Heart Failure Surgery

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Heart failure - definition

- Definition
 - Complex clinical syndrome
 - Symptoms and signs
 - Any structural or functional impairment of ventricular filling or ejection of blood.

Heart failure – symptom & sign

Symptoms

Dyspnoea (on exertion, nocturnal)
Reduced exercise tolerance
Fatigue, lethargy
Orthopnoea
Nocturnal cough
Wheeze
Anorexia
Confusion/delirium (elderly)

Signs

Oedema, ascites
Elevated jugular venous pressure
Crepitations or wheeze
Tachycardia
Third heart sound, murmurs
Hepatomegaly
Displaced apex beat
Cachexia and muscle wasting

Heart failure - causes

TABLE 5 Other Potential Nonischemic Causes of HF

Cause	Reference
Chemotherapy and other cardiotoxic medications	(23-25)
Rheumatologic or autoimmune	(26)
Endocrine or metabolic (thyroid, acromegaly, pheochromocytoma, diabetes, obesity)	(27-31)
Familial cardiomyopathy or inherited and genetic heart disease	(32)
Heart rhythm-related (e.g., tachycardia-mediated, PVCs, RV pacing)	(33)
Hypertension	(34)
Infiltrative cardiac disease (e.g., amyloid, sarcoid, hemochromatosis)	(21,35,36)
Myocarditis (infectious, toxin or medication, immunological, hypersensitivity)	(37,38)
Peripartum cardiomyopathy	(39)
Stress cardiomyopathy (Takotsubo)	(40,41)
Substance abuse (e.g., alcohol, cocaine, methamphetamine)	(42-44)

HF indicates heart failure; PVC, premature ventricular contraction; and RV, right ventricular.

Heart failure - survival

Heart failure - stage

Heart failure - treatment

Heart failure – Surgical treatment

INTERMACS Profiles

Table 4: INTERMACS Profiles

Profiles	Brief Description	Details
INTERMACS 1	Critical cardiogenic shock (Crash and burn)	Life-threatening hypotension despite rapidly escalating inotropic support.
INTERMACS 2	Progressive decline (Sliding fast on inotropes)	Declining function despite intravenous inotropic support.
INTERMACS 3	Stable but inotrope dependent (Dependent stability)	Stable on continuous intravenous inotropic support.
INTERMACS 4	Resting symptoms on oral therapy at home	Patient experiences daily symptoms of congestion at rest or during activities of daily living.
INTERMACS 5	Exertion intolerant	Patient is comfortable at rest and with activities of daily living but unable to engage in any other activity.
INTERMACS 6	Exertion limited (Walking wounded)	Patient has fatigue after the first few minutes of any meaningful activity.
INTERMACS 7	Advanced NYHA class III (Placeholder)	Patients living comfortably with meaningful activity limited to mild physical exertion.

INTERMACS: Interagency Registry for Mechanically Assisted Circulatory Support;
NYHA = New York Heart Association. Adapted from: Stevenson LW, et al.²⁵

Heart failure – Surgical treatment

Contraindication for LVAD or HT

Characteristic features of LVAD & HT

Heart transplantation

History of heart transplantation

1964	James Hardy (the University of Mississippi)	The first human cardiac transplant (chimpanzee xenograft)
1967	Christiaan Barnard (South Africa)	The first human-to-human heart transplant
1967	Adrian Kantrowitz (Maimonides Hospital in Brooklyn)	The first pediatric heart transplant
1968	Norman Shumway (Stanford)	The first adult heart transplant in the United States
1992	Myung-geun Song (AMC)	The first heart transplant in Korea

First human heart transplantation

Chris Barnard (1922 – 2001) was 45 years old when his heart transplant breakthrough made him world famous.

Source: Heart of Cape Town Museum

The Dec. 15, 1967, cover of TIME TIME

Heart transplantation - indication

Table 2. Commonly accepted indications for HTx³⁴⁾

Systolic HF with severe functional limitations or refractory symptoms despite optimal medical and device therapy

NYHA functional class IIIb–IV

LVEF usually <35%*

Maximal oxygen uptake (VO_2 max) of ≤ 12 – 14 mL/kg/min and/or VO_2 max <50% predicted, and/or VE/ VCO_2

Slope >35 on cardiopulmonary exercise stress testing[†]

Cardiogenic shock not expected to recover

Acute myocardial infarction

Acute myocarditis

Ischemic heart disease with intractable angina not amenable to surgical or percutaneous revascularization, and refractory to maximal medical therapy

Intractable ventricular arrhythmias, uncontrolled with standard antiarrhythmic medication, device, or ablative therapy

Severe symptomatic hypertrophic or restrictive cardiomyopathy

Congenital heart disease in which severe, fixed pulmonary hypertension is not a complication

Cardiac tumors with a low likelihood of metastasis

HF = heart failure; HTx = heart transplantation; LVEF = left ventricular ejection fraction; NYHA = New York Heart Association; VE/ VCO_2 : minute ventilation/carbon dioxide production slope; VO_2 max = maximal oxygen uptake. *Low LVEF alone is not an adequate indication for HTx; [†]Abnormal cardiopulmonary exercise testing in the absence of functional limitations is not a sufficient criterion for transplantation.

Heart transplantation - contraindication

Table 3. Contraindications to HTx³⁴⁾

Age	Over 70 is a relative contraindication depending on associated comorbidities
Obesity	BMI <30 kg/m ² is recommended; most centers will tolerate BMI <35 kg/m ² *
Malignancy	Active neoplasm, except nonmelanoma skin cancer, is an absolute contraindication; cancers that are low grade or in remission may be acceptable in consultation with an oncologist
Pulmonary hypertension	The inability to achieve PVR <2.5 wood units with vasodilator or inotropic therapy is a contraindication; such patients may benefit from unloading with a VAD
Diabetes	Uncontrolled diabetes or that associated with significant end-organ damage is an absolute contraindication
Renal dysfunction	If caused by diabetes, may be an absolute contraindication (unless combined heart-kidney transplantation is considered)
Cirrhosis	May be secondary to cardiac disease and is an absolute contraindication in most centers (unless combined heart/liver transplant is considered)
Peripheral vascular disease	Severe disease not amenable to revascularization is an absolute contraindication, especially if associated with ischemic ulcers
Infection	HIV and hepatitis C are absolute contraindications at most centers; with novel hepatitis C therapy, some centers may consider such patients
Substance use	6 months of abstinence from smoking, alcohol, and illicit drugs are required; in critically ill patients, consultation with psychiatry and social work is essential
Psychosocial issues	Noncompliance, lack of caregiver support (either by family or agencies), and dementia are absolute contraindications; mental retardation may be a relative contraindication

BMI = body mass index; HIV = human immunodeficiency virus; HTx = heart transplantation; PVR = pulmonary vascular resistance; VAD = ventricular assist device.

*A higher BMI may be acceptable in certain populations with larger body habitus, such as patients of Pacific Islander descent.

Heart transplantation – Allocation system

UNOS HEART TRANSPLANT STATUSES

Old	New (late 2018)	Criteria	
1A	1	VA-ECMO	
		Non-dischargeable BiVAD	
		MCSd with life threatening arrhythmias	
	2	3	IABP
			Sustained VT or VF
			Dischargeable BiVAD, TAH, RVAD
			MCSd with malfunction
			Percutaneous endovascular MCS
			Dischargeable LVAD for 30 days
1B	4	MCSd with complication (infection, hemolysis, bleeding, AI, pump thrombosis)	
		IV inotrope infusion + hemodynamic monitoring	
		Inotropes without hemodynamic monitoring	
		Stable LVAD	
		Ischemia with intractable angina	
		CHD	
		Hypertrophic CM	
Restrictive CM			
2	5	Combined organ transplants	
	6	Remaining active candidates	

Abbreviations: venoarterial extracorporeal membrane oxygenation (**VA-ECMO**), biventricular assist device (**BiVAD**), mechanical circulatory support device (**MCSd**), ventricular tachycardia (**VT**), ventricular fibrillation (**VF**), total artificial heart (**TAH**), ventricular assist device (**VAD**), aortic insufficiency (**AI**), congenital heart disease (**CHD**), cardiomyopathy (**CM**)

Source: Organ Procurement and Transplantation Network (<https://optn.transplant.hrsa.gov>)

심장이식 응급도

구분	심장 응급도 기준
응급도 0	<p>다음 중 한 가지 이상 해당하여야 한다.(8일 이내 재등록)</p> <ul style="list-style-type: none"> ① 체외막형 심폐기(V-A ECMO) 가동중인 환자 ② <u>중환자실에서 심부전으로 인해 인공 호흡기를 부착하고 있는 환자</u> ③ 삽입형 심실조력장치(VAD)를 가진 환자가 심각한 합병증으로 중환자실에 입실하는 경우 ④ 비삽입형 심실조력장치(VAD)
응급도 1	<p>입원한 환자로 등록일 기준으로 다음 한가지 이상 해당하여야 한다. 단, 2) 의 경우는 입원하지 않은 환자도 포함한다 (8일 이내 재등록)</p> <ul style="list-style-type: none"> ① 인공심장(Artificial heart) ② 심실조력 장치 (VAD) ③ 대동맥내 풍선 펌프(IABP) ④ 연속적으로 4주 이상 정맥내 강심제 투여중인 환자 ⑤ 최소 1주 이상 고용량의 단일 정맥내 강심제 또는 두가지 이상의 중증도 이상 용량의 정맥내 강심제가 필요한 경우 ⑥ 지속성 심실빈맥/심실세동이 자주 반복되거나 심실 제세동기(ICD)가 자주 작동하는 경우 <p>* 항부정맥제를 사용중이거나 부정맥 시술을 시행했던 경우로 24시간 이내 3회 혹은 그 이상의 심실빈맥/심실세동이 나타나거나 ICD가 3회 혹은 그 이상 작용한 경우(재신청 기간 내에 3회 이상 나타난 경우)</p>
응급도 2	<p>다음 중 한 가지 이상 해당하여야 한다 (30일 이내 재등록)</p> <ul style="list-style-type: none"> ① 등록일 기준으로 최소 1주 이상 정맥 내 강심제 투여 중이나 응급퇴의 기준에 맞지 않는 경우 ② 항부정맥제를 사용중이거나 부정맥 시술을 시행했던 경우로 심실빈맥/심실세동이 나타나거나 ICD가 작동한 경우
응급도 3	응급도 0,1,2에 해당하지 않는 경우
응급도 4	- 심장이식 대기 보류인 상태

사) 심장 응급도 예외 심의위원회 운영

(1) **응급도 기준에 해당하지 않는 부득이한 사유**가 있는 경우 또는 **75세 이상** 이식대기 자의 **응급도를 0**으로 재등록하려는 경우는 심장 응급도 예외 심의위원회를 통해 응급도를 인정할 수 있다. 심의대상은 다음과 같다.

① **중증 심부전 상태**이나 **의학적 사유로 심실보조장치 적용이 불가능**하거나 **심실보조 장치의 성공률이 매우 낮을 것으로 추정되는 경우**(선천성 심기형, 비후성 심근증, 아밀로이드 심근증, 불응성 심실 부정맥, 제한성 심근증, 부정맥 유발성 우심실심 근병증 등)

② **75세 이상 이식대기자**의 응급도 0으로 재등록하려는 경우

* 75세 이상 이식대기자는 응급도 0으로 재등록하기 위해서는 소견을 충실히 작성하여 예외 심의위원회 인정을 받아야 하며, 그렇지 않으면 응급도 3으로 변환됨

(2) 응급도 심의를 통해 한 단계 상향만 가능하다.

(3) 예외 응급도를 인정한 경우 대기기간은 응급도 0은 16일, 응급도 1은 60일, 응급도 2는 90일 인정하고, 그 이후 다시 인정받고자 하는 경우 사전에 재심의를 요청해야 함

(4) 운영 세부 사항은 심장·폐 분야 전문가 자문단에서 결정한다.

Acceptable Heart Donor

Table 2 Acceptable Heart Donor Criteria

Characteristics	Description
Age	Less than 55 years
Echocardiogram	Ejection fraction 55%–65%; posterior left ventricular wall thickness <11 mm; septal wall thickness <11 mm; absence of any valvular disease, damage, and/or vegetations; no wall motion abnormalities
Normal left heart catheterization	For age 40 years or greater or other indication (i.e., cocaine use history)
Donor-recipient weight	This is used for size matching; 20% mismatch in weight is acceptable. Programs often select a range of acceptable size match for donor and recipient. Studies have shown that kg for kg body weight., a female heart has 10% less muscle mass than a male heart. Most programs would require a larger donor and preferably male donor for a redo sternotomy recipient, the presence of pulmonary hypertension or LVAD and/or TAH explant recipient.
Gender	Males tend to be larger. When considering accepting a female donor heart for a male recipient, female size should be 10% larger in height and weight.

Abbreviations: LVAD, left ventricular assist device; TAH, total artificial heart.

Donor Heart Management

Conventional Management

Obtain ECG, CXR, ABG, urgent sputum trap - Gram stain, AFB's, Fungi **

Adjust volume status: target CVP = 6-10 mmHg

Adjust Vasopressor to keep MAP > 60 mmHg (target Vasopressin dose < 2.4 Units/hr or Dopamine < 10 mcg/kg/min)

Protective ventilation (target tV 6-8 mls/kg, PEEP + 8-10 cm H₂O, peak airway pressure < 35 mmHg)

Correct acidosis target pH = 7.35-7.45, PaCO₂ 35-45 mmHg

Correct hypoxaemia: target PaO₂ 80-100 mmHg, SaO₂ > 95%

Methylprednisolone 15mg/kg IV bolus

Control hyperglycaemia: Titrate insulin to achieve BGL 4 -10 mmol/L

Donor Heart Management

Lines, Monitoring and Investigations: (maintain stability)

1. Arterial line and CV line
2. Continue physiological support; document observations Q1H
3. Review medications, cease unnecessary orders
4. Bloods (U&E's, LFT's, FBC, COAG, Blood Grp, ABGs)
5. CXR; ECG

Ventilation (paO2 80 – 100 mmHg, pH 7.35 – 45)

1. Review ventilation, ensure lung protective strategy
TV 6-8ml/kg ideal body weight, PEEP (8 -10cm H₂O), PIP < 35mmHg, avoid hyperoxemia
2. 30° head of bed elevation
3. Circuit humidification
4. Q3H chest physio: Lung recruitment procedures, bronchoscopy if required
5. Continue respiratory adjunct therapy :bronchodilators, antibiotics if indicated

Cardiovascular (MAP 60 – 80 mmHg)

1. Optimise intravascular fluid status
correct hypovolemia, avoid hypervolemia, Hb >7g/dl, CVP 6 -10
2. If vasogenic hypotension -> vasopressor infusion
start with **vasopressin (0.6 – 2.4 U/hr)**
3. If inotropes are needed: consider PA and cardiac output monitoring
add dopamine (4 -10 mcg/kg/min) or norepinephrine (up to 0.2 mcg/kg/min) as inotropes

Fluids and Metabolic Management

1. Review fluid administration. IV crystalloid maintenance fluid
2. Maintain urine output between 0.5-2.5 ml/kg/hr
If polyuria > 200mls/hr consider Diabetes Insipidus maintain normovolemia, Na<150mM/l with additional free water, treat DI with vasopressin, or DDAVP 1-4 mcg prn
3. Continue NG feeding or TPN
4. Insulin infusion to keep blood sugar at 4 – 10 mM/l
minimum 1 unit / hr and add a glucose containing fluid if required to maintain blood sugar

General Cares

1. Maintain normothermia with surface warming
2. Anti-embolic stockings, SCDs, low dose heparin or LMWH
3. Eye care, mouth cares, turns and pressure cares

Other Special Instructions

-
-
-
-

○ Communication

- The timing of the dissection and excision of organs
- Donor status
 - Stable – complete preliminary dissection
 - Unstable – should move expeditiously
- Anatomic boundaries between organs
- Disagreement
 - Where to divide the LA
 - Where to divide the MPA
 - Where and how to vent the heart
 - The level of IVC transection

Heart transplantation - donor

○ Timing

- A member of the procurement team should contact **the transplant center**
 - On **arrival** at the donor hospital.
 - When the **donor arrives** in the OR.
 - At the completion of the heart and/or lung **evaluation**
 - With an **estimated time** of donor heparin administration
 - Administration of heparin → Receive confirmation
 - The aortic cross-clamp → Receive confirmation
 - **On departure** from the donor hospital, with **an estimated time** of the organ arriving at the transplant center.
 - **Fifteen minutes before** the organ reaches the transplant center

Donor Heart Preservation

FIGURE 3 Advances in Donor Heart Preservation and Transportation

The traditional method for donor heart preservation is static cold storage on ice. Other emerging options include temperature-targeted transport and ex vivo perfusion.

Donor Heart Procurement

Heart Procurement Procedure (Heart donation only)

Siavosh Konsari, Cardiac surgery, Safeguard and pitfalls in operative Technique, 4th ed. 2008

Nicholas T. Kouchoukos, Kirklin/Barratt-Boyes Cardiac Surgery, 4th ed. 2012

Lawrence H.Cohn, Cardiac surgery in the Adult, 3rd ed. 2008

Donor Heart Procurement

Heart Procurement Procedure (Heart and Lung donation)

Heart transplantation - operation

- Heterotopic heart transplantation

Heart transplantation - operation

- Orthotopic heart transplantation

Biatrial technique

Bicaval technique

Left ventricular assist device

Heart transplantation and wait list

심장이식 및 이식 대기자 현황

LVAD - generation

A 1. Generation

Copyright 2008 Thoratec Corporation

Copyright 2008 Thoratec Corporation

B 2. Generation

Copyright 2013 Thoratec Corporation

Copyright 2007 Thoratec Corporation

C 3. Generation

LVAD clinical trials – LVAD vs medical therapy

LVAD clinical trials – HM XVE vs HM II

Figure 1. Pulsatile-Flow (Panel A) and Continuous-Flow (Panel B) Left Ventricular Assist Devices (LVADs).

	0	6	12	18	24
No. at Risk					
Continuous-flow LVAD	133	95	82	69	62
Pulsatile-flow LVAD	59	32	19	5	2

LVAD clinical trials – HM II vs Heartware

B

No. at Risk

Study group	296	213	161
Control group	149	109	88

LVAD clinical trials – HM II vs HM III

No. at Risk	0	1	2	3	4	5	6
Centrifugal-flow pump	152	146	138	135	130	128	127
Axial-flow pump	142	125	119	116	110	106	103

Heart failure treatment - Survival

LVAD clinical trials – Berlin Heart

Figure 1

A Freedom from Primary End Point, Cohort 1

B Freedom from Primary End Point, Cohort 2

LVAD – Indication and contraindication

Table 3: Indication and Contra-indication for Durable Mechanical Circulatory Support

Indications	Absolute Contraindications
Frequent hospitalisations for HF	Irreversible hepatic disease
Intolerance to neurohormonal antagonists	Irreversible renal disease
NYHA IIIb–IV functional limitations despite OMT	Irreversible neurological disease
End-organ dysfunction owing to low CO	Medical nonadherence
Increasing diuretic requirement	Severe psychosocial limitations
CRT nonresponder	
Inotrope dependence	
Low peak Vo_2 (<14mL/kg/min)	

HF = Heart failure; OMT = optimal medical therapy; NYHA = New York Heart Association; CO = cardiac output; CRT = cardiac resynchronisation therapy. Adapted from Peura et al.¹¹ and published with the permission of the American Heart Association.

LVAD – 심평원 승인 기준

1. 적응증

① 이식형 좌심실 보조장치 치료술

비가역적 말기심부전 환자로서 약물치료 베타차단제 등 또는 기계순환보조 등 치료에도 불구하고 심각한 증상이 지속되고 다음 중 하나 이상을 충족하는 경우

다음

- 1) LVEF <25% 이거나 이에 준하는 심실 기능부전의 증거가 있으면서, peak VO₂ < 12mL/kg/min (단, 베타차단제 불응성인 경우는 peak VO₂ < 14mL/kg/min) 혹은 동등한 운동능력 검사 결과가 있는 경우
- 2) 정맥 강심제에 의존적인 상태로 투여를 중단할 수 없는 경우
- 3) 점진적 신장 혹은 간장 부전이 있고 이의 원인이 심부전으로 증명된 경우 이상이면서 수축기혈압 90mmHg이하 혹은 Cardiac Index 가 2.0L/min/m² 이하)

LVAD – 심평원 승인 기준

1. 적응증

② 체외형 심실 보조장치 치료술

가. 재태연령 주 이상이고 체중 이상인 경우부터 세 미만의 심장 이식 대기자로 등록된 중증 심부전 환자로 다음 중 하나 이상을 충족하는 경우

- 1) 최대한의 심부전 치료에도 불구하고 수준의 심부전이 지속 IV 되고 강심제에 의존하며 전신 장기기능이 진행성으로 악화된 경우
- 2) 악성 심근염 등으로 보조순환기가 장착되어 중지가 어려운 경우
- 3) 치료 불가능한 치명적인 부정맥이 지속되는 경우

나. 18세 이상의 심장이식 대기자로 등록된 중증 심부전 환자로 이식형 좌심실 보조장치 치료술 급여기준에 부합하고 다음 중 하나 이상을 충족하는 경우

다 음

- 1) 해부학적으로 이식형 좌심실 보조장치 치료술이 불가능한 경우
- 2) 선천성 심장질환자로서 양심실부전으로 양심실 보조장치 치료술이 반드시 필요한 경우

LVAD – 심평원 승인 기준

2. 금기증

아래와 같은 경우 시술을 승인하지 않으며 대상자가 다음의 경우에 부합되는지 여부는 위원회의 결정에 따름

① 이식형 좌심실 보조장치 치료술

- 가. 지속적 혈액투석을 하는 말기신부전
- 나. 비가역적 장기부전(신장, 간, 폐 등)
- 다. 중증 뇌손상
- 라. 패혈증
- 마. 장기적 항응고 치료가 불가능한 경우
- 바. 말기 암 등으로 인해 장기적 생존이 제한적인 경우

② 체외형 심실 보조장치 치료술

- 가. 추후 심장 단독 혹은 심장 포함 다중 장기 이식이 불가능한 경우
- 나. 심실보조장치 삽입 후에도 회복을 기대하기 어려운 비가역적 장기부전 (신장, 간, 폐 등)
- 다. 중증 뇌손상
- 라. 조절되지 않는 패혈증
- 마. 장기적 항응고 치료가 불가능한 경우
- 바. 말기 암 등으로 인해 장기적 생존이 제한적인 경우

LVAD - Operation

LVAD - Operation

Berlin Heart - Operation

Thank You