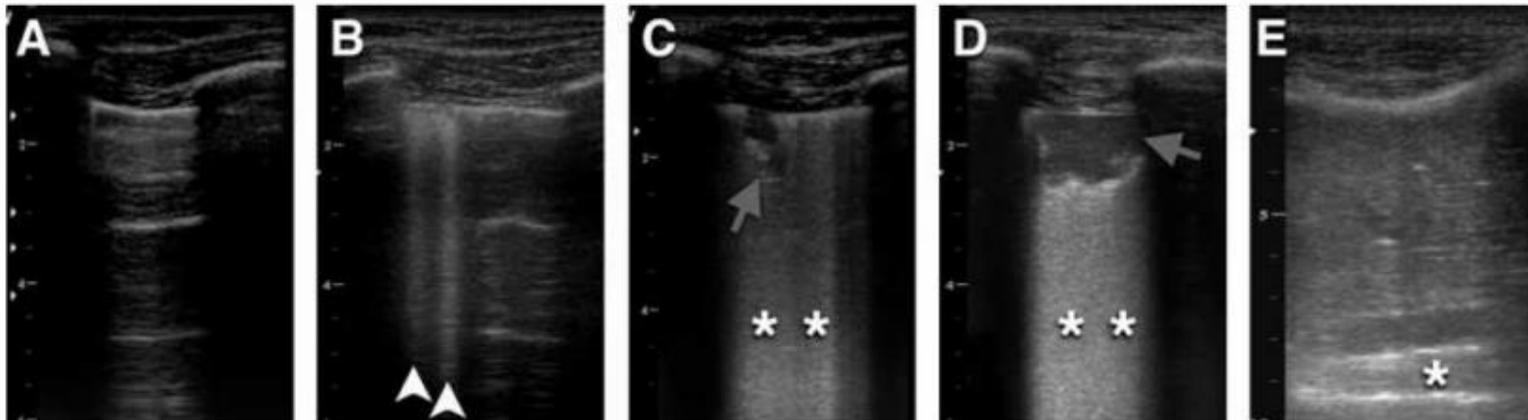
**Severe:**  
closely spaced/ coalescent B  
GGO on CT

**Complete:**  
ultrasound consolidations  
Complete loss of aeration

Gabriele Via  
Daniel Lichtenstein  
Francesco Mojoli  
Giuseppe Rodi  
Luca Neri  
Enrico Storti  
Catherine Klersy  
Giorgio Iotti  
Antonio Braschi

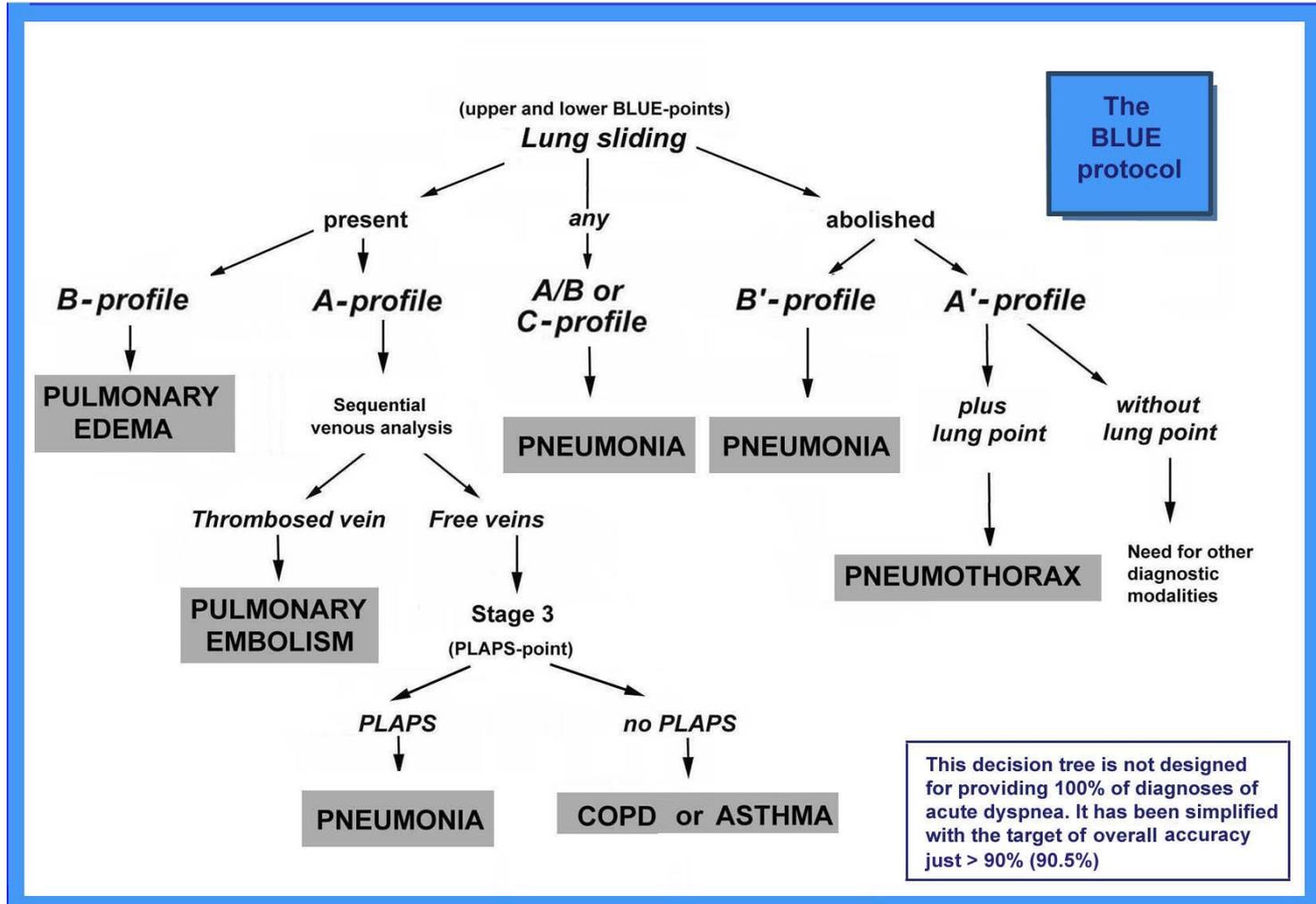
## Whole lung lavage: a unique model for ultrasound assessment of lung aeration changes

A continuum corresponding to a given degree of aeration



Normal → B-lines and pleural irregularities → ↑ B-line numbers and density  
→ sub-pleural consolidations → enlarged and deepened consolidations

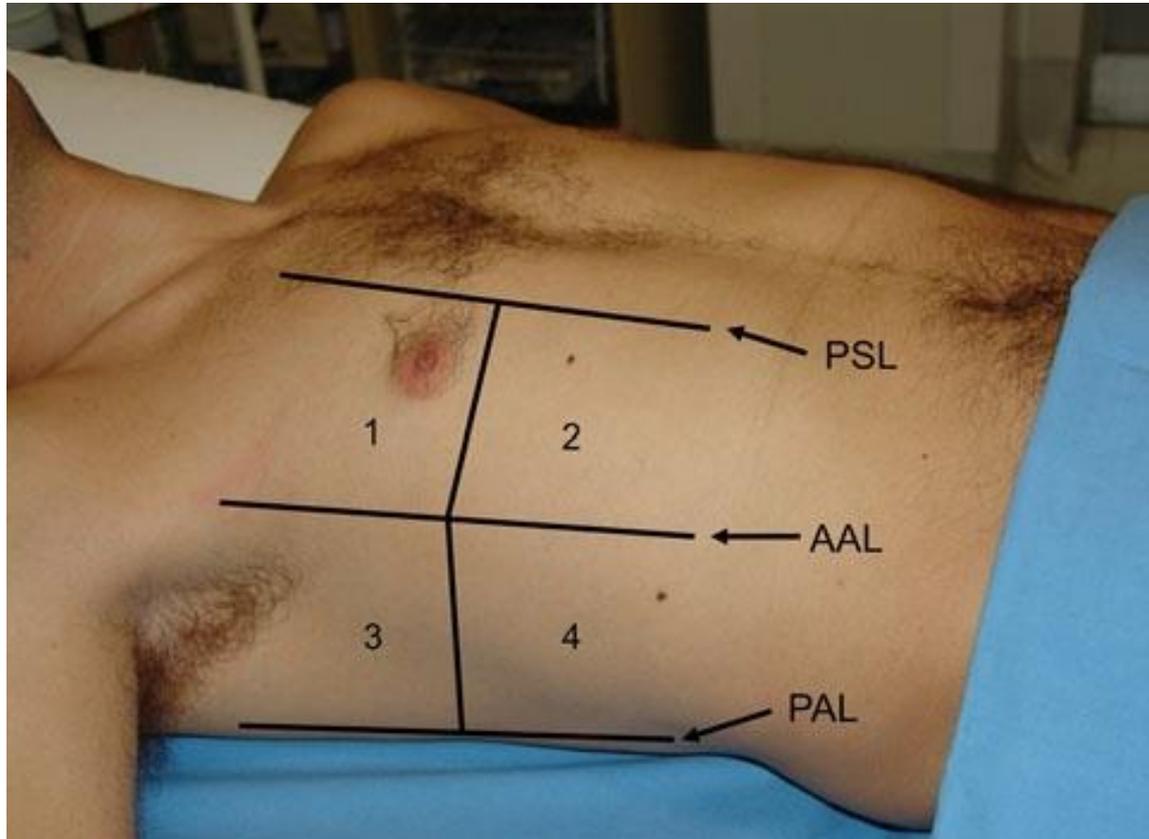
# BLUE protocol



# 화면에서 보이는 것들: "Sign"

- Bat sign
- A line
- Lung sliding
- Seashore sign
- B line
- Lung rockets
- Lung point
- Stratosphere sign
- Quad sign
- Sinusoid sign
- Shred sign
- Tissue like sign
- Lung pulse

# Zone



# Sign & Pathology

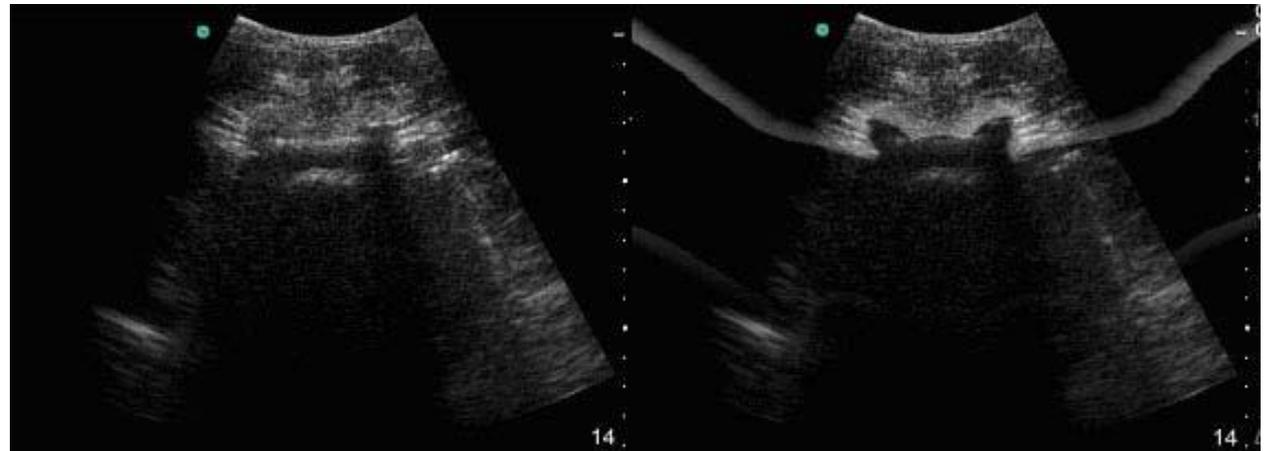
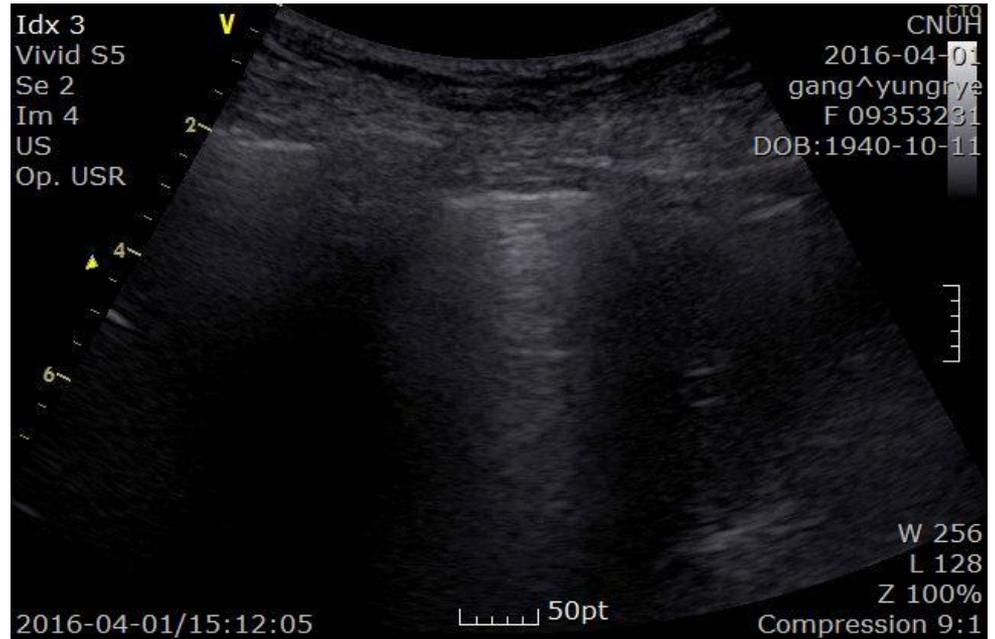
- Bat sign → Lung location
- A-line → Normal lung surface
- Lung sliding
- Seashore sign
  
- B-line → Alveolar interstitial syndrome
- Lung rockets

# Sign & Pathology

- Lung point → Pneumothorax
- Stratosphere sign
- Quad sign → Pleural effusion
- Sinusoid sign
- Shred sign → Alveolar consolidation
- Tissue like sign
- Lung pulse → Normal or Atelectasis

# Bat sign

- Landmark of lung
- Rib & Pleura & Rib





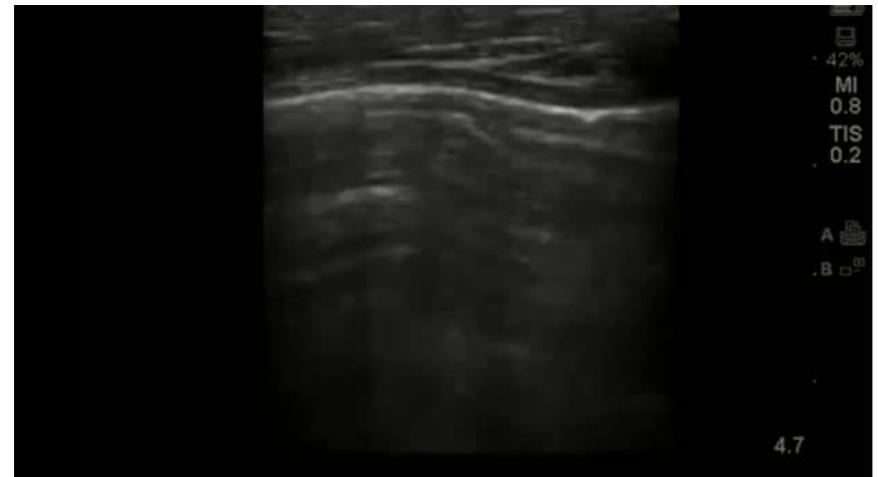
# A-line

- horizontal
- regularly spaced
- hyper-echoic
- Reverberation
- Air(+)
- Normal



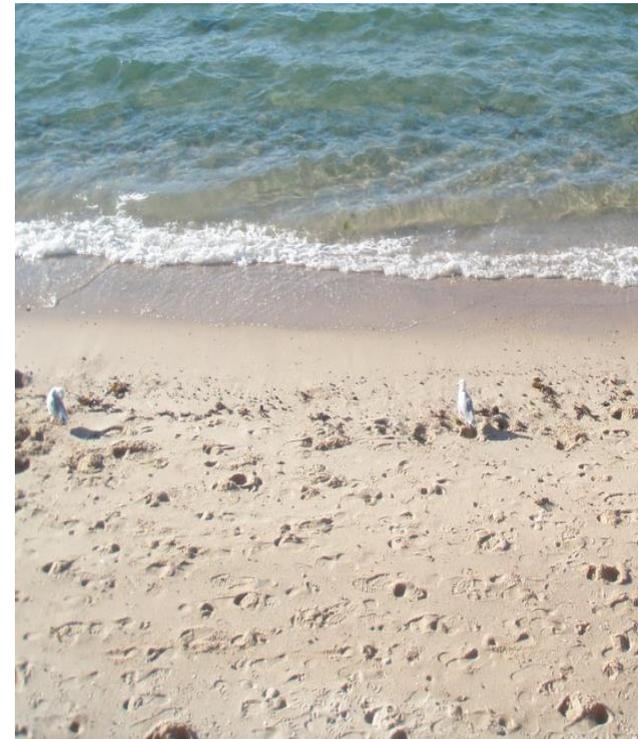
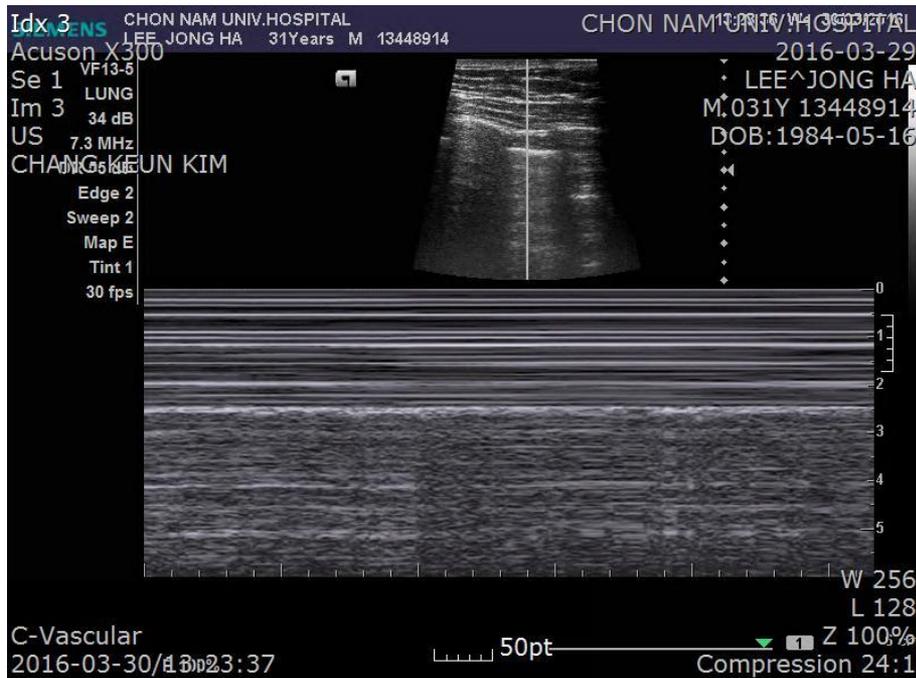
# Lung sliding

- visceral pleura movement
- (-): pneumothorax, pleural adhesion, total atelectasis
- A-line + lung sliding  
= A profile
- M-mode: seashore sign



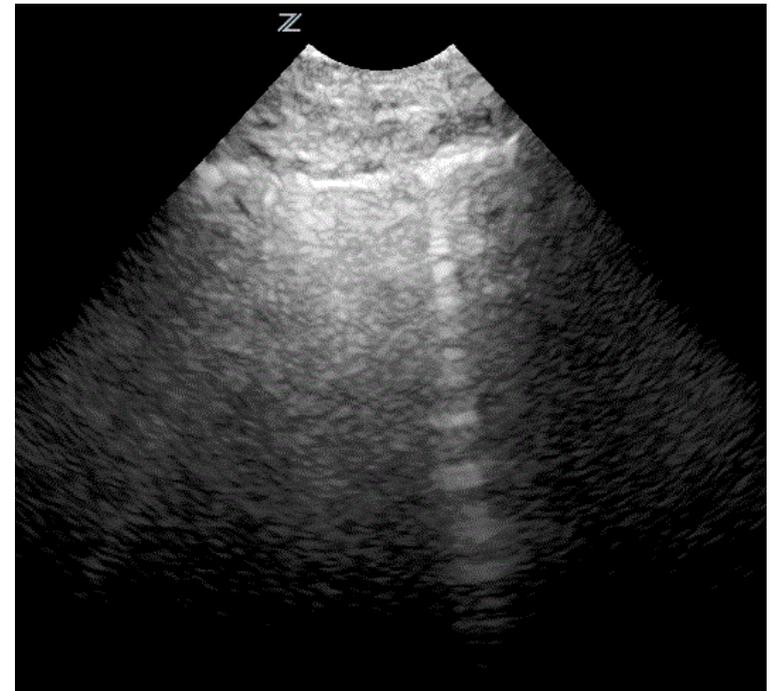
# Seashore sign

- M-mode



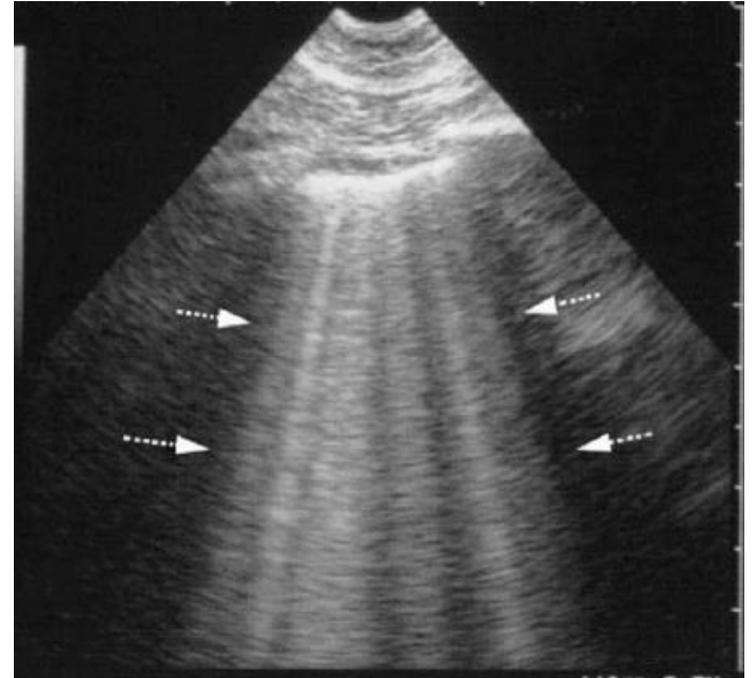
# B-line

- vertical
- hyper-echoic
- to the edge of the screen
- move with respiration

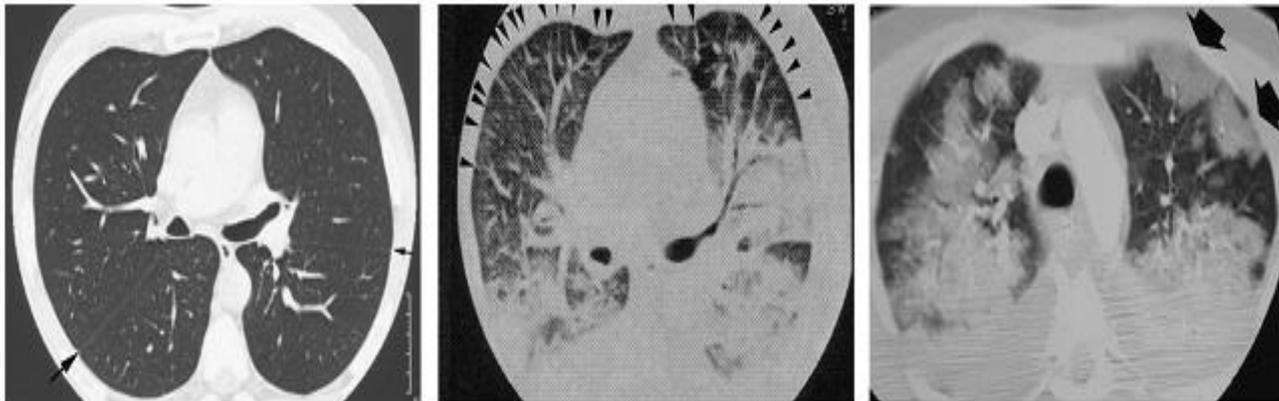
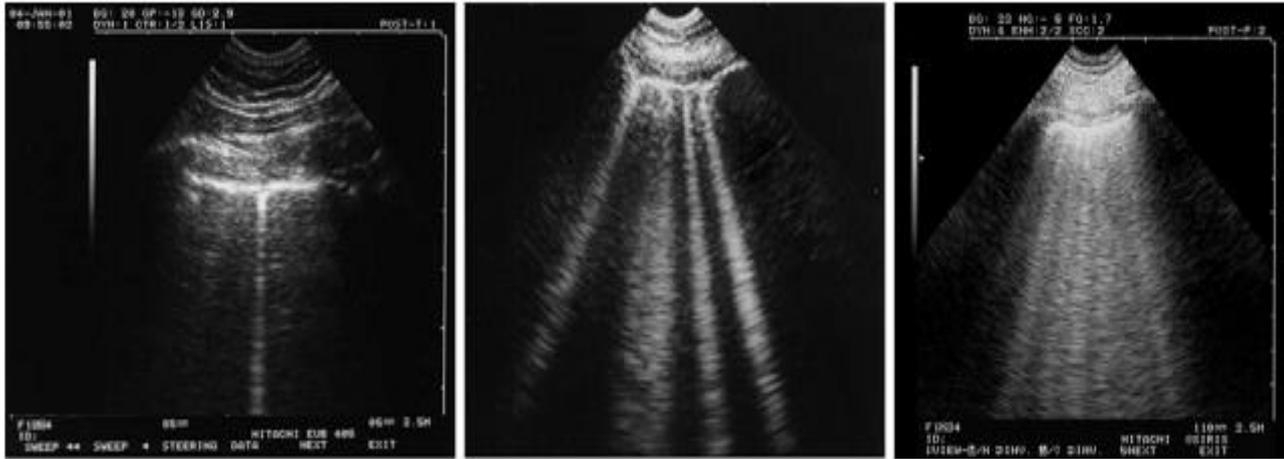


# Lung rockets

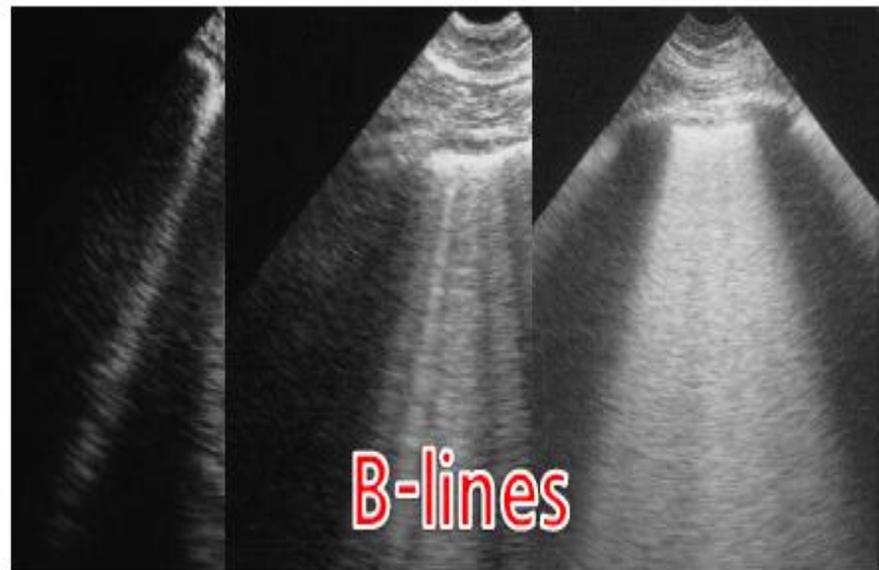
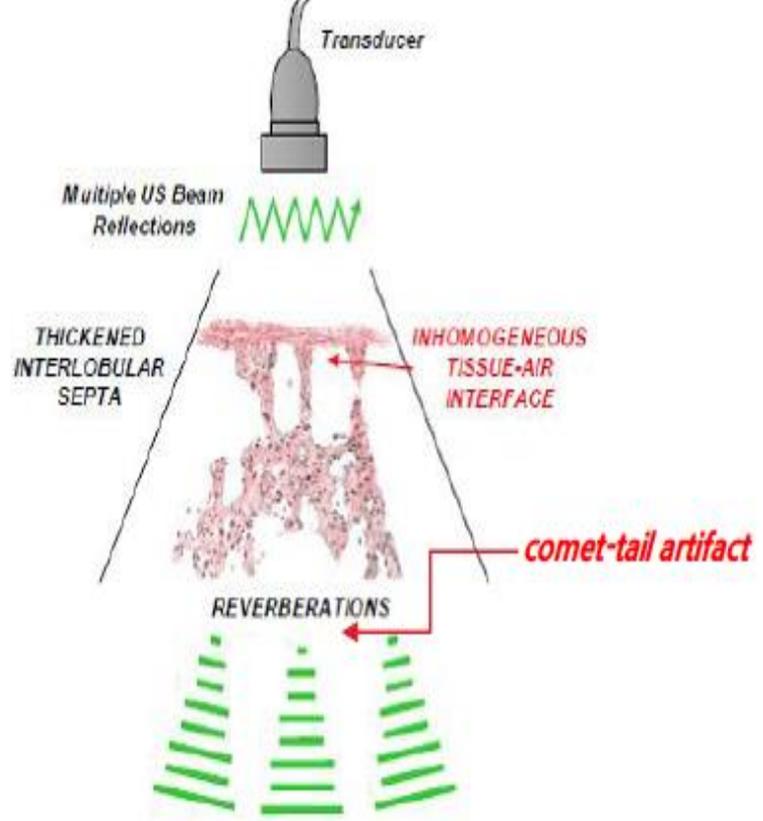
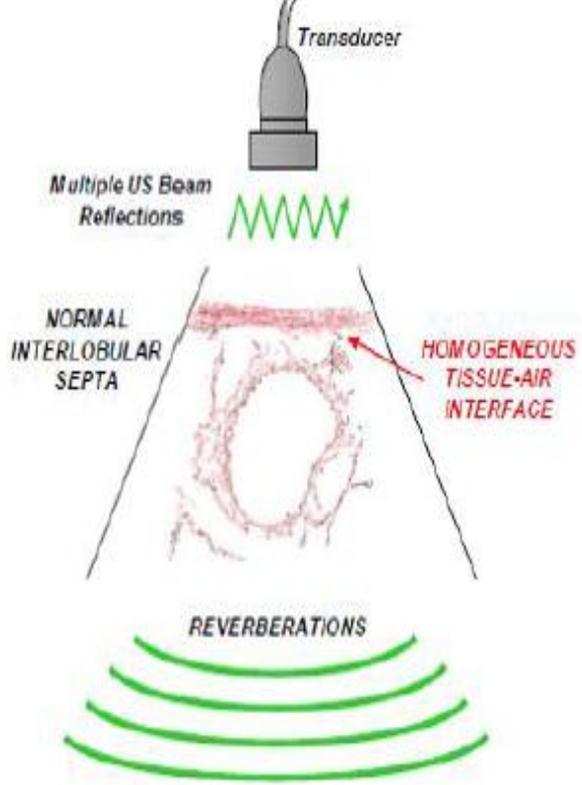
- $\geq 3$  on one ICS
- Alveolar interstitial syndrome
- pathologic
- Lung rockets + lung sliding = B profile

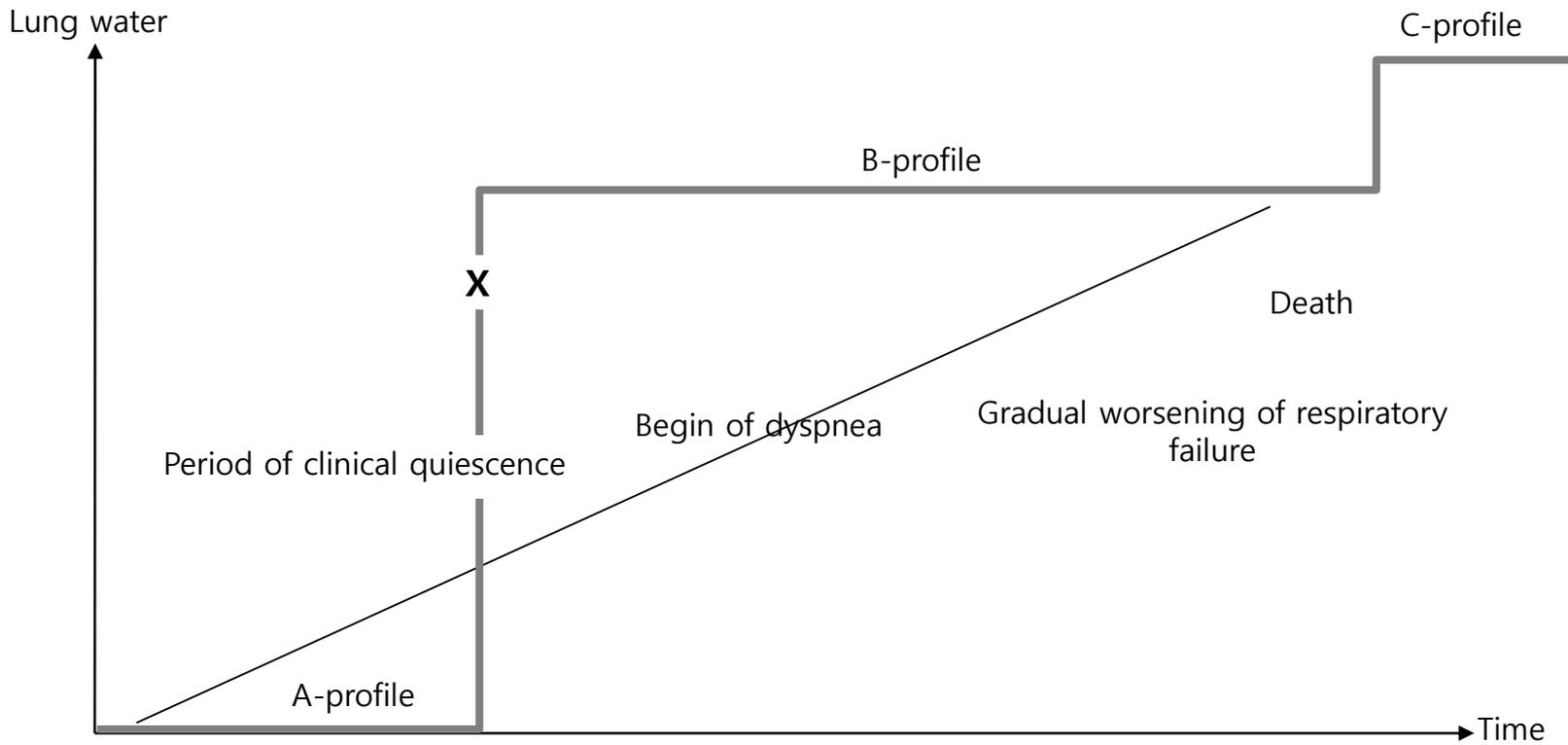


# B-Lines



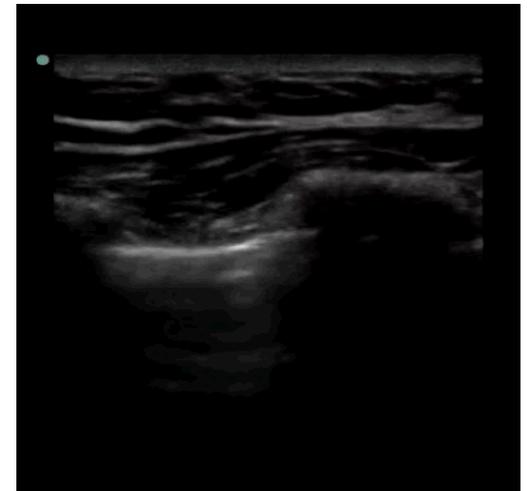
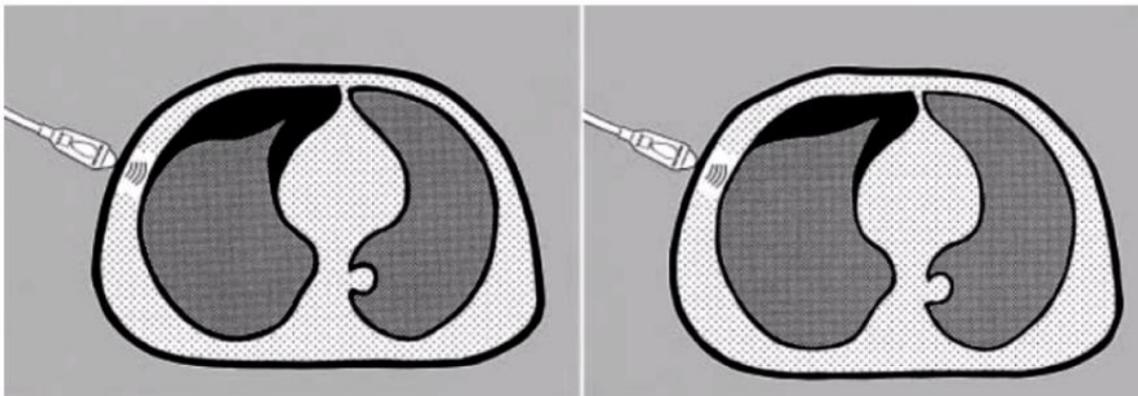
*Lichtenstein D. Chest 2008;134:117-125*





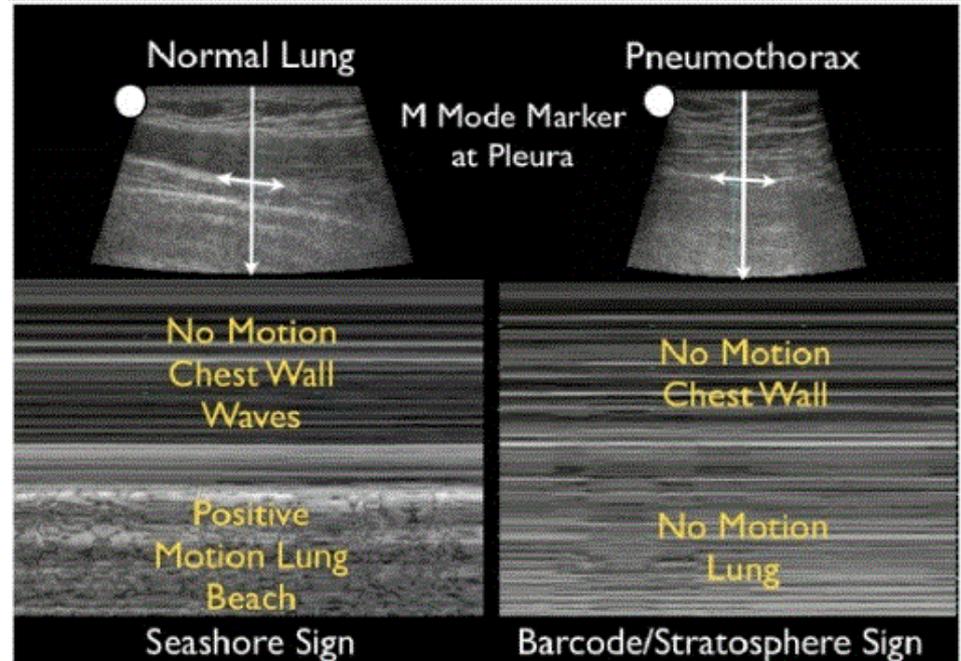
# Lung point

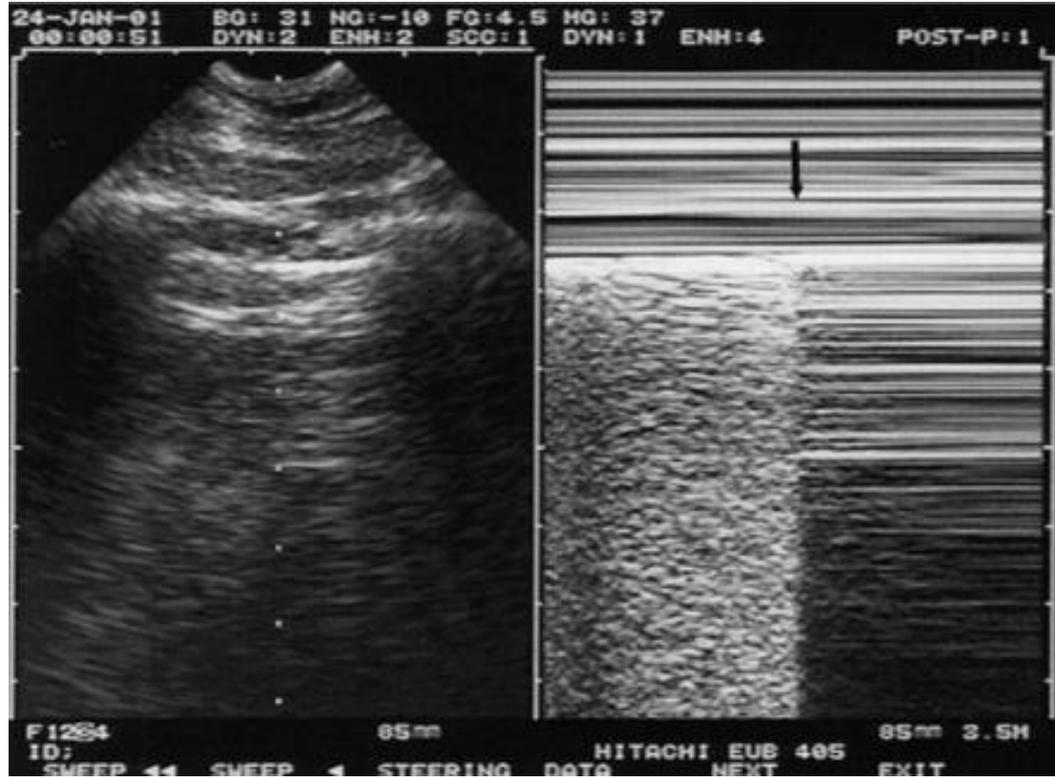
- Lung sliding: preserved, and then absent
- Indicator of pneumothorax
- (-): massive pneumothorax (total collapse)



# Stratosphere sign

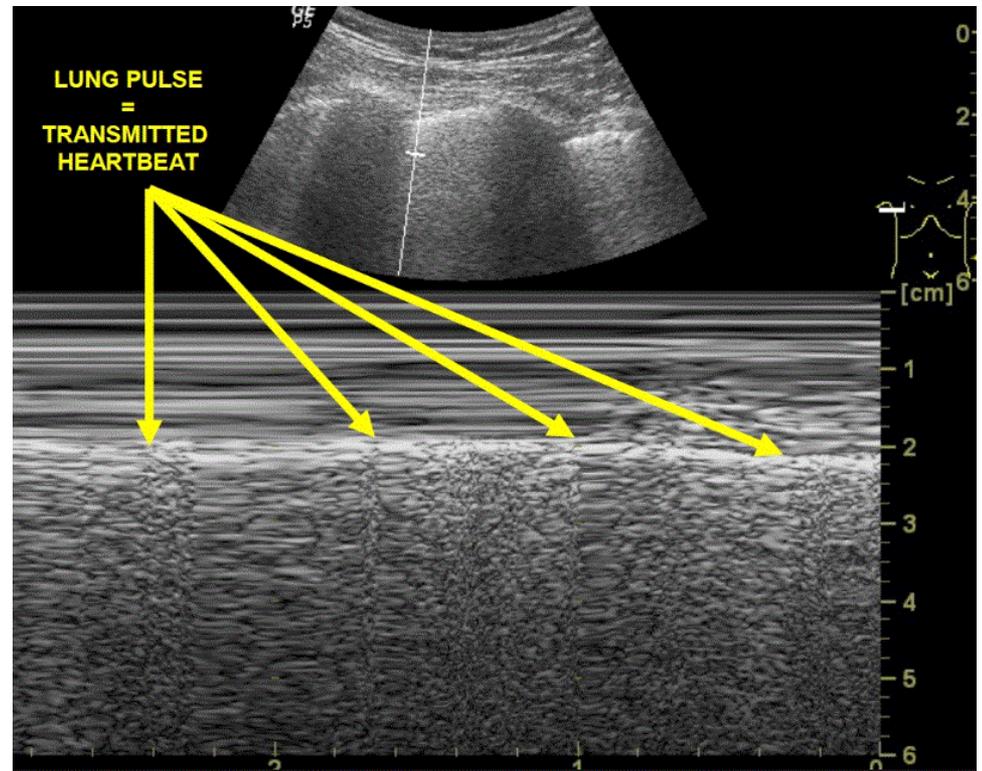
- M-mode
- Pneumothorax
- Absence of lung sliding
- Barcode sign

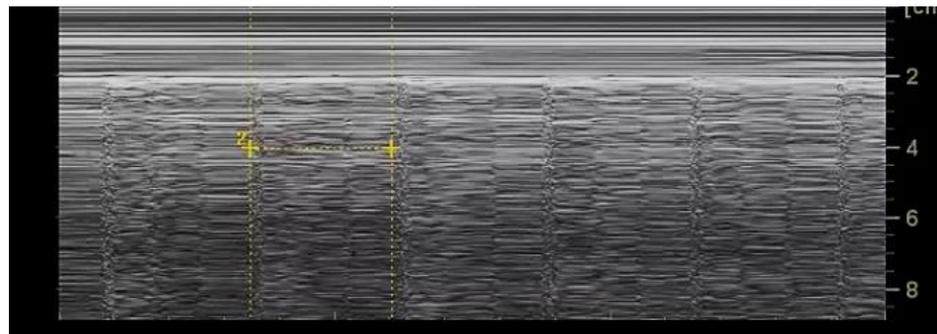
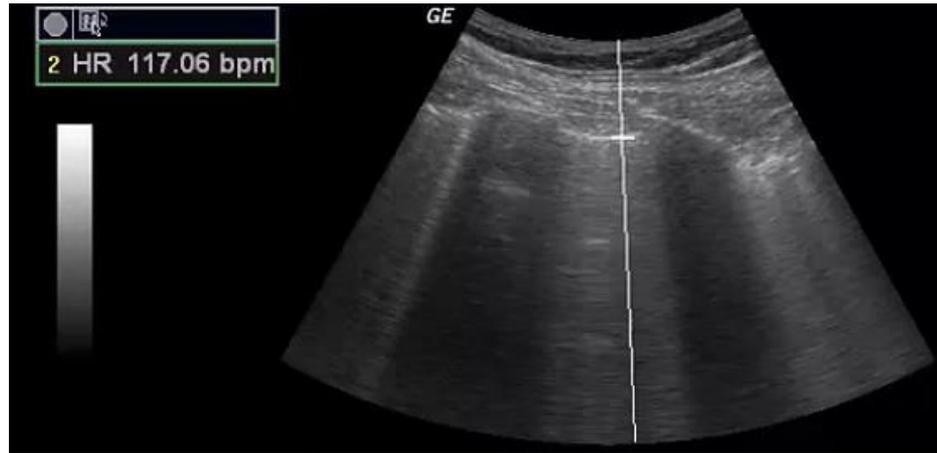




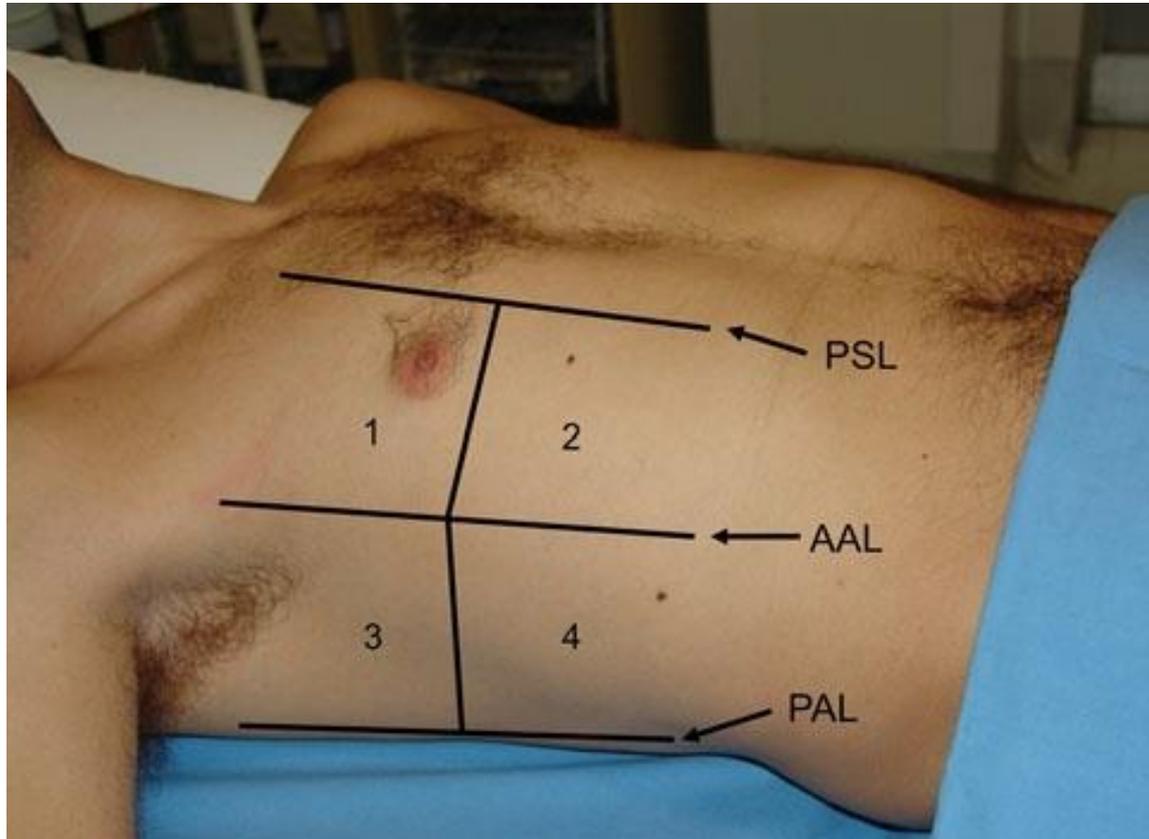
# Lung pulse

- M-mode
- Heart beat
- Normal: Lt > Rt
- Atelectasis



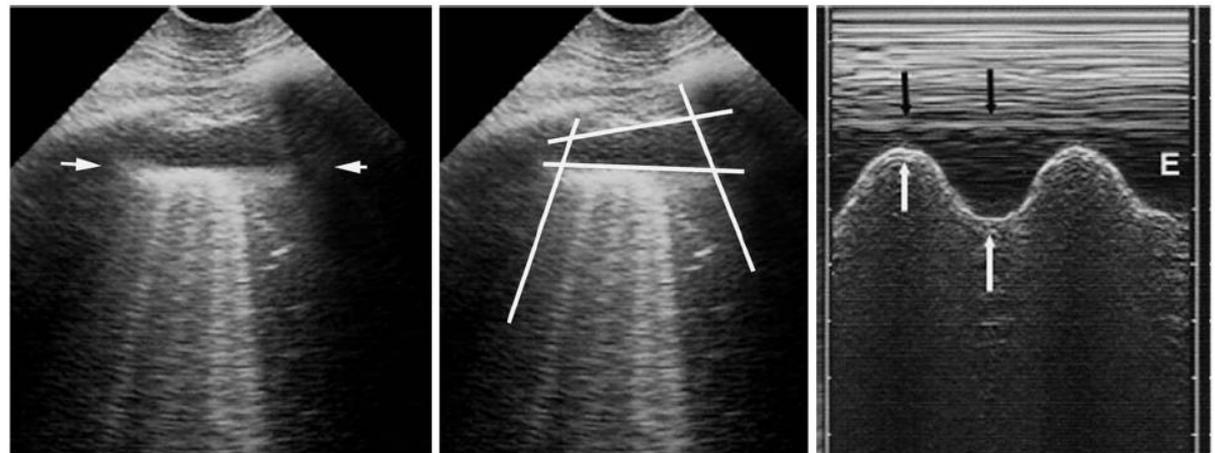


# Zone



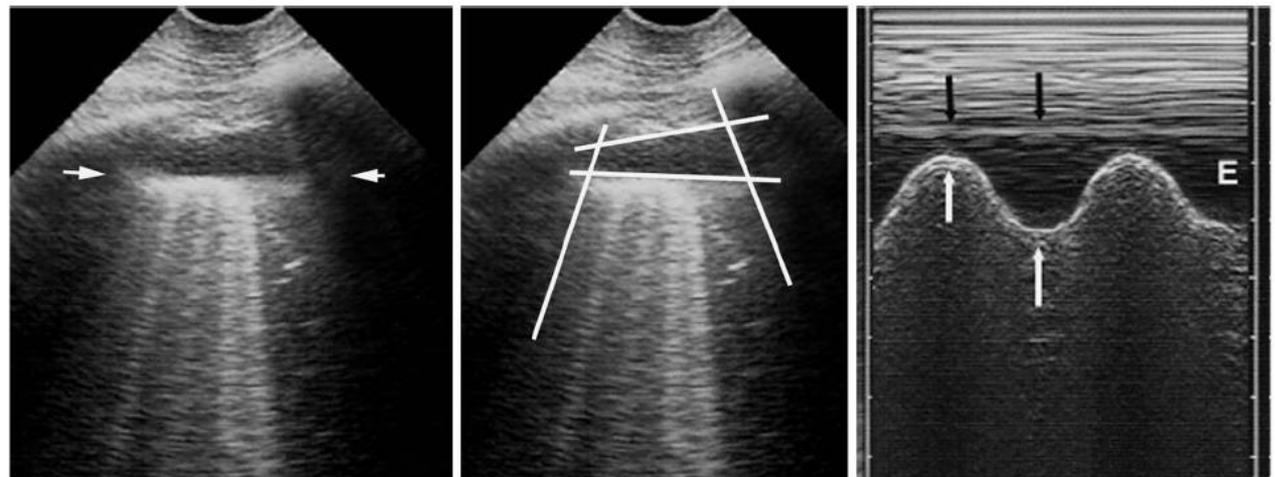
# Quad sign

- PLAPS point
  - Posterior &/or Lateral, Alveolar consolidation &/or Pleural Syndrome
- dependent position
- pleural effusion, hemothorax
- visceral pleural, parietal pleura, 2 ribs



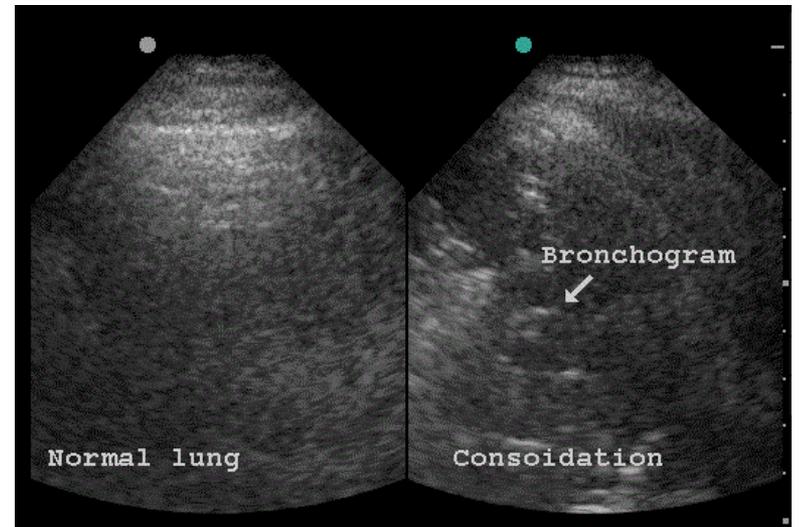
# Sinusoid sign

- M-mode
- sine curve
- Movement of visceral pleura(lung) by respiration



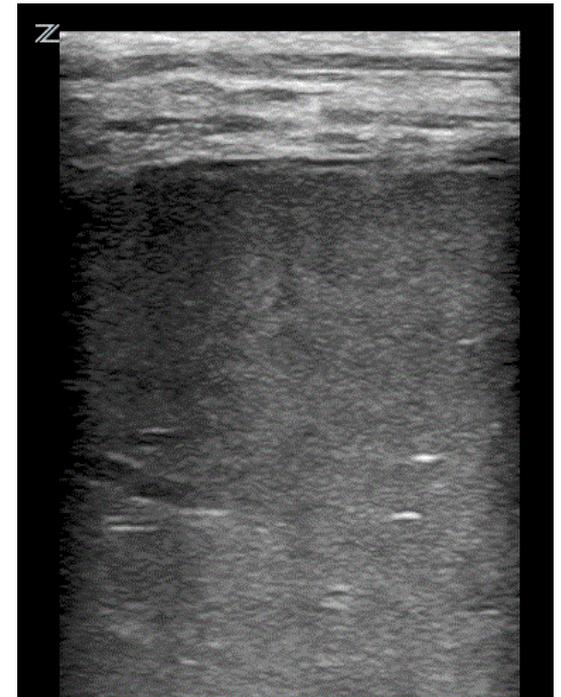
# Shred sign

- alveolar consolidation: water rich
- Mixed pattern: aerated lung & alveolar consolidation



# Tissue like sign

- translobar consolidation
- Hepatization: looking like the liver



# Normal? Pathologic?

- Bat sign
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# B-mode? M-mode?

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# B-mode? M-mode?

- Bat sign
- A line
- Lung sliding
- **Seashore sign**
- B line
- Lung rockets
- Lung point
- **Stratosphere sign**
- Quad sign
- **Sinusoid sign**
- Shred sign
- Tissue like sign
- **Lung pulse**

# Static? Dynamic?

- Bat sign
- A line
- Lung sliding
- Seashore sign
- B line
- Lung rockets
- Lung point
- Stratosphere sign
- Quad sign
- Sinusoid sign
- Shred sign
- Tissue like sign
- Lung pulse

# Static? Dynamic?

- Bat sign
- A line
- **Lung sliding**
- Seashore sign
- **B line**
- **Lung rockets**
- **Lung point**
- Stratosphere sign
- Quad sign
- **Sinusoid sign**
- Shred sign
- Tissue like sign
- **Lung pulse**

# in the Hands-on session...

- Bat sign
- A line
- Lung sliding
- Seashore sign
- B line
- Lung rockets
- Lung point
- Stratosphere sign
- Quad sign
- Sinusoid sign
- Shred sign
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- Lung pulse